

LYTTELTON REVIEW

May 2021 • Issue: 276

Purau • Diamond Harbour • Church Bay • Charteris Bay • Governors Bay • Rapaki • Cass Bay • Corsair Bay • Lyttelton



In This Edition: Te Ūaka Lyttelton Museum,
Listen to Nature, Lyttelton Harbour Timebank

Next Issue print date: Issue 276, 25th May 2021

Content Deadline: 5pm 21st May 2021.

Cover Pic: This weeks cover photo is kindly submitted by Jane Davies our Information Centre Manager.

The Review

Is a Lyttelton Harbour Information Centre initiative designed to keep our community informed with what is going on around the harbour. It's also an opportunity to showcase the people and places that other wise would go under the radar. Our community connections ensure we know what's going on in the wider community and can share the news with you all. A big thank you goes out to all the contributors and our funders Rata Foundation and Christchurch City Council Strengthening Communities who enable the hard copies to be printed each edition. Similarly to Wendy Everingham for writing and editing and Jenny-Lee Love for design and production. If you have any local events, news or stories you would like included we'd love to hear from you.

Wendy Everingham

Mobile: 021 047 6144

Email: review@lytteltoninfocentre.nz

Content Deadline: 5pm Friday

Similarly if you would like to join our directory or have any advertising questions please contact Lyttelton Information Centre Manager
Office: 328 9093
Email: office@lytteltoninfocentre.nz

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Lyttelton Healthcentre

Lyttelton Community House

Lyttelton Harbour Information Centre

Lyttelton Library,

Lyttelton Top Club.

Back copies are available on our website
www.lytteltoninfocentre.nz

New Speakers Series

Lyttelton Reserves Management Committee

Port Saddle Master Plan - Restoration, Recreation and Education

Join the Committee in a relaxed setting and get a greater understanding of the hills surrounding the township. There are so many interesting things to learn about nature on our doorstep. The idea of this series in 2021 is to give us all a greater understanding of our environment around us. The flora, fauna, geology, educational opportunities, restoration projects, pest control work, cultural considerations and recreational opportunities that are happening in the area plus connect with each other to gain a greater understanding of what we all do and explore how we can work together.

Kim Kelleher, the Head of Environment and Sustainability at Lyttelton Port and Kate Whyte from the Banks Peninsula Conservation Trust are our first speakers in this series. They will be telling their story about the Port Saddle Master Plan and what they have been working on for the last couple of years. They are specifically speaking about their restoration, recreation and educational work. Their project boards Uruman Reserve and the Committee thought it would be a good idea for greater knowledge on what's happening on their land, a chance for the wider community to learn about this project and to have an opportunity to ask questions about the project and other environmental issues that we share in common.

The Lyttelton Reserves Management Committee Speakers Series will be a regular event during the year. All talks will be held in the Lyttelton Community Boardroom 25 Canterbury Street Lyttelton 7-8pm. The Committee envision half an hour of story telling and then half an hour of questions. We look forward to your company.

Dates for your Diary

Monday May 24th Kim Kelleher and Kate Whyte Port Saddle Master Plan

Monday July 5th Dr Sam Hampton
The Volcanics of the Port Saddle and Surrounding Landscape.

Monday September 27th TBA

Monday November 8th TBA

Article Lyttelton Reserves Management Committee

Kate Whyte
BPCT



SPEAKERS SERIES

Port Saddle Master
Plan -Restoration,
Recreation and
Education



Kim Kelleher
Lyttelton Port Coy

Monday May 24th 7-8pm

Presented by

Lyttelton
Community
Boardroom

All Welcome.





Gearing Up Te Ūaka Lyttelton Museum

The Fundraising Campaign is starting to roll out and to support this effort Te Ūaka Lyttelton Museum have just appointed two locals to help the board to achieve its aims. Sarah Lamont and Malcom Riddoch will work together to support the efforts of Helen Cobb, Peter Rough and Gill Hay and the wider team of Board Members and helpers to achieve the museum's goal of raising 9.9 million to rebuild the museum.

Sarah has lived in Lyttelton for twenty-six years. "I am passionate about local history and the modern community and feel honoured to be a small part of the team that will bring the stories of Ohinehou/Lyttelton and Whakaraupō/the harbour to life", she said. Some of you may remember Sarah working with Heritage New Zealand at the Timeball site for six years prior to the earthquakes.

"Prior to that I worked for many years in tertiary administration at Christchurch Polytechnic and the University of Waikato, my work particularly focussed on supporting students from migrant and refugee backgrounds. I have a Bachelor

of Arts degree from The University of Waikato and a Post Graduate Diploma in English from Victoria University. My personal interests include a keen interest in the arts, "other" cultures, and the environment."

Malcolm has lived in Lyttelton on and off since 2013. Originally from Australia he also has a love of history. "My first degree was science based – I majored in Archaeology." Malcolm also has a Doctorate in Philosophy and spent twenty-five years working in creative industries, much of that time with online development. "I moved to Lyttelton soon after the earthquakes and spent those early years developing the Auricle Sonic Arts Gallery in New Regent Street as part of the inner-city Rebuild and Regeneration programme". This work was community based. He then had a stint in Sydney for a couple of years while his wife studied for her doctorate and now, they are both home in Lyttelton.

"My part time role with Te Ūaka Lyttelton Museum provides me with very interesting local community work that I enjoy, and which



With Sarah and Malcolm employed as the admin support team the fundraising projects are beginning. The first event is a Quiz Night to be held at the Lyttelton Arts Factory on Saturday May 22nd. Teams of 4-6 are invited to register at \$100 table. All the proceeds will go to supporting Te Ūaka The Lyttelton Museum Rebuild. The Quiz night also marks the launch of The Lyttelton Museum's Community Korowai – Cloak of Tiles Rebuild Campaign! 1000 tiles, representing the outside feature tiles of the new building will be on offer to the community for \$1500 each. In appreciation for donations the museum will have a dedication for all the funders in the new museum. "As a community organization this local campaign is really important for the museum rebuild. Community support now will in turn attract private and public institutional investment as we go forward over the next 2-3 years. The tile campaign itself will pay for the foundations of the new building", said Malcolm.

also enables me to continue my philosophical writing." In 2019 he published "Imagining the Sounds Themselves" in The Oxford Handbook of Sound and Imagination, Volume 1.

Sarah and Malcolm are both looking forward to their new roles, connecting with and serving the Lyttelton community. To find out what is happening at the museum they can be contacted at info@teuaka.org.nz or you can pop in four mornings a week, at the Cabin on the Museum site next to the Library.

Article Lyttelton Review

To book for the quiz night visit:

https://nz.patronbase.com/_LytteltonArtsFactory/Productions/2105/Performances

QUIZ NIGHT

7.30pm | Saturday 22 May 2021

LAF
LYTTELTON ARTS FACTORY

Listen to Nature –a drama for many voices.

SUN I am the sun, a fiery ball of burning hydrogen. My rays of light take 8 minutes to reach the Earth, they strike all the surfaces and wonderful colours are reflected. The light energy once absorbed becomes heat warming up the land and sea and atmosphere. I am the source of all the Earth's energy, without me there would be no life. Plants use my light to makes food for all the animals on Earth. The Earth rotates on its axis, my light fades, the sky grows dark, and the moths, bats and ruru fly while most creature's sleep. But as the Earth slowly revolves the day returns and the birds and insects, skinks and geckos are busy. When the Earth tilts away from me the days are shorter, and the winds blow cold but as the year progresses the Earth tilts towards me and the creatures enjoy long summer days. I am the sun.

Water: I am water, and I am a shape shifter. Rain, snow, vapour. clouds, ice, rivers, lakes and oceans. I fall from the clouds sometimes gently, sometimes in torrents causing great floods. I erode the mountains breaking off the rocks, tossing them down the rivers and grinding them down into fine, mineral rich sediment which settles on the flood plains. I penetrate the soil and the thirsty plants take me up through their roots and into their cells, I form up to 70% of living cells. I course through the veins of animals. I dissolve nutrients and form rivers and lakes, flowing to the oceans, covering 71% of the Earth and providing homes for fish and octopus, whales and dolphins. The very first forms of life evolved in the sea. The sun shines and my tiny molecules drift up into the atmosphere and form clouds the cycle is complete.

Soil: I am soil, sometimes dark and rich sometimes sandy and dry. I am full of minerals and teeming with lifeforms, sometimes too small to be seen. I am alive with the bacteria and fungi feeding on the rotting vegetation, earthworms are nourished as they slide through the damp mixture of my being, beetles run over my surface. I keep the seeds safe and warm during the cold winter months and support their shoots as they push up in the spring. I hold water for the new roots, and store carbon in the ancient pastures.

Mountain: I am mountain, hundreds of millions of years old, pushed up by large movements of the Earth's tectonic plates. I am topped with snow and ice. I pierce the clouds



and they cover me with snow. Rain descends in a deluge, washing away the rocks and stones into the rivers, taking my minerals down to the lower slopes where the mountain beech and manuka grow. Mount Cook buttercups nestle between my rocks as great winds buffet them and other alpine plants form great grey green clumps. Flocks of Kea fly from peak to peak calling their names. Tussock tosses in the wind and Takahe with their large red beaks browse on the narrow leaves.

Coral Reef: I am coral reef, a colony of hundreds of thousands of tiny tentacled tubes enclosed in a calcareous skeleton stretching hundreds of kilometres beneath the shallow ocean. I am a small mountain range and hundreds of fish, octopus, molluscs, crustacea, sponges and a myriad of marine forms swim and hide within my nooks and crevices. My tentacles feed on the plankton, the eggs and larvae of all these creatures and the algae that begin the ocean food chain.

Amazon Forest: I am the Amazon forest; I cover millions of square kilometres in South America. A mighty river, 6,000km long, a network of waterways, flows through my rain forest, and is home to thousands of fish. My ecosystem has the richest biodiversity of any in the world. Two and a half million species of insects, thousands of species of birds, mammals, frogs, and snakes, find their home among the thousands of different trees, and other plants. Millions of tons of fine sand, blow from the Sahara each year and fertilises my soil. In some parts of the forest the trees form such a dense canopy the sun's rays cannot penetrate to the soil and it takes 7 minutes for the rain to permeate the canopy and reach the ground. Many nations of humans have been part of my ecosystem for perhaps 10,000 years and we continue to live in harmony. I play a major role in the Earth's climate. I circulate one fifth of the Earth's fresh water I absorb half a billion tonnes of CO₂ each year, one fifth of the world's carbon.

Kotukutuku: I am Kotukutuku, called by Pakeha Fuschia. My trunk has soft papery bark. When the Spring rain falls and the sun shines, I make sugars in my leaves. I store some to grow new shoots and branches and some goes to make nectar and berries. My beautiful hanging flowers change from blue to red when visited by the native bees for my sweet nectar. The bees also take my pollen to other Kotukutuku's flowers when looking for nectar. My small dark purple berries are sweet and juicy and loved by Kereru and even by big weta who disperse my seeds.

Bee: I am Ngāro huruhuru, the native bee. I am smaller than the honeybee and I have no sting. I visit the flowering trees of the forest for nectar and pollen. I use the nectar to make honey for my brood in a nest in holes in the ground which I make. I collect pollen for food but also carry it on my furry body. This helps to pollinate flowers and so form the trees' seeds which fall to the ground. Lots of birds eat the seeds but there are always enough to germinate into seedling trees.

Huhu: I am Huhu a very big beetle. I fly at night and provide a meal for Ruru. I lay my eggs in the fallen Totara and my grubs live for 2 or 3 years on the rotting wood returning the nutrients to the soil. Bacteria and fungi are my co-workers.

Mycorhiza: I am Mycorhiza. I am a community of fungi that lives in the forest soil around the roots of trees. I help the trees to absorb nutrients from the soil and also form a web which connects trees and allows them to share information and food. I absorb a little of the trees nutrients from inside the roots so we live together in mutuality.

Fire: I am fire. On hot summer days when the sun dries the soil and withers the grass and trees then the lightning strikes and I, fire, consume and blacken everything around.

Manuka: I am Manuka, when fire burns my trees and bushes my seed capsules split open and the seeds scatter. I am one of the first trees to grow and regenerate the bush.

Humans: We are humans and we are part of Nature too, we are one species, you are many. We have multiplied and covered the Earth from the snows of Greenland to Tierra del Fuego, from deepest Africa to the Pacific Islands. We have become a plague, destroying the forest, plundering the seas, poisoning the rivers and driving species to extinction. But we also love Nature, we are filled with awe and wonder at the grandeur of the mountains and the delicate beauty of a tiny flower. Nature you care for us, give us food to eat and fibre for our

clothes, timber for our houses and minerals for our cars. We have not always understood the devastation we have caused. Show us your ways, teach us your patterns of living so that we may learn the values that restore our wellbeing.

Nature: We are Nature, we are abundant life. We set the planetary boundaries beyond which you cannot pass. We are many, we are one. You are our sons and daughters, kin of our kin. We have enough for your need but not for your greed. We can teach you to live in harmony with us, our water courses through your veins. But how will you learn?

Is there a seat for us at the United Nations? Is there a seat for us at the House of Representatives? Is there a seat for us at the City Council table, at the Board room, at the law courts and universities? Bolivia has recognised our self-determination, giving Nature equal rights to humans, New Zealand has given equal rights to the Whanganui river and Te Urewera. Will you give legal status to Papatuanuku? Will you trust in our systems, respect our mana, honour our mauri, live by our values and hear our voice?

Pat Scott



Editor Welcome to Pat Scott our newest writer at The Review. A former science teacher Pat is going to write various pieces explaining some scientific concepts. Listen to Nature is a piece she wrote for her presentation at the Timebank Learning Exchange "Living on a Carbon Neutral Planet & How to Get There".



LEARNING EXCHANGE

COMMUNITY WORKSHOPS, SHORT COURSES, FIELD TRIPS, SEMINARS, SPEAKERS & FUN EVENTS

facebook.com/lyttelton time bank insta #_timebank email: timebankaotearoa@gmail.com

Lyttelton Harbour Timebank Learning Exchange Up and Running

"This year at the Lyttelton Timebank we are going back to basics and focusing on sharing our skills via a Learning Exchange," said Jill Larking the Timebank coordinator. A Learning Exchange is a community-led form of education and skills swapping. It allows people with skills or knowledge of a topic to teach their skills to other people. It uses the key timebanking principle of reciprocity, the belief that everyone has a skill worth sharing, and every skill has value.

"The series got off to a great start in April with Pat Scott giving a talk on "Living on a Carbon Neutral Planet and How to get There", said Jill. Since Pat's talk other Timebankers have also offered to host events. Here are some of the upcoming events:

Clothing Tips & Inspiration with Marcia Bryant
SATURDAY, 29 MAY, 2021 AT 2.30PM
Pay with 2 Time Bank Credits or koha.

Marcia is a whizz with all things clothing, from shoes to jackets, jewellery etc. and colours and shapes to suit all of us! She will inspire you to spice things up a bit and remind you of a few 'rules' to apply when choosing that next Garage Sale find.

Fabulous Fungi with Lesley Towart
Tuesday, June 1, 2021 AT 10.00AM
The Lyttelton Library
Pay with 2 Time Bank Credits or koha.

Lesley is a ceramic artist and graphic designer, as well as a keen photographer with a particular passion for macro fungi photography. Lesley will share images she has captured detailing the diversity and vibrancy of the fascinating world of fungi.

"On a larger scale one of the most exciting things we have been able to create with the Learning Exchange is a new partnership with the WEA", said Jill. With the goal of supporting community education in Lyttelton the WEA have agreed to offer 2 places to Timebankers for each course they are running in Lyttelton.

This has seen Timebankers attending Geraldine Parkes Tai Chi, Qiqong and Hara Body Alignment classes and the Crafternoons. For more information about these Lyttelton courses pick up a programme or go on their website. If you would like to go into the draw for a timebank place please email timebankaotearoa@gmail.com or go to <http://www.cwea.org.nz/> to book in the usual manner.

"Having these educational opportunities is giving Timebankers something to spend their time credits on and more members are engaging. It's great to see trading come to life more".

If the Learning Exchange is something that interests you, do you have a skill that you would like to share with the community? Are you a Timebank member? Would you like to sign up? It is not a prerequisite to participation to be a Timebank member. You can come along and generally payment will be by koha. For more information contact the Timebank Coordinator Jill Larking. Follow Lyttelton Time Bank on facebook also for event postings.

Jill does a weekly drop in at the Lyttelton Library, all other times are up at The Portal above the Garage Sale. Her hours are:
Tues 10am-12pm (Library Drop Ins @ Lyttelton Library) Tues 12.30-3pm Thurs 10am-1pm

Ph | 03 328 9243 or Jill 027 237 4960 E | timebankaotearoa@gmail.com

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LEARNING EXCHANGE EVENT



FABULOUS FUNGI

Autumn is the time of year when the West Coast rain and humidity makes a stroll through the bush one of appreciation for the miraculous beauty of nature, specifically fungi.

Photographer Lesley Towart has captured images detailing the diversity and vibrancy of this fascinating world. You'll see colourful jellies that would look great on a cake, corals that could live in the ocean, as well as a bizarre shaped stinkhorn with the stench of rotting flesh.

Share her appreciation and passion for this sometimes weird, often muddy and always fabulous, world of fungi.



**Thursday May 27th at 10am
Lyttelton Library**

FACEBOOK.COM/LYTTTELTON TIME BANK

INSTA#PROJECT_LYTTTELTON

EMAIL: TIMEBANKAOTEAROA@GMAIL.COM

PROJECT LYTTTELTON



PROJECT LYTTTELTON
the soul of a sustainable community

Recycle here:

- ✓ Bread Bags
- ✓ Produce & Frozen Food Bags
- ✓ Courier Packs & Bubble Wrap
- ✓ Soft Plastic Packaging e.g. for toilet paper, breakfast cereals and snack foods

Soft Plastic Recycling

Do you know you can recycle soft plastics again?

Soft plastic refers to grocery bags, bread bags, bubble wrap, plastic wrappers of products such as biscuits, chips, anything you buy that has a soft plastic sheath.

Soft plastic CAN be recycled. Clean and gather your bags and wrappers and take them to your nearest participating store.

The closest stores to Lyttelton are:

The Warehouse Eastgate

New World Ferrymead

New World St Martins

The Warehouse South City

Little Ships Club News

Join the Club! The best fun you'll have for \$20!! It's time to pay \$20 again! Our membership year runs from 1 October - 30 September. We don't send subs invoices out, so if you'd like to renew for the upcoming year please send your \$20 through now.

This small financial contribution supports buying small gifts for our guest speakers and assist with the running of other events. We also sometimes get invited to special events

with limited numbers and these are available to current members only. Other benefits of membership can be found on our website

If you are not sure if you have paid then drop me an email and I can let you know.

Your \$20.00 payment can be made into our bank account number 03 0802 0094950 00. Or in cash directly at our next meeting.

Please also drop us an email to let us know your details. <https://littleshipclubcanterbury.wordpress.com/contact-us/>

Wild Seas To Greenland

Little Ship Club @Naval Point

Thursday 20 May 7.30pm

Frostbite on the lungs, sinking by iceberg and the possibility of being lunch for a polar bear's picnic – just a few reasons why New Zealand yachting journalist Rebecca Hayter hesitated to join former Whitbread Race winner Ross Field to sail the North West Passage.

But eventually she said yes.

Wild Seas to Greenland is her book of her voyage with Ross Field: a rare combination which captures the character of one of New Zealand's best known ocean racers – a strong-willed skipper with a trove of war stories who retired from ocean racing and spent his pension on a pair of sea boots instead of slippers.

As former editor of Boating New Zealand, independent journalist and North & South columnist (High Heels and Gumboots), Rebecca Hayter takes her reader along for the ride, through his thorough preparation of a 20-year-old yacht he had found neglected on a boatyard in France, his handling of the boat through North Atlantic storms and his use of latest technology which he describes as the greatest advance in safety at sea.

Join us to hear from Rebecca & buy a copy of her new book! Bar will be open from 7pm, talk starts at 7.30pm. All welcome, bring your friends and \$39.95 cash if you'd like to purchase a book.

Lyttelton Harbour Network Meetings

All are welcome to come along where you can network with others working and living in the area and hear about new projects and events.

Meetings for the year 2021 will be held on the following Thursdays at 12pm at the Lyttelton Community Boardroom, 25 Canterbury Street:

17 June

19 August

21 October

9 December

Small Sports Events Fund 2021

The Small Sports Event Fund will be open for applications from 3rd to 30th May 2021 for events planned to be held from 1 July 2021 to 20 May 2022. The Small Sports Events Fund is open to sports associations, clubs, or event managers. You may make more than one application per funding round, as long as each application is for a separate event. The event must be a Trans-Tasman, National, or South Island event. If you are a new applicant or are seeking funding for a new event, please contact Lydia Kennedy lydia.kennedy@ccc.govt.nz or call 941 8999 and ask to talk to member of the Events Partnership and Development Team before you submit an application to ensure that you are applying to the correct fund.

FluTracking



Have you heard about FluTracking? It's a computer-based surveillance system that harnesses the power of the internet and community spirit for monitoring influenza. The benefits of signing up include helping with scientific research, tracking influenza and possibly Covid 19 in your local community and nationwide. The survey began in Australia 14 years ago and a few years ago New Zealand joined in as well. New Zealand is looking for more participants this year. A simple online survey is all that is required, and this takes about 15 seconds each week to fill in. If you sign up, you get a weekly report and a map of influenza-like illnesses to keep track of where the flu is. To sign up visit <https://www.flutracking.net/join/NZ/inv65>

Webinar: Building community through kai sustainability

Wednesday 12 May 2021, 10am-11am.

Using practical examples and real-life stories, our next webinar will explore the notion of: feed each other – grow our community.

From community gardens to urban farming, developing system-wide approaches is now a mainstream conversation!

Join our panel of speakers (announced soon) as they share and explore their lived experiences and approaches in developing and enabling

locally-led kai security - and how it enriches the wellbeing of their place. Visit <https://inspiringcommunities2021.typeform.com/to/DjaEGnMj> to register.

Have Your Say – Are you Happy with Banks Peninsula as a Separate Ward?

Give your feedback on how many elected members there should be, and whether Banks Peninsula will stay as a separate ward. The results of this consultation will go to the Local Government Commission for a final decision. Visit <https://ccc.govt.nz/the-council/consultations-and-submissions/haveyoursay/show/396>

Social Work News from Lyttelton Health Centre

Thanks to those who attended the "Breathing Workshop", technique for anxiety, stress, overwhelm. We had a great turn out and lots of questions at the end. If you are still interested in this information, please contact me.

Another great website has been launched, to help with mental wellbeing called "Small Steps" www.smallsteps.org.nz. Lots of tips to help manage stress, calm your mind, lift your mood.

Sport Canterbury have also launched a new sport and activity directory. This directory helps connect people with local sports, exercise classes, and groups. If you run an activity and interested in it being listed on their directory, please contact them.

Green Prescription (Sport Canterbury) in partnership with Adventure Specialties are doing a series of free guided walks in some really interested locations (such as Port Hills, Coastal Walk, Travis Wetland, Valley Track) over four weeks on a Thursday. Check out their website www.sportcanterbury.org.nz.

There are huge physical and mental health benefits of exercise & participating/connecting

into our communities. If you feel you need more help with this, see your GP/nurse.

Regards

Jo Stewart

Registered Social Worker at Lyttelton Health Centre

Ph 328 7309

Everyday Te Reo Workshop

This introductory workshop will help you get your tongue around Māori names, phrases and vocabulary. Pronunciation, greetings and farewells will be covered for a fee of \$200 per person. For more information, including how to register, visit <https://www.ara.ac.nz/products/diversified-income/maor092-everyday-te-reo-workshop/>

Ara's Christchurch City Campus, Monday 17 May, 9am to Noon

The next Banks Peninsula Community Board meetings are:

Monday 17 May Lyttelton	10.00am
Monday 14 June Akaroa	10.00am

All members of the public welcome.

News from Lyttelton Community House.

Kiln dried kindling and pinecones from Woody at \$5 a bag are still available. Free delivery. Ph 7411427. Claire or Chris.

Community Lunches 12 noon every Tuesday.

Thanks for contributions to FOODBANK made by Lyttelton Community at local Supermarket.

Foodbank is available for those undergoing hardship and living in the region around Te Whakaraupo/Lyttelton harbour.

Cressy Trust continues to offer financial grants up to \$2000 to older people in need of assistance to pay for healthcare, house maintenance or essential items. To find out more contact Lyttelton Community House on 7411 427

Van outings continue on Thursdays. A chance to get to meet others and go somewhere interesting and beautiful, have morning tea out that is not accessible easily by bus. Especially if you no longer drive. Contact Claire or Chris on 7411427 to find out more.

Many thanks

Nga mihi

Claire

Naval Point Club

The Annual General Meeting of The Naval Point Club Lyttelton Incorporated will be held on Sunday 18 July 2021

Automated External Defibrillators

Gareth Jenkin started AED Locations after teaching thousands of people how to use CPR (Cardiopulmonary Resuscitation) and AEDs (Automated External Defibrillators). During training sessions, he was often asked about AED locations. He knew that there were a lot of publicly available AEDs but realised that they were worthless if people didn't know where they were.



An AED can increase someone's chance of survival by up to 80% if applied immediately.

Over 12,000 locations are now mapped on this website <https://aedlocations.co.nz> and the Android and iPhone apps.

In Lyttelton AED's are at the following locations: Lyttelton Top Club, Lyttelton Recreation Centre, Lyttelton Medical Centre, St John's, Diamond Harbour Ferry, various locations at the port, Harbour Master Office.

Latest Dyers Pass Road Updates

Visit our project web page <https://ccc.govt.nz/transport/transport-projects/dyers-pass-road-safety-improvements/> for the latest information about the safety improvements on Dyers Pass Road. We'll send out regular newsletters as the project progresses. If you know anyone who would like to receive these newsletters, please ask them to sign up at <https://confirmsubscription.com/h/r/53E9EA7834E916E12540EF23F30FEDED>.

Please get in touch with Higgins Construction on 027 249 7775 if you have any immediate issues with the work site.

New Board member(s) needed at Literacy Christchurch

Can you read this?

Sadly, not everybody can. Literacy Christchurch is a local independent organisation that has been providing literacy, numeracy, and other essential learning to adults since 1977. The organisation is overseen by a governance board. We are proud of our achievements and are planning for the future. We need new board

member(s) to fill a vacancy and to diversify our skill base.

If you believe in education, helping others, investing in people, then consider being part of the Literacy Christchurch team.

More information, such as a job description and estimated time commitment, will be provided on request. Contact: manager@literacychristchurch.org.nz or 027 208 7115

Help to Bin Good!

93% of our recycling is now being processed, but we're aiming for 100%, and it's up to you to help us get there! In order for us to recycle, the right stuff needs to go into the right bins. Download our bin app for more information about our red, yellow and green bins for free from the Apple Store and Google Play. More information is available <https://vimeo.com/457969288/52688660dc>

Lyttelton Recreation Centre Circuit Training

"Wan has been an amazing tutor with her fitness classes currently on offer at the Lyttelton Rec Centre.

She is the ideal person that pushes you to your full strength and technique potential. You couldn't ask for a better tutor".

Teina Pitts (local resident).

Lyttelton
Community
House Trust



Expressions of interest are open for a pilot project for older people in the area of lyttelton Harbour/te Whakaraupo.

This project will start off as a monthly half day club

A lunch and a variety of activities will be offered.

Transport to and from the venue will be offered. (Limited to Lyttelton)

Referrals are open now.

Enquires and referrals to Claire, Social Worker at Lyttelton Community House ph 7411427 or email facilitator@lytteltoncommunityhouse.org.nz



Exhibit At Stoddart Cottage

With its monthly programme of exhibitions, Stoddart Cottage Gallery in Diamond Harbour seeks to propagate the creative tradition of the building's previous inhabitants, which include the respected painter, Margaret Stoddart. Stoddart was one of only a few New Zealand women artists of her era that travelled to study and exhibit in Europe. Pursuing a career that initially focused on botanical paintings of local plants, she later branched out into Impressionism at a time when it was considered a radical style in her home country.

In 2022, the gallery moves to a curated programme of exhibitions with a twice-yearly call out. As a community gallery, it is particularly interested in supporting the work of local artists and artisans working in the Harbour Basin. It also encourages submissions of high-quality work across all mediums from emerging and established practitioners from further afield, especially art that actively engages in an original way with themes that resonate with the building's heritage. These include contemporary engagements with nature, ecology, and the local environment; female arts practice; progressive art; and the creative cultures of Whakaraupō.

Further details and how to submit an application can be found at <https://www.stoddartcottage.nz/exhibit-here>



Damiet Loor



The Journey Within

7 – 30 May 2021

Stoddart Cottage Gallery
Diamond Harbour

Opening Event 6 - 8pm on Friday 7 May. All welcome.

Weekly Events

Eruption Brewing

Sunday Session 3-6pm

Lyttelton Arms Happy Hour

Every day 5-7pm

Lyttelton Top Club

Wednesday Housie 7pm

Thursday 5-6 pm 7-8pm

Friday Happy Hour 4-6pm

Saturday Happy Hour 6-7pm

Markets every Saturday - Rain or Shine

Lyttelton Craft and Treasure Market

Collets Corner 9-1pm

Lyttelton Farmers Market 10-1pm

Lyttelton Farmers Market

10-1pm. Every Saturday rain or shine.

farmersmarket@lyttelton.net.nz

Lyttelton's Retro Art and Craft Bazaar 9-1pm

The Loons

Wednesday Al Park and Friends 8pm

Wunderbar

Tuesday Open Mic Showcase Night 7pm

Wednesday Jam Night 8pm

Single Events

Friday May 14th

Wunderbar Cold Shower

Saturday May 15th

Wunderbar Mini Simmons Push and Pull Single

Release Tour 8.30pm

Sunday May 16th

Stoddart Cottage The Art of the Allowing

Workshop 9.30-1pm

Thursday May 20th

Little Ships Club @Naval Point Wild Seas To

Greenland 7.30pm

Saturday May 22nd

The Loons Merk

Lyttelton Arts Factory Te Uaka

Lyttelton Museum Quiz 7.30pm

Sunday May 23rd

St Joseph's The Worker Parish Final

Mass 3.30pm

Monday May 24th

Speakers Series Lyttelton Reserves

Management Committee Lyttelton

Community Boardroom 7-8pm Port

Saddle – Restoration, Recreation and

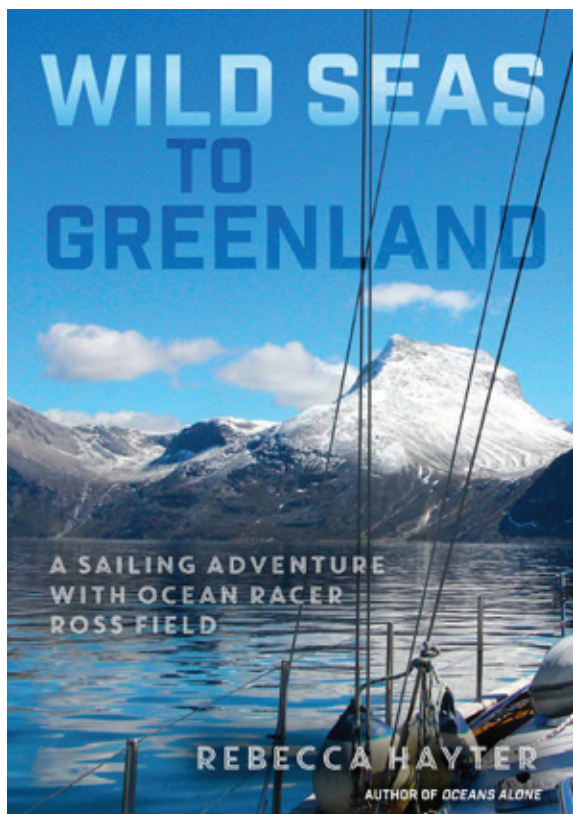
Education

Galleries

Stoddart Cottage Gallery is located at historic Stoddart Cottage, Diamond Harbour, birthplace of well-known Canterbury impressionist painter Margaret Stoddart (1865 -1934). It is just a short walk up from the Diamond Harbour ferry.

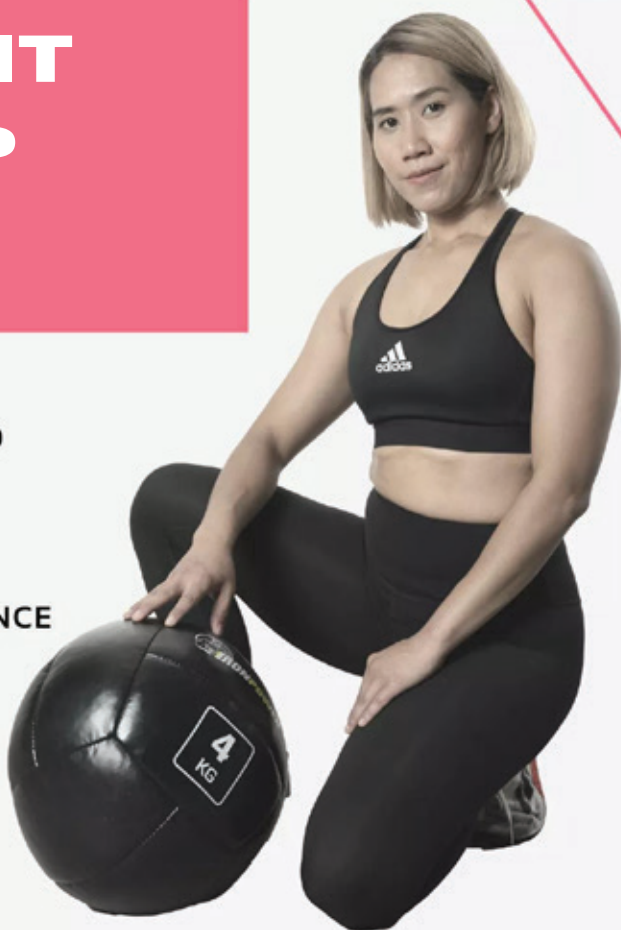
May Exhibition: The Journey Inwards
Damiet Loor 7-30 May 2021

Open 10-4pm Friday, Saturday Sunday and public holidays.



CIRCUIT GROUP CLASS

- CYCLE THROUGH 10 EXERCISES
- COMBINING BODY WEIGHT & RESISTANCE TRAINING
- INCREASE YOUR STRENGTH & ENDURANCE



THURSDAY

6PM - 7PM

SPORT HALL AT LRC (LYTTELTON REC. CENTRE)



LIMITED TO 10 SPACES

REGISTER WITH YOUR NAME & CONTACT DETAILS TO:

WAN ON 021-2695451 OR WANNATTAPORN.P@GMAIL.COM

COVID-19 vaccine: Your questions answered

When can I get a vaccine?

There will be enough vaccines for everyone in Aotearoa aged 16 years and over to be vaccinated by the end of 2021.

We're offering vaccines first to people who are most at risk of getting and spreading COVID-19, and those most at risk of getting very sick from the virus. The groups are:

Group 1: Border and MIQ workers and the people they live with.

Group 2: High-risk frontline healthcare workers and people living in high-risk places.

Group 3: People at risk of getting very sick from COVID-19, as defined at: health.govt.nz/covid-vaccine-rollout

Group 4: General population aged 16 and over.

Use this tool to find out which group you fall into, and when you can get a vaccine at: covid19.govt.nz/myvaccine

Find out more about how we're rolling out the vaccine: health.govt.nz/covid-vaccine-rollout

Can I get the vaccine if I have underlying health conditions?

At this stage, people with some underlying health conditions will be offered the vaccine as part of Group 3 (starting May 2021).

People with underlying health conditions who live in the Counties Manukau DHB area can be vaccinated as part of Group 2.

Find the full list of health conditions at: health.govt.nz/covid-vaccine-rollout

How do I apply for an early vaccine on compassionate grounds?

You can apply for early access to the vaccine at: health.govt.nz/covid-vaccine-early-access

Can I get a vaccine if I'm pregnant?

You should discuss your individual situation (particularly if you have other medical conditions) and the benefits and risks of receiving the COVID-19 vaccine while pregnant with your midwife or doctor.

If you are pregnant and choose to have the vaccine, you can get early access. This is because people who are pregnant can become very sick if they get COVID-19.

Can I get a vaccine if I'm breastfeeding?

As with all vaccines on the New Zealand Immunisation Schedule, there are no safety concerns about giving the Pfizer COVID-19 vaccine to women who are breastfeeding. By being vaccinated, mothers can also provide some protection against COVID-19 for their babies via their breastmilk.

Can I get a vaccine if I'm trying for a baby?

There is no biologically plausible reason why this vaccine could have any effect on our genes or fertility. The mRNA from the vaccine does not enter the nucleus of any cells, which is where DNA is situated. In addition, no components of the vaccine or the spike protein produced reach the ovaries or the testes.

Find out more at: covid.immune.org.nz

How long do I need to wait between my different vaccinations? Eg. Flu and MMR?

You'll need to wait at least 2 weeks between the COVID-19 vaccine and influenza (flu) vaccine, and 4 weeks between the COVID-19 vaccine and the Measles Mumps Rubella (MMR) vaccine.

Which vaccine can I get in NZ?

In New Zealand, we're using the Pfizer vaccine as it's the only one to receive Medsafe approval to date.

We have secured enough for 5 million doses to cover everyone aged 16 and over who wants to get vaccinated against COVID-19.

We also have Advance Purchase Agreements with four other suppliers. If they get approved by Medsafe, we may have these as other vaccine options in the future.

Where do I go to get a vaccine?

Each district health board (DHB) around New Zealand is rolling out the vaccine for their region. The vaccine will be offered at different locations including: health centres, workplaces, Māori health providers and more. At this stage, New Zealand is vaccinating people in Group 2.

For Group 2, we are now vaccinating frontline health workers and people living or working in high-risk places e.g. residential care settings, older Māori and Pasifika, and certain people living in Counties Manukau DHB region who are over 65.

There's nothing you need to do now.

If you have any concerns or feel you may have been missed, please have a conversation with your employer or health centre and ensure they know you are happy for them to share your details with the vaccination teams.

How will I be contacted to get a vaccine? Who will contact me?

For Group 1: When a border or MIQ worker receives their appointment, they'll be sent a link to an online form. They can use this to enter the details of the people they live with. These people will be contacted about getting vaccinated.

If this doesn't happen within 1 week, phone Healthline on 0800 28 29 26 to confirm if their details are in the system.

For Group 2: Our vaccinator teams are working with providers, employers and relevant organisations to confirm contact details of those who should be offered the vaccine. Once those details are in the system, you will receive communication on how to schedule an appointment.

For Groups 3 and 4: We will provide more information in the coming weeks about how vaccines will work for you. We understand it's frustrating to wait, but you will receive communication in due course.

Full details here: health.govt.nz/covid-vaccine-rollout

When can children under 16 be vaccinated?

Not at this stage.

The need for a vaccine was highest among people who are at risk of getting very sick from COVID-19. The first trial focused on those groups rather than younger people.

There is a trial that has just been completed for children aged 12-15 and a further trial is underway for children aged 6 months to 11 years.

We will receive the data from these in due course and update the public if any of the recommendations change for children.



Getting the right information matters.

Be aware of incorrect information on social media and other places.

You can get accurate and trusted information at:

covid19.govt.nz/vaccine
health.govt.nz/covid-vaccine

or call Healthline on **0800 358 5453**.

COMMUNITY ACTIVITIES IN AND AROUND THE HARBOUR

MONDAY

Community Choir

7.30pm Winchester St Lyttelton.
All welcome. Jillie 021 152 8068

Lyttelton Reserves Management Committee

Next Meeting Monday June 14th 7-9pm Lyttelton
Community Boardroom 25 Canterbury St.
All welcome

Lyttelton Rotary Club

7pm on the 2nd and 4th Monday of each month
Lyttelton St John's station London St. New
members welcome. Contact Neil Struthers Ph.
0274336872 for details.

Lyttelton mother4mother

Breastfeeding support group.
10-12pm For more information contact Andrea
Solzer andrea.solzer@web.de

Lyttelton Scouts

6.00 - 7.30pm
Contact Ruth Targus 021 259 3086

Open Adult Ballet

11:00am to 12:00pm. Lyttelton Rec Centre

TUESDAY

Community House

Shared Lunch 12.00pm 7 Dublin Street.
Make new friends

Harbouryoga

6pm 105 Bridle Path Road

LIFT Library

10.00-1pm Foyer Rec Centre 25 Winchester St

Lyttelton Library Story Times

11.00-11.30am

Diamond Harbour Bridge Club

Social Play restarting for 2021 from 19th January
on Tuesdays at 1.30pm in the Committee Room,
Diamond Harbour Community Centre, Waipapa
Ave, Diamond Harbour. No partner required, table
money \$4.00 includes afternoon tea. Visitors very
welcome. Contact Pauline Croft. Ph 329 4414 or
027 363 6302.

Lyttelton St John Youth Division

youth@stjohn.org.nz. St John Ambulance Station
52 London St, Lyttelton

St Joseph the Worker R.C.Church

9am Mass 21 Exeter Street, Lyttelton
All Welcome More information call 384 1600

WEDNESDAY

Diamond Harbour Bridge Club

Restarting for 2021 from 13th January on
Wednesdays from 6.40pm – 10pm at the Diamond
Harbour Bowling Club, off Purau Ave, Diamond

Harbour. Table money \$5.00 includes supper.
Visitors very welcome. Enquiries or to find a
partner contact Pauline Croft
Ph 329 4414 or 027 363 6302.ww

Diamond Harbour Singers

7.30 - 9.00pm. Every Wednesday in Stage Room of
Community Hall. All welcome. Margie 329 3331

Lyttelton Community Garden

10am Every Wednesday. Meet at the garden
behind the Lyttelton Pool in Oxford Street.
For more information 328 9243

Lyttelton Cubs

6.00 - 7.30pm Contact Ruth Targus 021 259 3086

Lyttelton Garage Sale

10-4pm 54a Oxford Street, Lyttelton
Second Hand Bargains and more.

Lyttelton Harbour Fruit and Vegetable Collective

Trading between 12.30 to 4pm.
Add \$7.50 and @\$15 bags of vegies.
Pay online a week in advance
The Lyttelton Recreation Centre, 25 Winchester, St
Lyttelton. Contact Wendy Everingham 0210476144

Lyttelton Library Wednesdays Knit and Yarn

10.00-12.00pm

Lyttelton Playgroup

At Kidsfirst Lyttelton
12.30pm- 2.30pm 33 Winchester St Lyttelton
Call 03 328 8689 for more information

Library of Tools and Things

5-7pm 25 Canterbury St (in garage)
Contact LytteltonLoTTs@gmail.com

Stoddart Cottage Artisans group

Meets monthly on the third Wednesday 4pm at
Stoddart Cottage. For more information contact
secretary Christine Davey kcjoynt@xtra.co.nz. See
also our Facebook page.

Tai Chi

1.30 2.30 Lyttelton Recreation Centre
Bookings via WEA

THURSDAY

Diamond Harbour Tai Chi Group

11am start Diamond Harbour Community Hall.
For more details, please email to 88daruma@gmail.
com and we will send you our information letter.

Governors Bay Volunteer Fire Brigade

7.00pm Governors Bay Fire Station
Weekly Training, New Members Welcome

Harbouryoga

6pm 105 Bridle Path Road

LIFT Library

10.00-1pm Foyer Rec Centre 25 Winchester St

Lyttel Tumblers

9.30-11am Lyttelton Recreation Centre

Introduction Course to Ballet for Adults

6:00pm to 7:00pm. Lyttelton Rec Centre

Lyttelton Garage Sale

10-4pm 54a Oxford Street, Lyttelton
Second Hand Bargains and more.

Lyttelton Volunteer Fire Brigade

7.00pm Lyttelton Fire Station
Weekly Training, New Members Welcome

Lyttelton Strollers

10am start at the Lyttelton Library, London Street Lyttelton. For more information contact Community House. Ph 741 1427

FRIDAY

LIFT Library

10.00-1pm Foyer Rec Centre 25 Winchester St

Dance Fitness

Lyttelton Recreation Centre 25 Winchester St.
10.30am

Harbouryoga

9.30am 105 Bridle Path Road

Lyttelton Garage Sale

10-4pm 54a Oxford Street, Lyttelton
Second Hand Bargains and more. .

Lyttelton Library Fridays Babytimes

10.30-11.00am

Lyttelton Yoga

9.30am - 10.45am. 25 Winchester St Lyttelton Rec Centre. Contact Rebecca Boot 021 071 0336

SATURDAY

Library of Tools and Things

10-1pm 25 Canterbury St (in garage)
Contact LytteltonLoTTs@gmail.com

LIFT Library

10.00-1pm Foyer Rec Centre 25 Winchester St

Harbouryoga

9.00am Trinity Hall Lyttelton Rec Centre

SUNDAY

St Saviour's at Holy Trinity

17 Winchester Street. 9.30am Service with Holy Communion. All Welcome

GROUPS

Banks Peninsula Community Board

10am First and Third Monday of each Month
Meetings Open to the Public

Banks Peninsula Water Zone Committee

4pm usually 3rd Tuesday each month at different locations around the peninsula. Meetings open to the public. If your community has a specific waterway issue you'd like to discuss, get in touch and we may be able to have a meeting in your neighbourhood. fb.com/canterburywater

Bay Harbour Toastmasters

6.30pm. Every 2nd and 4th Wednesday of the month
Lyttelton Community Board Room, 25 Canterbury St
Contact: Jann Meehan, 021 263 1040

Civil Defence Welfare Response Team for the Harbour Basin

Diamond Harbour: Jill Pattinson 021 062 3112
Governors Bay : Jan Millar 027 208 7310

Lyttelton Harbour Business Association

For more information contact: admin@lhba.co.nz

Lyttelton Museum Historical Society

info@lytteltonmuseum.co.nz

Lyttelton Netball Club

Lytteltonnetball@gmail.com

Lyttelton Rugby Club

For details visit the club Facebook Page
or contact Linda Preddy
accounts@marinetec.co.nz
027 3859392

Little Ship Club Canterbury

We meet on the 3rd Thursday of the month usually at Naval Point Club Lyttelton from 7.00pm. The club has regular guest speakers and undertakes a large range of activities that increase the knowledge and skills and enjoyment of its members and for the benefit of yachting generally. All welcome
www.littleshipclubcanterbury.wordpress.com

Lyttelton Time Bank

Drop In Lyttelton Library every Tuesday 10-12pm
328 9243 www.lyttelton.net.nz

Lyttelton Toy Library

Runs every second Saturday out of the Lyttelton Recreation Centre Gym between 10am - 12pm. Low annual membership with no lending fees. Toys for 0 -5 y/o. Details available via <https://www.facebook.com/lytteltontoylibrary/>

Naval Point Old Salts Lunch

The Old Salts Lunch is being held every second Friday bimonthly.
Contact Richard Madderson
03 328 7029 manager@navalpoint.co.nz

Narcotics Anonymous Lyttelton Meeting

Monday 6:30 pm - 7:30 pm
The Lyttelton Community House
7 Dublin Street Lyttelton, Christchurch

Thursday 6:30 pm - 7:30 pm
Lyttelton Community Board Room
25 Canterbury Street, Christchurch

St Joseph the Worker R.C.Church

5.30pm Mass 3rd Sunday of the month. Parish House 21 Exeter Street Lyttelton. Ph: 384 1600

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LOCAL EXPORTS

All good Interiors and stuff	0274755163 Contact: Polly Twist	pollytwist@allgoodstuff.co.nz www.allgoodstuff.co.nz
Andrea Dahl Wedding Celebrant	0274319963 Contact: Andrea Dahl	andrea@manaakimai.co.nz www.manaakimai.co.nz
Ausmic Electrical 9 Governors Bay Rd, Cass Bay, Lyttelton 8082	021 156 3436 Contact: Mick Bennett	Mick@Ausmicelectrical.co.nz www.facebook.com/Ausmicelectrical/
Blue Fusion Web Design	021 027 05450 Contact: Dana Dopleach	dana@bluefusion.co.nz www.bluefusion.co.nz
Building on Basics Financial Advice and Planning	0299737911 Elise Vine	elise@bob.kiwi.nz www.buildingonbasics.co.nz
CWEA Canterbury Workers' Educational Association 59 Gloucester Street	03 366 0285	admin@cwea.org.nz www.CWEA.ORG.NZ
Harbour Co-op 12 London Street Lyttelton	03 328 8544	shop@harbourcoop.co.nz
Ray White Next Step	020 4172 1510 Contact: Yvette Wright	yvette.wright@raywhite.com www.rwferrymead.co.nz
LUMEN Engineering Design 210 Hazeldean Road, Sydenham	03 377 1546 Contact: Dan Tombleson	hello@lumen.net www.lumen.net
Lyttelton Port Company Waterfront House, 37-39 Gladstone Quay, Lyttelton 8082	03 328 8198	allreceptionists@lpc.co.nz www.lpc.co.nz
Lyttelsoft For all your accounting needs 7 Hyllton Heights, Lyttelton 8082	03 328 8671 or 021 137 4103 Contact: Penny Mercer	penny@lyttelsoft.co.nz www.lyttelsoft.co.nz
Min Sarginson Real Estate 53 London Street, Lyttelton	03 3287273 Agents: Steve Hanrahan	lyttelton@min.nz www.min.nz
Printable Solutions 92 Division Street, Riccarton	03 377 6644 Contact: Ange Hodgson	operations@printable.co.nz www.printable.global
Project Lyttelton Lyttelton Farmers Market	033289243	www.lyttelton.net.nz farmersmarket@lyttelton.net.nz
Thea Mickell Services 7 Dublin Street, Lyttelton	03 328 8849 Contact: Thea Mickell	admin@theamickellservices.co.nz www.communityfunding.co.nz

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EAT, DRINK, DINE

Coffee Culture 18 London Street, Lyttelton 8082	033 287 080 Contact: Leona & Marten Cooper	Talk@Coffeeculture.co.nz www.coffeeculture.co.nz
Diamond Harbour Eatery and Bar 21 Waipapa Avenue, Diamond Harbour	03 3294465 Contact: Katik	diamondharbour10@gmail.com
Fishermans Wharf 39 Norwhich Quay, Lyttelton 8082	033 287 530 Contact: Pj Gemmel	Contact@Fishermanswharf.nz www.fishermanswharf.nz
Ōtoromiro Hotel 52 Main Road, Lyttelton 8971	03 3299433 or 0275 329160 Contact: Jeremy Dyer	info@governorsbayhotel.co.nz www.governorsbayhotel.co.nz
Lyttelton Arms 17A London Street, Lyttelton 8082	03 328 8085 Contact: Caroline & John Quinn	caroline@lytteltonarms.co.nz www.thelytteltonarms.co.nz
Top Club 23 Dublin street, Lyttelton 8082	03 328 8740	lytteltontopclub@gmail.com www.facebook.com/lytteltontopclub/
Wunderbar 19 London Street, Lyttelton 8082	03 328 8818 Contact: Alex and Vanessa	hi@wunderbar.co.nz https://wunderbar.co.nz

PLACES TO STAY

Dockside Accommodation 22 Sumner Road, Lyttelton 8082	021 152 3083 Contact: Julian Cross	dockside@fastmail.com www.lytteltonaccomodation.co.nz
Governors Bay B&B 851 Governors Bay Road, Lyttelton 8082	329 9727 Contact: Eva Mason	eva@gbbedandbreakfast.co.nz www.gbbedandbreakfast.co.nz
Ōtoromiro Hotel 52 Main Road, Lyttelton 8971	03 3299433 or 0275 329160 Contact: Jeremy Dyer	info@governorsbayhotel.co.nz www.governorsbayhotel.co.nz
Manaaki Mai 99, Purau Port Levy Road, Purau	0274319963 Contact: Andrea Dahl	andrea@manaakimai.co.nz www.manaakimai.co.nz
The Rookery 9 Ross Terrace, Lyttelton 8082	03 328 8038 Contact: Rene Macpherson	rene@amma.co.nz www.therookery.co.nz

To become a member of the Lyttelton Harbour Information Centre
please contact Our office manager 328 9093 or email office@lytteltoninfocentre.nz.

\$99 a year enables your business to be listed in this directory, be on the website and have business
information displayed at the Information Centre.

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THINGS TO DO

Adventure by nature Outdoor Education Providers	210721464 Sarah English	sarah@adventurebynature.co.nz www.adventurebynature.co.nz
Akaroa Kayaks and Elecric Bikes	211564591 Allie and Greville Walsh	contact@akaroakayaks.com www.akaroakayaks.com
Airborn paddling Inflatable SUP and kayak hire	022 0318420 Contact: Joe Jagusch	info@airbornpaddling.nz www.airbornpaddling.nz
Black Cat Cruises Level 2, 5 Norwich Quay, Lyttelton 8082	0800 436 574 Paul Milligan	sales@blackcat.co.nz www.blackcat.co.nz
Bosman Ballet Flow Trinity Hall Lyttelton Rec Centre	027 316 3631 Contact: Celia Bosman	celia@bosman.nz www.bosman.nz
Canterbury leisure tours	03 3840999 Kevin Eldin	info@leisuretours.co.nz reservations 0800484
Hassel - Free Tours 296 Prestons Road, Marshlands, Christchurch	03 385 5775 Contact: Raina Roberts	bookings@hasslefree.co.nz www.hasslefree.co.nz
Jet Junkies Erskine Point Marine Drive Lyttelton	022 153 0780 Contact: Kevin	kevin@jetjunkies.co.nz http://jetjunkies.co.nz/
Ohinetahi House & Gardens 31 Governors Bay Teddington Road	3299 852 Contact: Ross Booker	info@ohinetahi.co.nz www.ohinetahi.co.nz
Stoddart Cottage Gallery Diamond Harbour	021 776161	info@stoddartcottage.nz

HEALTH & BEAUTY

Lyttel Beauty 32 Voelas Road, Lyttelton	0212973885 Contact: Emma Chambers	Lyttelbeauty@Hotmail.co.nz
Health Check Clinic Rapaki	03 3289415 Contact: Christina Henderson	rapaki@extra.co.nz
Moving Back to Balance Gentle holistic bodywork	027 368 6515 Contact: Janet Taylor	taylor-smyth@slingshot.co.nz
Lyttelton Recreation Centre FB	0211116069 Contact: Nathan Mauger	reccentremanager@lyttelton.net.nz
Oceanside Jui Jitsui 56 Leeds Street, Phillipstown, moving to Ferrymead	027 826 6804	https://osjj.nz Contact: Hayden Smith
Personal Trainer & Consultant www.workplacedevelopmentconsultants.com	0211992582 Contact: Kevin Hurl	workplacedevcon@gmail.com