# LYTTELTON REVIEW

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PURAU · DIAMOND HARBOUR · CHURCH BAY · CHARTERIS BAY · GOVERNORS BAY · RAPAKI · CASS BAY · CORSAIR BAY · LYTTELTON

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## In This Edition: • Rates Relief • Top Tips • Open for Business

Next Issue print date: Issue 253, 28<sup>th</sup> April 2020. Content Deadline: 5pm 24<sup>th</sup> April 2020.

## The Review

Is a Lyttelton Harbour Information Centre initiative designed to keep our community informed with what is going on around the harbour. It's also an opportunity to showcase the people and places that other wise would go under the radar. Our community connections ensure we know what's going on in the wider community and can share the news with you all.

A big thank you goes out to all the contributors and our funders Rata Foundation and Christchurch City Council Strengthening Communities who enable the hard copies to be printed each edition. Similarly to Wendy Everingham for writing and editing and Jenny-Lee Love for design and production.

If you have any local events, news or stories you would like included we'd love to hear from you.

#### Wendy Everingham

Mobile: 021 047 6144

Email: review@lytteltoninfocentre.nz

Content Deadline: 5pm Friday

Similarly if you would like to join our directory or have any advertising questions please contact

#### **Ruth Targus**

Lyttelton Information Centre Manger Office: 328 9093 Email: office@lytteltoninfocentre.nz

#### Subscribe to the Review:

To subscribe please send an email with "subscribe me" in the header.

In 2019 the Lyttelton Harbour Review is produced fortnightly. Any important information between times will be emailed as a Lyttel Broadcast if neccessary.

#### Hard copies are available at:

- The Lyttelton Arms
- Leslies Bookshop
- Lyttelton Healthcentre
- Lyttelton Community House
- Lyttelton Harbour Information Centre
- Lyttelton Library,
- Lyttelton Top Club.

Back copies are available on our website www.lytteltoninfocentre.nz



## Info centre update

What times we are living in. The Information Centre may have closed its doors but we are still working hard behind the scenes to keep you up to date and a part of the community. When "The Review' was conceived it was to inform the local community of what was happening within the community and business world after the earthquakes. Now we find ourselves in a different crisis but we hope that you will allow us to take up this is a role again. We are not here to convey our views but to share information about services available at this time, what is open, and how we can help ourselves and others. We have already produced a fantastic Review that was seen by over 2000 people which suggests we are on the right track. Thank you all for sharing and keeping others up to date.

With our Tamariki studying at home I asked if any would be interested in writing for us. We have been lucky to receive a variety of articles from Primary students which we hope you will enjoy and appreciate the effort gone into the work. The added pressure of writing for printing daunted some but with patience and perseverance we can achieve anything. So if you fancy writing for our next Review send short articles - Word with separate Jpeg photo to review@lytteltoninfocentre.nz or office@ lytteltoninfocentre.nz next deadline will be midday Friday 24th April.

Thank you to all the contributors for The Review, it has been a huge effort to hunt and gather and find focus to write. The Information Centre is still here to keep you informed so please feel to email enquiries or new information to share.

We wish all our community strength, patience, and kindness in our new state of uncertainty.

'He waka eke noa' – we are all in this together

Article Information Centre Manager Ruth Targus

#### **Civil Defence Emergency Management Canterbury**

Kia ora Canterbury, we've set up a new helpline for anyone in need of help with accessing essential household goods and services, such as food and medication, due to the COVID-19 lockdown.

If you need urgent assistance, call **0800 24 24 11** to be popped through to your local district to discuss your needs.



#### Here are some helpful numbers and websites:

Alcohol and drug helpline 0800 787 797

**AVIVA** 0800 2848 2669

**Christchurch City Council Contact Centre** 03 941 8999 open 24/7

**City Mission Food Bank** 0800 787 855

**COVID-19 Healthline** 0800 358 5453

**Depression Helpline** 800 111 757

#### Food 0800HUNGRY

**Free Government Helpline** 0800 779 997

Housing MSD 0800 559009

Lifeline 0800 543 354 or free text 4357

Oranga Tamariki Reports of concern for children's safety0508FAMILY

SHINE 0508 744 633

**Suicide Prevention Helpline** 0508 828 865

Welfare Helpline 0800 24 24 11

Womens Refuge 0800REFUGE

Youthline 0800 376 633

Mental Health Foundation Mentalhealth. org.nz

Unite against COVID-19 covid19.govt.nz

#### **Family matters during** lockdown with libraries' history tree

Have you ever wanted to trace your family tree but have never had the time?Now may be the perfect period to make the most of your COVID-19-enforced isolation and track down those elusive ancestors by heading to Christchurch City Libraries via your laptop or computer.

Christchurch City Council Head of Libraries and Information Carolyn Robertson says library members can access the Family History Beginner's Guide and extensive resources online to build up their unique family tree.

"You can also take the opportunity to connect online through email and Facebook or Skype with generations of your own family - from great-grandparents to second cousins – spread across New Zealand to help piece together the ancestry puzzle," Ms Robertson says.

"Many people are feeling cut off from their families at this time, so what better way to stay in touch and get everyone involved than a multi-generational family tree project.

"Perhaps you can do an online interview via Skype with a great-aunt, or talk to your grandfather by phone to help create a picture of the past and establish wider family links.

"Our extensive family history and Whakapapa resources are all available online, including the Ancestry library edition and a remarkable selection of newspaper and magazine archives."

Christchurch City Libraries also provides access to a Christchurch City Council cemeteries database, local history details and images via Discovery Wall Canterbury Stories and Kete; and the MyHeritage library edition, packed with records from around the world.

"With so much changing around us, it may be the best time to immerse yourself in a new project and map your roots - from those closest to our overseas origins," Ms Robertson says.

"Our resources offer plenty of tips on how to get started and how best to care for precious family papers and photographs.

"It's all about bringing your family history to life for today's generation and those who follow.

"There is a wealth of information available, and your first steps are mapped out by Christchurch City Libraries. If you are not already a library member, it is also easy to join online."



## **Rates Relief**

#### Part of wider economic recovery package

Christchurch ratepayers facing financial hardship because of the COVID-19 crisis will be able to defer their rate payments for up to six months.

#### Who is eligible for rates relief?

- Businesses that have suffered a 30% drop in income year on year as a result of the COVID-19 crisis.
- Homeowners, who are owner-occupiers, who have lost their jobs or have had their normal income from all sources reduced by 20 per cent or more for at least one month before the rates due date.

#### How do you apply?

• You can apply online through the Council's website once you have received your rates invoice.

#### How long does the rates relief apply for?

• Six months.

The rates deferral and three-month rent holiday for Council's commercial tenants are part of a package of measures approved today by Christchurch City Council to help alleviate the immediate financial stress that many businesses and households in the city now face.

"March has seen our world turned upside down in a way that many of us did not expect to see in our lifetime. Many in our city are hurting financially and are worried about what the future holds," says Christchurch Mayor Lianne Dalziel.

"These measures will give those facing financial hardship some breathing space but as a Council we are well aware there is much more that we need to do to support our businesses and residents in these uncertain times," Mayor Dalziel says.

"Given that the rates deferment decision is an immediate response to the final rates instalment falling due and that it has been made just one week after the lockdown began, we have asked staff to provide further advice on any additional financial hardship criteria we could apply.

"We are meeting again next week, which will provide an early opportunity to review a draft decision-making timetable leading up to our Annual Plan."

"At the same time, The Council is working with its trading companies, including ChristchurchNZ, on an Economic Recovery Package. We are determined to hit the ground running as soon as the lockdown is over.

"The Government is currently scouting for large infrastructure projects that create jobs, have a public or regional benefit, and that it can get under way in short order. We plan to take full advantage of the Government's call for projects and we plan to get our own pipeline of work ready to go.

"We have already begun reviewing our capital works programme to identify projects that could potentially be brought forward. We must be ready to release as much work as possible when the lockdown ends, as our economic recovery depends on us to do so," Mayor Dalziel says.



ChristchurchNZ Chief Executive Joanna Norris says ChristchurchNZ is extremely supportive of the measures approved today, which will assist in alleviating the immediate burden for many.

"Our economists are forecasting the Covid-19 outbreak will have a significant short and medium-term impact on our city's economy and people, causing significant hardship.

"We are working at pace and with urgency to respond to this global economic shock and to ensure our city is actively working towards recovery in a sustained, coordinated and confident way."

The plan will include a range of short and long-term measures to provide economic support for the people of Christchurch, Ms Norris says. The Economic Recovery Package is still being developed and more information will be made available shortly.

#### It will have four core components:

- **Business Support Package:** This work will primarily be carried out in the short-term to support businesses suffering from the immediate economic fallout of Covid-19.
- **Infrastructure-led Recovery Programme:** This work will primarily focus on identifying and prioritising infrastructure projects to support the economic recovery.
- Strategic Economic Development Programme: This work will ensure all recovery activity is aligned to an agreed long-term vision, and positions Christchurch to enter recovery phase with confidence and in partnership with the private sector and Central Government.
- **Community and Visitor Economy Activation Programme:** This work will focus on stimulating economic growth when it is safe to do so.

To support the development of the full package, ChristchurchNZ will be convening a Christchurch Economic Recovery Forum. The forum will be chaired by Christchurch City Council Chief Executive Dawn Baxendale and will meet regularly to provide input from both the private and public sector to best inform our response.

Article CCC Newsline



## **Top Tips**

## Looking after mental health and wellbeing during COVID-19 and beyond.

Looking after our wellbeing is essential right now. We can't afford not to do it. These Mental Health Foundation tips are based on the **Five Ways to Wellbeing** and Te Whare Tapa Whā.

#### Pick what works for you, adapt it, and keep at it!

#### Find ways to connect

Connecting with others is so important for our wellbeing and helps to make us feel safer, less stressed and less anxious. We can support each other to get through this. Some ideas to connect include: writing emails that share a favourite memory, playing video games with mates, playing online scrabble or other board games, joining or starting a virtual book club, sharing a favourite karakia or waiata with your friends on social media, having video catch-ups with workmates, calling friends and whānau who are in self-isolation and reaching out to neighbours to ensure everyone has what they need to get through.

#### Find ways to take notice

Notice the beauty in the world around your home. Take time to feel the sun on your skin, breathe in fresh air whenever you can, make a list of what you're grateful for, take the time to thank someone for how they make you feel, do a mindfulness exercise on YouTube, watch the plants in your home or outside your window growing and changing with each passing day.

#### Find ways to be active

We know this is a tricky one without gyms or sports but it can be done! Play 'the floor is lava' with the kids, do a yoga class online, try out a new workout on YouTube, go for walks or runs outside (just stay 2m away from others!), use the cans in the pantry as weights, stretch.

#### Find ways to give

Give compliments, think about a skill you have you could share with your whānau/flatmates/friends, share a favourite recipe, let people know you're there to help (and tell them what help you can offer – e.g. can you pick up food for a neighbour when you go shopping? Can you help your friends' kids with their English homework via Skype?). Check in on neighbours and members of your community who may need to hear a cheery voice or need a helping hand.

#### Find ways to keep learning

Staying curious and engaging with the world around you is a great way to uplift your wellbeing. Pick a question

you've always wondered about and take some time to look it up. Call your parents or grandparents and ask them questions about life when they were growing up. Research your whakapapa or family tree. Look up stories, myths and legends from different cultures. Discover the name of the iwi, hapu, maunga and awa of the place you live. Download an app like Duolingo and start learning a new language. Ask your tamariki/kids to teach you something they learned at school.

#### Spend time with nature

While staying at home doesn't mean you have to stay indoors all the time, it might feel safer for you to do so!

Think about how you can connect with nature from your home. Can you bring some nature indoors? Put up pictures of maunga (mountains), whenua (land), moana (oceans) or awa (rivers) that have meaning to you. Have a chat with your pot plants (this really helps them grow!). Listen to nature sounds – birdsong is a lovely background noise while you work. Open the windows as often as you can. Take time every day to feel the sun or the wind or the rain on your skin.

#### Keep taking your medication

Don't stop taking any of your regular medication without first talking with your doctor. Phone or email your GP to get any new prescriptions you may need. If you're staying at home and that's throwing off your routine, set reminders to take your medicine when you need to.

## If you're currently getting help with your mental health, continue this if possible

Talk to your GP, counsellor, case worker or mental health team about how they can continue supporting you. Can your appointments take place over the phone, via email, text or video chat? What tips do they have to help you get through? Who can you call if you need help urgently? Write this down so you have it handy when you need it.

#### Stick to your routine (or start a new one)

Routines sound dull, but they're good for our mental health. Try to go to sleep and wake up at the same time, eat at regular times, shower, change your clothes, have regular e-meetings with colleagues or virtual coffee dates with friends, do your chores. This will help you to manage your days and adjust when life starts to go back to normal.

#### Explore different ways to relax

Many of us haven't stretched our 'relaxation muscles' in far too long. It might take a bit of trial and error to find what works for you. Maybe it's lighting a scented candle, switching off with a good book, playing a video game, having a silent disco, talking to a mate, watching ASMR videos online, reading a book, getting creative and making some art, try our mindful colouring, journaling or watching movies. We all need to find things that help us switch off and reenergise our minds and bodies.

#### Limit the amount of news you follow

Pick one source you trust (like the Ministry of Health's website) and check it once per day. If you want to keep checking in with news coverage, take notice of how it makes you feel and set time limits or restrict your news sources to just one or two if you need to.

Article Mental Health Foundation

## **Christchurch mindfulness**

## Start-up release 28-day course for people in isolation

The Mental Health Foundation warns that many people are feeling additional stress and anxiety as the covid-19 pandemic unfolds around us. Unfortunately, stress and anxiety only decrease our body's immunity.

Research shows that mindfulness can reduce stress and anxiety as well as improve immunity.

Christchurch-based mindfulness start-up, Wanderble, has created a 28-day mindfulness in isolation course. The guided audio programme is delivered by email. The course is designed to keep New Zealanders in isolation company and to encourage them to use the time to build a healthy new mindfulness habit.

Wanderble co-founder and Lyttelton Resident Kris Herbert says, "Mindfulness is one of the most powerful tools we have to fight the anxiety that every one of us is feeling at this time. The science over the last 40 years is clear and we now want to make these really simple, healthful practices available to as many people as possible. It's one of the ways we can use the time at home to learn new things."

The course includes mindful handwashing and techniques to minimise the emotional impact of constantly absorbing the latest news. There is also a session on using mindfulness to get better sleep and to connect with others.

"You can think of mindfulness as the mental hygiene required to get through the pandemic,"

Anyone can get free access to the course at: https:// wanderble.com/isolation-course/

<image>

Article Kris Herbert

#### DreamLab

Over half a century ago, I was a student at London's Imperial College. They still contact me regularly, usually asking for money!

This time however, they are asking for something I can give, and so could many of you.

They are researching into finding an existing drug which could help treat victims of Covid-19. The advantage of using an existing drug is that it is already in production and is safe to use.



The problem is finding it! They are also searching for suitable food-based molecules.

Here's where you and I come in. They want to harness the power of our cellphones overnight when we are not using them, to do billions of calculations, which they then collate.

I think it only works if your provider is Vodafone, but it works on iPhone, iPads and Android. You download the DreamLab app and run it. You look under projects and select the Covid-19 one. Then, when you go to bed, leave it on charge, and start it going. That's it.

It doesn't cost you anything apart from a bit of electricity to keep your device on.

Vodafone stand the cost of any data transfer used by the app.

So, how about giving it a go? Go to the App Store or Google Play and download DreamLab.

You might help save a life.

Article Ken Maynard

#### NEW ZEALAND DIARY



## **Open for Business**

Local Businesses and Farmers Market Stalls

Similar to the earthquake time it's really important to show support for our local businesses so that they can continue to thrive and provide our community with an amazing array of services. Our team has been scanning the facebook and websites of many local businesses so that you can have a one stop shop for what's open. Please let us know if we need to add more.

#### Lyttelton Medical Centre Ph 3287309, lytteltonhealthcentre.co.nz

#### Hours

Monday 9:30am - 4:00pm Tuesday 9:30am - 4:00pm Wednesday 9:30am - 4:00pm Thursday 9:30am - 4:00pm Friday 9:30am - 4:00pm

#### Online Booking

Online booking is available only for telephone consultations. Standard rates apply and invoices will be emailed or text to you.

#### Appointments

Appointments in person can be made to visit the doctors or nurses at the medical centre by phoning our reception team 328 7309. You will be asked about your concerns and condition to ensure you are given the right type of appointment.

#### ACC Consultations

During the lockdown period initial or follow-up ACC consultations are available via a phone consultations. These consultations will be charged at standard rates and invoices will be emailed or txt.

#### Flu Vaccines

#### 8 April 2020

We have received limited supplies of vaccines. We are offering these, in the first instance, to our patients who are over 65 years, or pregnant or have a chronic condition. Flu vaccines for our patients who do not qualify for a funded vaccine will be available after 27th April.

#### Coronavirus

We have temporarily removed our patient reading material and magazines from our waiting room, in an effort to minimise risk of infection. You are welcome to bring your own reading material.

Depending on your condition you may be assessed in your car in the car park by a doctor wearing protective clothing

Our friendly and professional General Practice team provide primary health care to residents, families, businesses, seafarers and visitors in the Lyttelton Harbour and Port Hills area. New patients welcome.

If you have travelled overseas in the last 6 weeks and are feeling unwell, especially if you have symptoms of fever, cough and or shortness of breath, do not book an online appointment, but phone us on 328 7309 and we will arrange an appointment, or call Healthline 0800 358 5453

#### **Repeat Prescriptions:**

We recommend you have a minimum of 2 weeks medication, but please do not stockpile.

We continue to be open throughout the lock down period, as are pharmacies.

We are currently faxing all repeat prescription requests to the pharmacy of your choice at the "pick up" from reception price

#### Lyttelton Pharmacy

The store will remain open as per normal business hours this week. Mon-Fri 9 -5.30pm Sat 9-1pm. They will deliver if necessary. Keep an eye on the facebook page for any changes. 328 8314

#### Lyttelton Physiotherapy

We are IS OPEN during lockdown

We are open to help with your injuries and rehab needs. We are offering phone or video linked physiotherapy services. We can assess, advise and treat, using exercises, stretching, self-massage techniques and advice on activities.

ACC will fund this service and you can register new injuries through us.

To book an appointment phone 3288111 or 027 278 4725

#### Coffee Culture

Online shop https://shop.coffeeculture.co.nz/

#### Delicious-orchard to table

(Farmers Market Stallholder)

We are working on creating an online presence and as we sell essential products, we can dispatch it out. www. orchardtotable.nz

#### **Eruption Brewing**

Get your local beer supplied to your door. https://www. eruptionbrewing.com/

#### Fresh on Wheels (Farmers Market Stallholder)

https://www.facebook.com > Places > Darfield, New Zealand

Johnny Fresh and Greendale Butchery are joining forces to bring their customers a delivery service.

Good Life Dressings (Farmers Market Stallholder) I have limited stock of Good Life Dressings available. Those interested can either order via my webpage www.goodlifedressings.co.nz or email me directly at radisolevoo@gmail.com.

#### Green Dinner Table

Plant based food bags www.greendinnertable.co.nz/

#### Grown (Farmers Market Stallholder)

http://www.grown.co.nz/ Weekly fruit and vegetable box. Order early to avoid disappointment.

#### Harbour Coop

Harbour Co-op is open 10-3pm M-F 9-3pm Sat. We are limiting to one customer in the shop at any time to reduce the risk of transmission.

We can also take email and phone orders - particularly for elderly, vulnerable or self-isolating customers.

If this would help you please get in touch Email: shop@harbourcoop.co.nz Phone: 03 3288544

Anything you need to order can be collected at the shop with payment with bank transfer/EFTPOS to save time. Where and when possible, we will deliver to your home.

*Hazelz New Zealand* (Farmers Market Stallholder) For all your hazelnut supplies, Stock and hen food, Emilios cheese.

Email hazelz@xtra.co.nz Phone 318 1141 Special \$5 courier Lyttelton/Christchurch \$9 Rural

#### Hope River Pies (Farmers Market Stallholder)

Meals On Wheels?!

Hope River Pies is registered with MBIE and we are commencing contactless home deliveries. You can order on the website (www.hoperiverpies.co.nz). Delivery is in the week following placement of your order.

Pies will be delivered chilled from our bakery – you will need to provide a chilli-bin or Esky with minimum internal measurements of: 24cm wide x 35cm long x 15cm high. We can supply a polystyrene chilli-bin for \$7 if you would prefer, this will then be yours to keep for future use.

#### Lyttelton Coffee Company

Delivering coffee beans in our sweet EV! to your mailbox. We offer a Contactless service with bank transfer. We can deliver to Lyttelton, Governors Bay and Diamond Harbour plus Heathcote to Sumner.

250g – \$13 500g – \$24 Beans ground to your specification. Blend 1 and 2 available.

PM your order along with address and a snap shot of the bank transfer for confirmation.

Acc details 38-9020-0377252-02 Code Bean Drop // ref = address

Delivery days Tuesday and Friday.

#### London Street Dairy

3287358 open normal hours

#### Lyttelton Supervalue

7am to 9pm 7 days week. Online Shopping has arrived for all members of the community.. Visit https://lyttelton. store.supervalue.co.nz/ to register.



#### $Mumma \; Bear$ (Farmers Market Stallholder)

We are still making our mueslis porridges and granolas for online orders with free delivery to christchurch including Lyttelton for orders of \$20 or more. https://www. mummab.co.nz/

#### Otaranui Farm – Lyttelton

10kg Beef Boxes delivered to your door - \$230 Naturally farmed, local and delicious.

Contact Jozefa@synapsys.co.nz

#### Sheehan Honey (Farmers Market Stallholder)

If you need honey Barry can supply em buzzbuzz1@xtra. co.nz

#### Spooky Boogie - Coffee Supplies

We've decided to set up a little SUBSCRIPTION service! So you make one payment and we'll take care of your caffeine necessities. We reckon we'll start by doing it monthly but if you'd like to make a longer SUBSCRIPTION just



ask, we're happy to accommodate whatever your means and needs be.

#### Here's the price list!

The more you buy the bigger the discount!

250gram of either Mezcla Blend, Mexican or Colombian Delivered to your door every Friday for a month \$44

250gram of Ethiopian Harrar Delivered to your door every Friday for a month \$50

250gram of Rwandan Delivered to your door every Friday for a month \$55

500gram of either Mezcla Blend, Mexican or Colombian Delivered to your door every Friday for a month \$84

500gram of Ethiopian Harrar Delivered to your door every Friday for a month \$95

500gram of Rwandan Delivered to your door every Friday for a month \$100

If you would like 1kg bags every week, we think you may have a problem but we're happy to be enablers in this situation just flick us a message.

If you're from out of town sorry but we'll have to include some postage too but still happy to include you.

If subscription is not your thing just keep in touch with us and we'll deliver whenever you need, *any day of the week!* Call. Thanks again, kia kaha.

**Spring Collective** (Farmers Market Stallholder) In season fruit and vegetables plus Bellbird Bakery bread. https://store.buckybox.com/spring-collective.

#### Super

Online shopping: Veggie Box or Super Food Box to create all your favourite Super meals. https://www.super.restaurant/eats/super-box

*The Sausage Shed* (Farmers Market Stallholder) MPI approval just given for online sales. Call 0273130161 or follow fb page for more information.

*Spicecraft* (Farmers Market Stallholder) Open for online sales visit https://www.spicecraft.co.nz/

**Top Dog Barkery** (Farmers Market Stallholder) Please email me for online orders. woof@mydoggiebag. co.nz

More info on our facebook page https://www.facebook. com/Mydoggiebagtreats

#### *Vics Bakery* (Farmers Market Stallholder) Bread Box Home Deliveries

We are now able to take orders for a bread box delivery on Wednesday 15 April. We have a smaller selection from normal (but with an extra - Hot Cross Buns!)

Please Note Terms: Orders must be \$35 or more and placed by 1pm Tuesday 14 April. Please select a mixture to make the shopping cart \$35 or more. Home Delivery is Christchurch City only. We can only take orders online due to contactless payment requirements. We will contact orders that don't meet the terms and offer either a refund or redelivery.

Contact bread@vics.co.nz for all queries



#### FluTracking

Have you heard about FluTracking? It's a computer based surveillance system that harnesses the power of the internet and community spirit for monitoring influenza. It's been mentioned lately by Doctor Ashley Bloomfield as a tool that can help monitor outbreaks of both flu and Covid 19. Medical experts are encouraging us to sign up.

The benefits of signing up include helping with scientific research, tracking influenza and possibly Covid 19 in your local community and nationwide.

The survey began in Australia 14 years ago and a few years ago New Zealand joined in as well. Currently New Zealand has 40,000 participants per week. It's a really simple survey and it takes about 10 seconds a week to fill in. Visit https://info.flutracking.net/ to sign up.

#### EULOGY



#### Warren David Adams

Warren was born on the 1st of February 1963 and went to Lyttleton Main Primary School. I am told that Lyttleton Main was where all the brains went vs the West and they were also better looking. Secondary school was Hagley High, although Warren wasn't a fan of school as such – he was too busy chasing all the chicks.

Warren's first job was as a Boiler Maker. In November 2000 he moved to the wharf where he was guickly nicknamed "Noodle" because he knew everything within the first two minutes of being there – as in 2 minute noodle! Although his workmates have commented that by the time he finished there, he really did know everything there was to know about the place. He moved into the workshop when he first got sick. He was known as the "Roust About" but if you asked him, he was the Maintenance Engineer, and very proud of that fact too. He was also well known for being the best tea maker on the team. He always told me that it was his job to make sure that everyone was ready, as in they had all the equipment they needed to start the job. He also said that he used to drive around and take the mickey out of everyone - and make them all laugh. Warren was very well respected at the port shown by the fact that they held a minute silence for him on every shift after he passed away. I know Warren was extremely grateful and humbled by the

fact that his fellow team mates gifted their sick leave and annual leave to help Warren and Lorraine financially over the last few months. Warren loved his job, he loved the camaraderie and making people laugh and never had a bad word to say about anyone.

I have only recently heard about "Naked Sunday". Apparently he used to walk around my bach with nothing on!! Apparently even in a semi-sedated state in the hospital in his last few weeks, he managed to get his undies off and throw them on the floor so that he was naked – his favourite way to be.

Warren played a very big role in the lives of his sister Maxine and her children Stephen and Megan. When Maxine first had Stephen and Megan, she wanted to return to Australia to visit family and friends, but couldn't travel on her own with two very small children. So Warren went with them. A young man of only 20 at the time, this was a big call for him, but they had a fantastic time. Warren was very connected to Stephen and Megan and their children as well – family really was everything to him.

The chief organiser of the kitchen – Warren had an uncanny ability to organise and make sure everything was ready at the same time. Although not involved in the actual preparation or cooking, Warren would swoop in at the end to take over, carve and serve everything perfectly. And managed to get most of the credit as well!

## Some things you may or may not know about Warren:

He played soccer as a very young lad but crossed over to play rugby in later years with a lot of us here. He played Hooker and was a talker – but a pretty good player.

He was the coach for the Lyttleton kids rugby team.

He did dragon boating with the Canterbury Knights.

He loved his car racing with Moose and the boys – although probably more the camaraderie, getting together to fix the cars and having a beer in the workshop.

Memorial motor bike rides – only missed one last year due to his health.

He loved Crocs – even requesting to wear them at his wedding to Lorraine.

He loved a yarn.

Loved his music – obsessed with Spotify. Apparently everyone followed him, shit I wouldn't have a clue what it is but no doubt others in the room will.

Public speaking.

Loved his dogs Dax and Axle.

Loved cars – especially his Valiant Charger which he used to drive like a demon. Janice (his mum) recalls hearing the car coming through the tunnel in Lyttelton, and then thinking he had woken the whole of Lyttleton up as he came out of it.

Loved his latest car – a little yellow Will Cypha. God he used to rave about it, although personally I thought it was an embarrassment – a friggin nana's car but everyone got to know it and wave out as it went past.

When I first met Diane (my lovely wife) – although it took me six months to talk her into going out with me - I obviously became involved in the Lyttleton community. One of the first people I met was young Warren, a hot orange charger, a bit of a talker – but he welcomed me into the community, looked after me and became a good mate (and took the piss out of me)! But really he was the first person I knew when I moved to Lyttleton.

Warren was all about family as I have already mentioned. This was evident through his values, the importance he placed on community, the respect he had and his family first policy. Credit for this part of Warren must absolutely go to his parents, Janice and Geoff, it was their love and guidance that made him into the man that he was and Janice you should be very proud of what you both achieved.

He called in to visit Janice, his mum, who he adored every other day

His love of his kids; Tyler, Zac, Shia, Ceania and his adopted children Ethan and Saige.

His support of the community all the way through his life

The importance he placed on being an Uncle

The way he followed his father Geoff's legacy of looking after the family

His love of the twins, Stephen and Megan and Anna and Pete

His love for his sister Maxine and how he always looked after her

His love of his great nephews/nieces – Cooper, Felix, Louis, Paige and Tilly

He never had a bad word to say about anyone

His ability to be positive about everything

His ability to make you laugh

Family gatherings – he was always there, and busy organising as we know

Friendship was very important to Warren

Respect and support of others – even evident in his time in hospital when he was supporting, encouraging and comforting other patients and their families. Really, that says it all.

There are a lot of stories we can share and we will do this when we have the memorial service to celebrate his life.

Finally, I have to talk about the love of his life, dear Lorraine – and these words come from Warren himself:

It was love at first sight when they met This was meant to be What a wonderful person She makes me laugh and puts me in my place She is my world I love my new home – this was our dream

Lorraine, he loved you dearly, he was worried about you and told me we need to make sure that you will be ok. But he also told me that you are a strong woman and that time will heal, but he will be watching over you.

Rest in peace Warren, and say hello to Geoff from all of us.

Just one last thing, we are all aware that our world is in trouble and what we are going through. We all should remember – this will end, respect each other's space and our personal bubbles, make sure that we follow the rules, and this will protect you and your families.

#### Steve Gallop



# Sorry, Lyttelton Library is closed, but you can still visit the digital library

# All you need is your library card and pin/password.

Forgotten your pin/password? Call us: +64 3 941 7923 Or contact us online: christchurchcitylibraries.com/liveonline/

No membership at all? Sign up for digital membership: christchurchcitylibraries.com/ join-the-library/



## The Fan Tale

It had been a long and sleepless night. The wind had howled against my windows and the rain had battered against the walls. When sunlight beamed into my room I got up to find my parents sitting at the kitchen table talking in low voices.

"What are you talking about?" I said.

"Nothing" my mum said hastily. I was so tired and grumpy anything could of set me off, so my parents keeping secrets from me seemed like the worst thing in the world.

"You're always keeping secrets from me" I yelled and stormed out of the house. I stomped up the hill at the top of our road. When I was half way up I slumped on a big rock throwing twigs into a bush, when suddenly a Fantail flew out. It started flapping around my head, cheeping madly.

"Go away, go on, away with you" I snapped. It kept persisting and I realised it was frantic. It had caught my attention.

"What is it little fantail?" I said. Now it was flying away and back again, repeatedly swooping around my head. I realised it was trying to make me follow it so I let it lead me off the path and into the forest. I followed it in. It was very dark and the trees seemed to leap out at you. Every branch looked like long fingers clawing and tearing at my dress.

"Wait little fantail, you're going too fast. I cannot keep up with you. Please slow down!" I said. Then we burst out of the forest and into a rocky ravine. I blinked and stared around at where I was. I was in a crevasse where two large rocks cut into each other. The fantail led me into the very back where a jumble of rocks was piled up on top of each other. I looked closer and gasped, trapped inside there was a birds nest with 5 baby's in it, they were cheeping madly. With considerable care I started to move the rocks aside. When there was enough room I prised the nest out. I looked around and saw some remains of straw on the big tree above us, I guessed the nest must have fallen out in the storm. I climbed up and carefully placed it back. Smiling I turned around to leave.

"I'd better be getting back home to my parents, they'll be worrying about me" I thought, the argument completely forgotten. Then my smile froze on my face as I realised that I had no idea where I was. I started to panic: I had no food, no warm clothes and my water bottle was almost empty. All of a sudden the fantail started to zoom around again. This time I got the message straight away and

quickly followed. We trekked back through the



st and before I knew it we burst out of the bush onto the path. The fantail had saved my life.

"Oh thank you so much little Piwakawaka" I started to say but the fantail had gone.

Olive Harris Age 10

#### An Anxious Boat to China



It is the night before our prime minister will announce a nation-wide lockdown; and the Lyttelton Seafarers' Centre is full. It is only a small place, but every seat is taken and seafarers have spilled outside.

They have come ashore to connect to the Centre's free Wi-Fi, to talk to wives and kids. They know this will be their last chance to chat to their families for months, as ports worldwide ban shore leave, as part of the Covid-19 response. As many ships do not have Wi-Fi, contact with home is about to be cut off.

Usually what you hear when seafarers are calling home are happy sounds: a child's cheery "hello" to a dad they haven't seen for months; a wife laughing about a funny family anecdote; a father far from home telling his little girl before she goes to bed, "Goodnight darling, I love you." But tonight, even though they are speaking in Tagalog, Romanian and Russian, one word punctuates all their conversations: "Corona."

They have a lot to be worried about. One of the crews in the Seafarers' Centre is from a bulk carrier loading our logs for China. "We don't want to go," says Remi from Manila, "but if we break our contract early, we risk not getting recruited in the future." His friend Jimmy was supposed to sign off (return home) at the next port. "I have been told I can't," he says. "The shipping company can't get a replacement to the ship because of the Covid restrictions. I just want to be with my family."

Each year, 100,000 seafarers are eligible to sign off and be replaced by new crew members. Now, like Jimmy, many are trapped on their ships. After weeks at sea, they can no longer get the necessary shore leave to buy essential personal items; to contact their families; and to get a break from the isolation that is the norm of a seafarer's life. While we are locked-down with our loved ones, our pets, with Netflix, and the chance to get to the supermarket, their lockdown is total isolation.

We don't normally allow alcohol to be consumed in the Seafarers' Centre, but I have made an exception tonight. Quite a bit is being drunk, but the anxiousness on the guys' faces is easing a little.

Before they leave, I suggest a photo, jokingly saying, "If you are off to China, better get a picture in case you don't come back." They laugh and bravely smile for the camera.

> Revd John McLister Seafarers Chaplain, Lyttelton

Garlic is a healthy food that may have some antimicrobial properties. However, there is no evidence from the current outbreak that eating garlic has protected people from the new coronavirus (2019-nCoV)

#### Can eating garlic help prevent infection with the new coronavirus?





#2019nCoV

To date there has been no information nor evidence to suggest that the new coronavirus could be transmitted by mosquitoes. The new coronavirus is a respiratory virus which spreads primarily through droplets generated when an infected person coughs or sneezes, or through droplets of saliva or discharge from the nose.

To protect yourself, clean your hands frequently with an alcohol-based hand rub or wash them with soap and water. Also, avoid close contact with anyone who is coughing and sneezing.

World Health #Coronavirus #COVID19

#### FACT: The new coronavirus CANNOT be transmitted through mosquito bites



You can catch COVID-19, no matter how sunny or hot the weather is. Countries with hot weather have reported cases of COVID-19. To protect yourself, make sure you clean your hands frequently and thoroughly and avoid touching your eyes, mouth, and nose.

**#Coronavirus** 

## FACT:

Exposing yourself to the sun or to temperatures higher than 25C degrees DOES NOT prevent the coronavirus disease (COVID-19)



## What is special about the number 42?

In the original Alice in Wonderland there were 42 illustrations. On page 42 of Harry Potter and the Philosopher's Stone Harry learns that he is a Wizard. In Romeo and Juliet the potion Juliet takes affects her for 42 hours. The Titanic was travelling at 42 km per hour when it hit the iceberg. 42% of the London underground is actually underground. Lyttelton has 42, the container bar on London Street. And perhaps most importantly, according to The Hitchhiker's Guide to the Galaxy, 42 is the Meaning of Life.

Personally, 42 is noteworthy because I've been with my significant other for 42 years. After all this time wouldn't you think he accepted one of my foibles? I hate DIY. Not to put too fine a point on it, I detest, loathe, abhor, despise, scorn and shun DIY.

Three years ago, my partner and I formally cemented our relationship with a Civil Union. It took him 39 years to ascertain that it wasn't a fling. We both decided on a pragmatic approach. I agreed to do all of the ironing in exchange for never undertaking DIY. About 70 friends witnessed this. Someone took a video which I might need as proof.

So here we are in our lockdown bubble with no real excuses to put off those 'when I have time' jobs. We'd talked about getting rid of our grass. It's a sloping lawn, but a lawn in name only: no croquet games, garden parties or nights camping out in a Warehouse tent advertised in a flyer in the mailbox. Having no junk mail also stops frivolous spending on Pinot Noir, dental floss and baked bean specials. Since I was about to lose our lawn, albeit a yellowish-green and weed-sprinkled one, I wanted to do some research.

In the Middle Ages, French and English nobility developed carefully manicured patches of grass at the entrances to their castles. Peasants didn't have time to cultivate lawns so the lawn became a status symbol. The same is true today especially in a certain suburb north of Christchurch's city centre. We did buy a robot lawn mower in the hope that our excuse for a lawn would impress those walking past with their Spadoodles or strollers. Vain hope – no one can see past the gates!

We sourced our lawn mower (I christened him Wilson) from Sydney and he came home with us on the plane. The interrogation at Customs involved numerous questions about why we'd gone to Sydney to buy a lawn mower. Had we travelled in Asia recently, did we eat on the plane and did we take illicit drugs? The Customs lady had unfriendly hair and a 'I really need a cigarette' frown. Giving us both a funny look, she carefully examined our dirty laundry while ensuring we weren't exceeding our Bombay Sapphire allowance. She did, however, ignore the duty we should have paid on Wilson. Nicotine lust and paperwork avoidance saved our bacon.

For four years Wilson did his job. Hypnotised by his technology, we'd watch him from our deck, Gin and Tonic in hand. It was worth the time saved mowing the lawn

just to watch this labour-saving marvel. Our cat, Harry, never got on with Wilson. Harry would test Wilson's grass-eating machine sensors, playing chicken. Harry usually lost. Cat and machine endured enforced tolerance. Both parties were pleased when the dancing stopped. Their relationship was akin to a nephew tolerating his least favourite Auntie at Christmas. Wilson wore the metaphorical dress made from 'village hall' curtains and dribbled sherry onto his cardigan. When Wilson died, Harry could barely contain his mirth.

We decided to replace the grass with a water feature. This would be complemented by flowers in ceramic pots tastefully arranged on a Wanaka schist base. We also decided to create four vegetable plots to grow an abundance of Beet Argenta, Collard, Burdock and Black Spanish Radishes. Or perhaps potatoes, beans, silverbeet and limes for the aforementioned gin.

Fast forward. I've spent the past two weeks of isolation learning fascinating things about DIY. I am now fully au fait with MDF, flux, spud wrench, Monkey wrench, circular saw, claw hammer and the various drills needed to build veggie boxes. I've never done so much digging, levelling, hammering and glancing at my watch, begging the daily nightmare to end.

The project is paused for now because we need more wood and fetching H4-treated timber isn't essential travel. Yes! The water feature is complete and I'm comforted by that water trickling over the spherical bowl. I can now return to decluttering, guided by the Spark Joy Queen, Marie Kondo. Should I start in the house or the garage? Those evil DIY tools could do with a tidy!

Article Chris Brown



### **Mobile Mix** Sequel, story by Chats Duncan

'Sit there and don't move,' Kevin had heard it all before. And the feel of tight cufflinks on his wrists, but this was a first for him, having a female arresting officer, and hoped this didn't become common knowledge. Amy clambered in beside him on the back seat of the patrol car. 'Cosy,' said Kevin. 'Shut up and keep still, we're not on a date,' Amy Blake said, 'your next date is appearing before a magistrate.' Kevin sniffed, capturing a hint of perfume. 'Fantasy,' he said, 'I like that brand.' 'What are you an expert on scents too, as well as being light-fingered?' snapped Amy. 'Kevin, keep quiet. You will have your say at the station,' remarked senior constable Bernie Ward, from the driving seat.

'No, I don't need your name, Sunshine, I know who you are,' said the custody sergeant. 'What's he in for this time, Amy?' 'Being in the vicinity of an offence, Sarge. We found him loitering near Mason's liqueur store, robbed again last night.' 'That must be their third robbery?' 'No, this makes it four times.' After booking the suspect in, Amy made her way to the station canteen for a cup of machine coffee. She sat in the far corner, thinking of the first time she had sat there, over three years before as a green Probationary Constable. She had decided to pursue being a detective, after watching them at crime scenes. The process of collecting every shred of evidence intrigued her. Then she thought about Kevin Deal, who she had just arrested. Thinking purely as a young woman, she had to admit he was rather cute. Long scruffy, black hair tied back in a ponytail and a goatee beard. A typical small-time petty thief. But despite this, she still found him attractive. Of course, any association was entirely out of the question. It would be a disaster for her career.

Over the following months, Amy often dreamt about Kevin, imagining romantic settings with him centre-stage. She couldn't recall his real face from the dreams, but knew on wakening, that it was him. Amy romanced about turning him from a life of crime into a worthy member of society. She scolded herself, time and time again, angry and disappointed to imagine such utter rubbish and determined to forget him. But her mind persisted in idolising Kevin, despite her decision to join the Criminal Investigation Branch. A minimum of at least four years in the force was expected, before being considered for the CIB. But Amy applied to offer her three years, a criminology degree, and commendations by senior officers.

One thing that bugged her was when Kevin vanished. Not the fantasies, they continued, but his physical presence. He just disappeared, off the radar. She searched police records and noted the entries had stopped four months before. There was no record of any custodial sentencing, just a couple of community service periods. Strange, Amy thought, she expected him to have served some jail



time? Would this have increased his allure to her? She was confused and unsure of her feelings. What sort of detective would she make falling for him, like a hormone possessed teenager?

'Amy, you have been invited to attend a CIB assessment board in Wellington next week,' said the Christchurch Area Commander. 'As this coincides with a meeting, I have scheduled there on the same day; I think we should travel up together. That way I can show you around HQ and hopefully calm your interview nerves. That sound okay?' 'Yes, thank you, Ma'am.' The flight was over in no time, filled with good intended advice from Amy's superior. Both their meetings were later in the day, allowing plenty of time for Amy to become acquainted with the building's layout and functions. An hour before her interview, she decided to kill time in the canteen. Some plainclothes men entered, bantering with each other and laughing. Amy couldn't help noticing that one of them seemed familiar to her. A clean-shaven, dark-haired guy of around thirty. As this was her first visit to police HQ, how could she recognise anyone? Maybe she had seen him in Christchurch?

'I don't believe that, Kevin,' said one of them, laughing. Amy spluttered tea down her carefully pressed uniform. It couldn't be, no way. Suddenly she choked and standing up knocked over her chair. He was by her side in an instant, his arm around her waist. 'Hey! Are you alright? Love?' The voice clinched it her female intuition was right. It was her Kevin, but she must be dreaming again? She gasped, 'but you're a crim, aren't you?' She managed to say. 'Ha, ha, why do I look like one?' 'No, not anymore, but you did in Christchurch.' He stood back and released his grip, looking puzzled. 'Now I remember, you're the young constable that arrested me, am I right?' 'Yes, I did, but you looked completely different then.' 'Ah, that's because I was operating undercover, I'm a detective sergeant, constable. Now, may I suggest we sit down and play catch-up?'

Do you enjoy reading these stories? Would you like to connect with the writer so that he can create some new stories based on your ideas? Would you like to share any thoughts on the stories you have read so far? Contact Chats chatsdun@gmail.com

#### Plant closure forces temporary end to recycling

The contents of yellow wheelie bins put out for kerbside collection in Christchurch and Banks Peninsula will start going to landfill from next week to protect the safety of staff at the processing plant. EcoCentral has advised Christchurch City Council it is temporarily suspending operations at its Materials Recovery Facility (MRF), which unfortunately means there is no capacity to sort and process the mixed paper, plastic and glass put out for recycling.

"This is not an ideal situation but EcoCentral is concerned about the safety of its staff and their potential exposure to COVID-19," says Council City Services General Manager David Adamson.

"EcoCentral staff have to handle the recycling to remove contaminated products and that puts them at risk.

"The global impact of the COVID-19 crisis is also impacting on Eco-Central's ability to sell into overseas markets so the company has made the call to temporarily suspend its operations."

There is no capacity to store the recyclable material so it will have to go to landfill until the MRF resumes operations. Mr Adamson says if people are struggling to fit all their general rubbish in their red wheelie bin during the lockdown, they can put any excess in the yellow wheelie bin. However, this will be a short-term measure only.

"We're relaxing the rules for the period of the lockdown but as soon as the MRF reopens we will need people to resume using their yellow bins for accepted recyclable materials only. We cannot afford to let contaminated materials into the recycling stream – every 1 per cent of contamination costs us about \$75,000," Mr Adamson says.

"Please make sure that you continue to only put organic materials in the green wheelie bin. Bins should continue to be put out at the normal time."

Mr Adamson says if people are having issues with the capacity of their wheelie bins because of the COVID-19 lockdown, they should contact the Council Call Centre on 0800 800 149 or 941-8999.

Many other Councils around the country have also been forced to suspend their recycling operations as a result of the COVID-19 pandemic.





# Call to keep neighbourhood noise down

Rowdy neighbours are causing problems for people working from home or supporting stressed family members during the COVID-19 shutdown. The Christchurch City Council has received 188 noise complaints – including 159 after hours – since 25 March. Most relate to loud music. Council Head of Regulatory Compliance Tracey Weston says that there has been a marked increase in noise complaints over that period.

"However, noise complaints during the first weekend of the lockdown have dropped compared to previous weekends," Ms Weston says.

"Whether it is DIY enthusiasts making the most of their shutdown-imposed isolation or neighbours turning up the volume to tone down their boredom, everyone needs to be aware that many people are working from home or caring for stressed family members.

"We are urging everyone to consider their neighbours during this difficult period and keep the noise down – both during the day and the night.

"For many people, they are not only hard at work in a cramped home environment but also dealing with children or teenagers, or perhaps elderly family members living in their bubble.

"We are asking you to support your local community by not adding to the stress with loud noise, no matter the time of day. Please be considerate of your neighbours."

The Council responds to all noise complaints – day or night. During the day, staff first contact people by phone to attempt to resolve the issue. If they are unable to deal with the complaint by phone – and for all noiserelated calls during the night – the Council's after-hours service provider for noise control, Armourguard, visits the property that is subject to a complaint.

Article CCC Newsline

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#### LOCAL EXPORTS

All good Interiors and stuff	274755163 Contact: Polly Twist	pollytwist@allgoodstuff.co.nz www.allgoodstuff.co.nz
<b>Ausmic Electrical</b>	021 156 3436	Mick@Ausmicelectrical.co.nz
9, Governors Bay Rd, Cass Bay, Lyttelton 8082	Contact: Mick Bennett	www.facebook.com/Ausmicelectrical/
Blue Fusion Web Design	021 027 05450 Contact: Dana Dopleach	dana@bluefusion.co.nz www.bluefusion.co.nz
<b>Building on Basics</b>	0299737911	elise@bob.kiwi.nz
Financial Advice and Planning	Elise Vine	www.buildingonbasics.co.nz
Harbour Co-op 12 London Street Lyttelton	03 328 8544	shop@harbourcoop.co.nz
Ray White Next Step	020 4172 1510 Contact: Yvette Wright	yvette.wright@raywhite.com www.rwcashmere.co.nz
<b>Lyttelton Port Company</b>	03 328 8198	allreceptionists@lpc.co.nz
Waterfront House, 37-39 Gladstone Quay, Lytt	celton 8082	www.lpc.co.nz
<b>Lyttelsoft</b> For all your accounting needs	03 328 8671or 021 137 4103	penny@lyttelsoft.co.nz
7 Hyllton Heights, Lyttelton 8082	Contact: Penny Mercer	www.lyttelsoft.co.nz
<b>Manaaki Mai</b> Weddings, Lodge, Retreat Purat	ı 3299 852	andrea@manaakimai.co.nz
99 Purau Port Levy Road Purau	Andrea Dahl – celebrant	manaakimai.co.nz
<b>Printable Solutions</b>	0278 160 126	operations@printable.co.nz
92 Division Street, Riccarton	Contact: Ange hodgson	www.printable.global
Project Lyttelton	033289243	www.lyttelton.net.nz
HEALTH & BEAUTY		

<b>Lyttel Beauty</b> 32 Voelas Road, Lyttelton	0212973885 Contact: Emma Chambers	Lyttelbeauty@Hotmail.co.nz
Health Check Clinic Rapaki	03 3289415 Contact: Christina Henderson	rapaki@xtra.co.nz
<b>Moving Back to Balance</b> Gentle holistic bodywork	027 368 6515 Contact: Janet Taylor	taylor-smyth@slingshot.co.nz
Nu Dawn Oils	Contact: Dawn Cowan	dawncowan025@gmail.com52

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#### EAT, DRINK, DINE

<b>Coffee Culture</b>	033 287 080	Talk@Coffeeculture.co.nz
18 London Street, Lyttelton 8082	Contact: Leona & Marten Cooper	www.coffeeculture.co.nz
<b>Fishermans Wharf</b>	033 287 530	Contact@Fishermanswharf.nz
39 Norwhich Quay, Lyttelton 8082	Contact: PJ Gemmel	www.fishermanswharf.nz
<b>Governors Bay Hotel</b>	03 3299433 or 0275 329160	info@governorsbayhotel.co.nz
52 Main Road, Lyttelton 8971	Contact: Jeremy Dyer	www.governorsbayhotel.co.nz
<b>Lyttelton Arms</b>	03 328 8085	caroline@lytteltonarms.co.nz
17A London Street, Lyttelton 8082	Contact: Caroline & John Quinn	www.thelytteltonarms.co.nz
<b>Top Club</b> 23 Dublin street, Lyttelton 8082	03 328 8740	lytteltontopclub@gmail.com www.facebook.com/lytteltontopclub/
<b>Wunderbar</b>	03 328 8818	hi@wunderbar.co.nz
19 London Street, Lyttelton 8082	Contact: Alex and Vanessa	https://wunderbar.co.nz

PLACES TO STAY		
<b>Black Kiwi Apartment</b> 78a Reserve Terrace, Lyttelton	0220541954 Contact: Sasha Stollman	blackkiwibnb@gmail.com
<b>Dockside Accommodation</b>	021 152 3083	dockside@fastmail.com
22 Sumner Road, Lyttelton 8082	Contact: Julian Cross	www.lytteltonaccomodation.co.nz
<b>Governors Bay B&amp;B</b>	329 9727	eva@gbbedandbreakfast.co.nz
851 Governors Bay Road, Lyttelton 8082	Contact: Eva Mason	www.gbbedandbreakfast.co.nz
<b>Governors Bay Hotel</b>	03 3299433 or 0275 329160	info@governorsbayhotel.co.nz
52 Main Road, Lyttelton 8971	Contact: Jeremy Dyer	www.governorsbayhotel.co.nz
<b>The Rookery</b>	03 328 8038	rene@amma.co.nz
9 Ross Terrace, Lyttelton 8082	Contact: Rene Macpherson	www.therookery.co.nz

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#### THINGS TO DO

Adventure by nature	210721464 Sarah English	sarah@adventurebynature.co.nz www.adventurebynature.co.nz
Akaroa Kayaks and Elecric Bikes	211564591 Allie and Greville Walsh	contact@akaroakayaks.com www.akaroakayaks.com
<b>Airborn paddling</b>	022 0318420	info@airbornpaddling.nz
Inflatable SUP and kayak hire	Contact: Joe Jagusch	www.airbornpaddling.nz
<b>Black Cat Cruises</b>	0800 436 574	sales@blackcat.co.nz
Level 2, 5 Norwich Quay, Lyttelton 8082	Paul Milligan	www.blackcat.co.nz
<b>Bosman Ballet Flow</b>	027 316 3631	celia@bosman.nz
75 Main South Road, Upper Riccarton	Contact: Celia Bosman	www.bosman.nz
Canterbury leisure tours	03 3840999 Kevin Eldin	info@leisuretours.co.nz reservations 0800484
<b>Christchurch Attractions</b>	03 366 7830	emma@christchurchattractions.nz
Shop 13 Cathedral Junction, 109 Worcester Street	Contact: Emma Thomson	www.christchurchattractions.nz
<b>Hassel - Free Tours</b>	03 385 5775	bookings@hasslefree.co.nz
296 Prestons Road, Marshlands, Christchurch	Contact: Raina Roberts	www.hasslefree.co.nz
<b>Ohinetahi House &amp; Gardens</b>	3299 852	info@ohinetahi.co.nz
31 Governors Bay Teddington Road	Contact: Ross Booker	www.ohinetahi.co.nz
<b>Stoddart Cottage Gallery</b> Stoddart Cottage Gallery add Diamond Harbour	027 632 9709	info@stoddartcottage.nz

To become a member of the Lyttelton Harbour Information Centre please contact Ruth Targus 328 9093 or email office@lytteltoninfocentre.nz. \$99 a year enables your business to be listed in this directory, be on the website and have business information displayed at the Information Centre.