

LYTTELTON REVIEW

MAY 2019 • ISSUE: 230

PURAU • DIAMOND HARBOUR • CHURCH BAY • CHARTERIS BAY • GOVERNORS BAY • RAPAKI • CASS BAY • CORSAIR BAY • LYTTTELTON



IN THIS EDITION:

- **PUTTING THE MEANING BACK INTO EDUCATION**
- **ANZAC DAY**
- **CRUISE BERTH**

Next Issue print date: Issue 231, 21st May 2019.

Content Deadline: 5pm 17th May 2019.

REVIEW CREATORS

Lyttelton Harbour Review is a voluntary led community newsletter initiative developed after the February 2011 earthquake. It's a Lyttelton Harbour Information Centre initiative produced by former Chairperson Wendy Everingham and Committe Member Jenny-Lee Love.

The objective of the Lyttelton Harbour Review is to help keep local residents informed with what is going on in the wider Lyttelton Harbour community. Of course the success of the Lyttelton Harbour Review could not be possible without the ongoing support and enthusiasm from the wider community.

A big thank you goes out to everyone who sends information; is willing to be interviewed or lets us know what might be happening in the neighbourhood. The Lyttelton Harbour Review project would not be possible without you all.

If you have an event, topic, sport announcement, fundraiser or cause that you would like to share with the harbour community, then Wendy or Jenny-Lee would love to hear from you:

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Content Deadline: 5pm Friday

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Subscribe to the Review:

Email either Wendy or Jenny-Lee with the words "Subscribe Me" in the subject line and the Lyttelton Harbour Review will be delivered to your inbox.

In 2019 the Lyttelton Harbour Review is produced fortnightly. Any important information between times will be emailed as a Lyttel Broadcast if necessary.

Hard Copies of the Review are available at:

The Lyttelton Arms

Lyttelton Bakery

Leslies Bookshop

Lyttelton Community House

Lyttelton Harbour Information Centre

Lyttelton Health Centre

Lyttelton Library

Lyttelton Top Club

Back Copies Available to Download:

www.lytteltonharbour.info

WINTER SAILING AT NAVAL POINT



Rather than waste the winter season lazing round home.

TRY THIS!!! THE WHISKY GALORE WINTER SERIES

Naval Point has a series of races sponsored by Whisky Galore that run over 8 Sundays in the winter. They are a series of circuit races, similar to the ever popular Oborn's Wed night twilight races. They're open to all classes of boat and commence on Sunday 28th April 2019 with a start time of 1:00pm.

GREAT FUN

This is the chance for those who don't sail on a regular basis to get your mates together for some fun. Even if you don't race, there are plenty of people willing to give you a hand with launching your trailer boat or dingy or getting your keeler off the moorings and out of the inner harbour and onto the course and then giving you a few pointers on sailing the course. We'll even team you up with an experienced sailor to go out with you to help you with the course and some sailing tips. What else do you need ?, and there's always someone on the ramp or inner harbour to help with retrieving the boat or returning it to its mooring. All you need to do is just ask !! Remember it's all about being there and having some fun.

If you don't own a boat or would like to gain some experience about yachting, then you'll still be welcome. There are always boats looking for crews.

Registration is at the club rooms each Sunday afternoon, where there's someone there to explain the course. You don't need to sail every Sunday but I'm sure once you try it you'll be there each week.

Then after racing there's a social hour in the club rooms where you can swap stories, ask advice and of course, collect your prize.

This winter there's a special offer of a bottle of wine for the crew of each boat that enters for the first time for this year's series ie hasn't sailed in this series before.

Any queries contact: Willie Newman ph 0274302200 for trailers and dingies Phil Folter ph 027 232 7596 for keelers or Ross May ph (03) 328 7029

Give it Go !! See you There !!



PUTTING THE MEANING BACK INTO EDUCATION

After teaching for five odd years in many low-decile schools, with Pasifika, and Māori and pākeha children where poverty was rife, I realised children, regardless of income, needed regular, real-life meaningful experiences that took the children out of the classroom, into the community. So I left the classroom to find somewhere that put these dots together, to make meaningful connections. And I did just that for over six years as an Environmental Educator for CCC, where we met the Curriculum outside. But still, there was a gap.

Many children go once/ year to a week-long camp, where there is usually a lot of high ropes, abseiling activities or they go on an outing, once a term to the gardens. But what if, you could offer this, once a week - and get children into real-life everyday opportunities that are meaningful, didn't require much equipment and are outside the 4-walls? An opportunity that gets them off their screens (and technology) into something that nourishes their creativity engages their problem-solving and sparks their innovative ideas. What if, while doing so, their concentration is their mindfulness? Wouldn't that be the ultimatum? Our business, BushFarm School operates in Orton Bradley Park in both Term 4, on the farm and in term 1, in the bush to do just that. Currently, enrolled children drive from as far away as Darfield, Oxford and Papanui to attend this One-Day School.

On the last day of term, last week, I had a parent come up to me and ask to give me a hug. She said, "Thank you so much. With the one day in the bush, my child is thriving. He can't

wait for Bush School each week and what is he going to create or make. All of the teachers at the school are amazed at how transformative this experience has been for him". It is moments like these that I realise we are onto something. Education in NZ as we know it has to change. We must put together a new paradigm of how can we bring real-life experiences into the classroom on a regular basis. Or more importantly, how could we disrupt the current educational delivery of a normal school week into real-life experiences?

I have been living in the Bay for the last six years; first in Charteris Bay and more recently Diamond Harbour. Orton Bradley Park is a treasure of Christchurch and one of the key reasons; I have chosen to remain in this beautiful part of the world. My travels have taken me all over the world; from Ethiopia to Iran, India to Bolivia and each place has offered me an incredible opportunity of navigating risk. Travel offers rich perspectives and one I am super grateful for. But we can create healthy risk, here in this rich and varied landscape. I know that in these everyday situations, I thrive. So why not create this for our children too? Why not create regular once-a-week exposures to just that?

I'm heading to the University of Alaska, for a short-term contract as I've been recognised as a subject matter expert. I shall design a sustainability curriculum that uses nature play, nature mentoring and place-based experiential experiences. I shall be back in September to resume BushFarm School. Look forward to hearing from you in the meantime! Please check out my website: www.bushfarmschool.com

Article Katie Earle BushFarm School







CRUISE BERTH PUTTING LYTTELTON ON THE MAP

New Zealand's first ever custom-built cruise ship facility is now officially set to be opened by the Lyttelton Port Company in November 2020. While smaller vessels have continued to visit, large cruise vessels have been unable to berth at Lyttelton Port since the February 2011 earthquake. With the new cruise berth in place, LPC will be able to welcome the full range of cruise vessels, including ships that cater for over 5,000 passengers and 2,000 staff.

The cruise berth is currently under construction with piling on schedule, meaning the facility will be open by November 2020, in time for the 2020/2021 summer cruise ship season. LPC Chief Executive Peter Davie says more than 70 bookings for cruise ships for the 2020/21 season have been received.

"The new berth means Lyttelton will be able to berth a larger cruise vessel on the new Cruise Berth and still have smaller cruise ships in the inner harbour. We will be able to say yes to all cruise ships."

Passengers will then be transported by bus from the cruise ships into Lyttelton and hristchurch, where they can explore everything Canterbury has to offer. Deputy Mayor of Christchurch and Councillor for Banks Peninsula Andrew Turner says the construction of the cruise berth is an exciting step forward for Canterbury.

"This really puts Lyttelton and Christchurch on the map." From Lyttelton, the passengers can explore the newly-rebuilt Christchurch central city, as well as travel by train to the

West Coast. Cruise Lines International Association (CLIA) Australasia Managing Director Joel Katz congratulated the Lyttelton Port Company on the infrastructure project.

"The investment in port facilities at Lyttelton is a further sign of the Canterbury region's recovery and resurgence following the devastating 2011 earthquake in which the port experienced significant damage," Mr Katz said.

"In addition to highlighting the region's resilience, the facilities provide cruise operators with greater flexibility and choice in itinerary planning for the growing number of cruise visitors to New Zealand."

For more information on the project and construction updates, visit the Harbourwatch website.

Article Lyttelton Port Company



PLENTY TO SHARE WHAT A SUCCESS

The Lyttelton Harbour Timebanks 15th year was celebrated recently with an amazing community dinner at Trinity Hall. The beauty of the Timebank is everyone gets to contribute to the evening. Some people brought food to share, others helped with the organisation and some performed.

It was such an evening of celebration. A huge thanks to Amy Jeffrey, the Timebank's intern for the month all the way from London. She did an amazing job connecting with people and encouraging them to join in. Approximately 70 people enjoyed the evening.

"The best part of the night for me was the great cross section of our community who came along. There was something for everyone and I think the best compliment was that even the teenagers stayed and enjoyed the community performances", said Timebank Coordinator Wendy Everingham. Ages ranged from babies to elders and all in-between.

The evening was so refreshing. Candice Milner began the musical entertainment. Candice is also the leader of the "Girls Group" at Project Lyttelton. Prior to the event in the school holidays Amy organised the "Girls Group" to make the table decorations. Jill and James treated us to their dance performance. Lyttelton Primary students Jordan and Marlo sang. They were followed by the wonderful Jabulani Choir. Led by Timebanker Jillie Toogood the choir was amazing with their gospel songs. There were quite a few Timebankers amongst their group. Their music was heart-warming. They were followed by Greg Larking and Chris Welles who did a theatrical skit and Natalia Artemiev played the piano.

"Thank you to everyone who made this evening possible. A nice old fashioned evening with old and new friends and a very heart-warming night for those who attended".

Just in case you are unaware the Jabulani Choir come together



every Monday night from 7:30-9:20p at the Lyttelton Union Parish Chapel on Winchester Street. They are keen for new members.

Jabulani's website is: <http://www.jillietoogood.co.nz/jabulani-choir-lyttelton-christchurch>.

Article Lyttelton Harbour Timebank

DOG POO

JUST WHAT TO DO WITH IT?

Communities called for “Doggy Bags” to collect our dog waste but now that single use plastic bags are on the way out some people are asking just what they do next?

The Waste Management Institute of New Zealand (WasteMinz) works with council waste officers and others involved in the waste management industry. They have come up with some guidelines on alternatives to plastic doggy bags and also how to dispose of dog poo safely.

Their guidelines begin with a reminder about how hazardous dog poo can be to humans.

Dog faeces can contain campylobacter, E. coli and salmonella type bacteria, along with various parasite worms, which can all be transferred to humans. For these reasons dog faeces should never be left in the open environment where it can be eaten by other dogs or enter waterways. It should also not be added to a compost system where the compost is to be used on vegetable gardens or fruit trees. If you want to compost your dog’s faeces at home use a separate system and apply to flower gardens only.

With that hazard in mind it looks like dog poo is best taken home for safe composting for garden plants or popped in some sort container heading for landfill rather than being left in the environment where it is an environmental and hazardous health waste.

WasteMINZ suggests that as a pet owner if you still want to collect your dog poo in plastic it is better to use an existing plastic bag rather than a single purpose use dog one.



“That means saving your soft plastics for your dog. This could be a chip packet, a frozen vegetable bag etc. These bags can no longer be recycled. This option would give these bags another use before heading to landfill”.

If you are a really committed dog owner and don’t want to use re purposed plastic bags WasteMinz also discovered a few other things you can do.

There is a specialised commercial pet composting system that you can purchase from ZingBokashi NZ. It comes complete with tongs, buckets and composting materials. Your pet poo can be composted specifically for your garden beds with this system.



Depending on how hands on you want to be with your systems you can also create a separate compost system yourself. That involves buckets, tongs, tins etc. The key here is to ensure that anything you re-use is thoroughly washed because of the pathogens that can be contained in dog poo. Dog poo collection containers can also be made out of re-used tins or repurposed containers. One person has repurposed a tomato sauce bottles specifically for this purpose!

For more detailed information from WasteMinz visit <https://www.wasteminz.org.nz/resource-library/>

Article Lyttelton Review

LYTTELTON PORT COMPANY

CHIEF EXECUTIVE TO RETIRE

Lyttelton Port Company Chief Executive Peter Davie announced on Monday April 28th that he will be retiring at the end of 2019.

“After 16 years as Chief Executive at LPC, it’s time for me to move on to new endeavours,” said Mr Davie.

Peter joined Lyttelton Port Company as CE in 2003, and was initially involved in re-establishing relationships with staff and customers, as well as expanding the business. This included the acquisition of the Port’s first inland terminal, CityDepot.

During Peter’s time as CE, container volumes through Lyttelton Port have tripled to be over 50 per cent of the South Island’s container movements. However, the biggest challenge was the series of earthquakes that struck Canterbury in 2010 and 2011.

“We had to keep the Port operating while emergency repairs were carried out. I’m proud of the fact that we were closed for no more than three days, meaning that the vital connection of the Port kept trading despite the February quake being centred virtually under Lyttelton.”

Following the earthquakes, and insurance settlements, the Port then engaged and consulted on their redevelopment plan. As a result of that process, Peter has overseen the largest series of developments in the Port’s history.

“Lyttelton Port is now incredibly well-positioned for the future. We have new berths, an expanded container terminal thanks to the reclamation programme, and a successful Inland Port at Rolleston,” said Peter. “We also have consents in place to reclaim more land, and to further deepen the channel, ensuring that the Port is set up to support exporters and importers in the long-term.”

“We’ve also opened up the inner harbour for the Community, with the completion last year of Canterbury’s only walk-on floating marina at Te Ana.

Peter also acknowledged the team at LPC who have kept the Port humming and made sure that the Port came out of the earthquakes stronger.

“LPC people are tough, resilient and dedicated. The people of the South Island should be rightly proud of the work they do to make sure our businesses are connected to the world.”

With the Port’s future well-positioned, Peter has decided it is time for someone new to carry on the hard work. Next



year, he and his wife Wendy intend to sail the South Pacific and take a well-earned break.

Lyttelton Port Company Board Chair Margaret Devlin thanked Peter for his extensive contribution to the Port.

“Peter’s leadership during the earthquakes and the rebuild of the Port are particularly appreciated. The Board wishes Peter well for his future endeavours.”

“The Board have appointed Kerridge and Partners to work with the Company on the CE search. We will provide further updates as the process progresses,” said Margaret Devlin.

Article Lyttelton Port Company

MOA MAN

STORY BY CHATS DUNCAN

Will paused and listened intently. Nothing. No sound of the elusive Moa. Surrounded by familiar bush noises he'd known all his life, but not the turkey-like gabble he so yearned to hear. The sun penetrated through into the small clearing. The elaborate Moa costume he wore overheated him. He removed the headpiece, sat on a fallen tree and shook his head. Fifteen years scouring the most remote areas of native forest, inland from Fiordland. Will was committed to finding a living Moa. But told no one of his obsession. It remained his well-hidden secret.

He shrugged off his small backpack and drank sparingly from his water canteen, savouring every mouthful. Checking his ordinance survey map, he found he was further into the forest than he'd ever been before. Maybe even the first man to penetrate this far. Looking around he saw majestic Kauri trees, tall Nikau palms, Beech and flowering Pohutukawa; that brought a touch of Christmas to the scene. Amid masses of native fern. If only he could find a living Moa. He'd found ancient bones previously, that he should have passed on to the Christchurch museum. But years before he had experienced the scorn of the then curator. "Are you mad? There has been no sign of Moa for over 600 years, over-hunted to extinction by Maori." Will had stiffened at the rebuke but had said nothing.

Dinornis Robustus, the big one of the Moa range. That's the one I would like to find, he thought. 3.6 metres tall and weighing up to 230 kg. Enormous! Surviving mainly on a diet of fungi, mushrooms, berries, daisy bush leaves and other small plants. Will jumped up, hearing something approaching through the bush. Seconds passed in nervous anticipation. Was this to be his moment, the vindication for his commitment? Whatever made the noise had stopped

moving, possibly grazing. He waited, like so many times before, hoping to connect with his prey. But nothing.

The wind rustled in the trees, and the birds sang. Will knew them all and appreciated their company. Tracking could be lonely work, ask any possum hunter. Will checked the time, nearly time to eat. The final day of his trek. Tomorrow would see him hiking out, returning to his property on Purau beach. Nothing fancy, just the essentials. His was a lonely life but one that suited him. He grew all his food requirements as Will was a staunch vegan. He spent many hours researching Moas and had collected an impressive library of books on the subject.

Nearly dusk time, he enjoyed the last cold portion of a quiche he had cooked at home, together with an apple. The bush birds were chattering away before settling down for the night. When suddenly they all stopped. Utter spooky silence. Will held his breath realising the breathing he heard was not his own. Something was out there and close. The darkness had arrived without Will noticing. Despite being an experienced bushman, he felt uneasy. What was nearby, maybe just a possum? Then he heard something different, a chomping gagging sound. Could it be the sound of a grazing Moa? His heart rate doubled. Was he at last about to collect his just reward?

Will slid out his mobile, selected its torch facility and illuminated a wild boar; who snorted before speeding off through the undergrowth. Will was disappointed but still chuckled. Another close encounter, but with the wrong species. How many times had this happened? More than he cared to remember. Settling into his light-weight sleeping bag Will tried to sleep, but although tired, his mind kept conjuring up disturbing images. The sounds of the bush seemed different. He opened his eyes to find a silver fern frond brushing his face. Somehow this unnerved him, and he shone his mobile phone light around for reassurance. Then he copied the birds and tried to sleep, with fantastic Moa images circling him. The first streaks of dawn appeared, magic fingers riding across his sleeping bag. It was cold, and Will decided to stay put, at least until the birds got up.

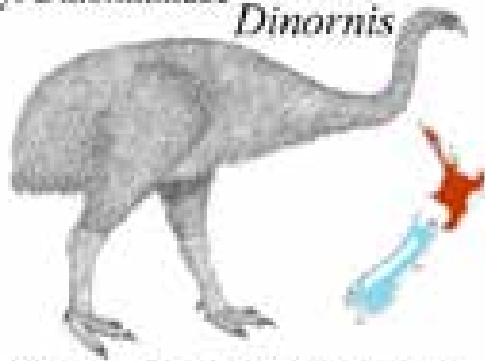
Hours later, he recalled the images from the evening before. So near and always so frustrating far. Was he wasting his life chasing an illusion that would never appear? Regardless of no evidence that they still existed; Will remained convinced they did. Unreasonable? Yes possibly, but someone needed to find one and prove the experts wrong, and why not he? He paused to refill his water container, kneeling and placing his pack to one side. Cupping his hands to drink he looked straight at a mighty Dinornis Robustus, busy drinking on the other side of the stream. Will had found a giant Moa, a live healthy looking one, and was filled with awe at its size close up. The years of searching had all been worthwhile; they would both become famous. Will reached for his phone to record the exciting moment. Then cursed, no battery power, he'd left his phone light on last night. No one would ever believe him now.



MOA FAMILY

Family: Dinornithidae

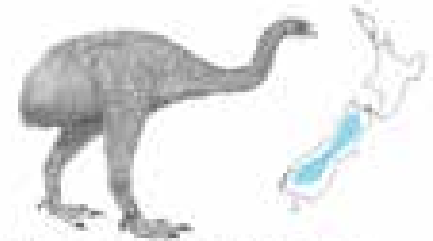
Dinornis



Systematics: Two species, *D. robustus* (South Island, blue) and *D. novaezealandiae* (North Island, red).
Dimensions: 56-249 kg and 90 to 200 cm in height - significant sexual dimorphism with females up to three times the mass of males.
Habitat: Browsing generalist - has been found in upland, lowland and open forest habitats. The larger forms occupied low rainfall areas.

Family: Megalapterygidae

Megalapteryx



Systematics: Monotypic, *M. dalmani*, (South Island).
Dimensions: 28-80 kg and 65 to 95 cm.
Phenocene specimens are significantly larger than Holocene forms.
Habitat: Subalpine scrub, grassland and high country forests (usually >900m).

Family: Emeidae

Anomalopteryx



Systematics: Monotypic, *A. dalmanis*.
Dimensions: 26-64 kg and 50 to 90 cm.
Habitat: Non-coastal lowland forests with a continuous canopy.

North
Island

Euryapteryx



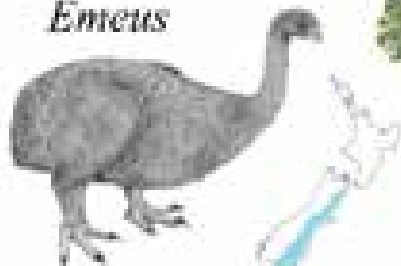
Systematics: Monotypic, *E. curriei* (formally *E. gravis* and *E. gravisoides*).
Dimensions: 12-109 kg and 51 to 103 cm.
Habitat: Drier climates - typically lowland open forest and coastal sites.

Southern
Alps

Cook
Strait

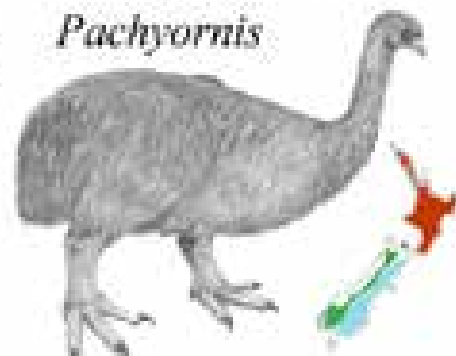
South
Island

Emeus



Systematics: Monotypic, *E. crania*, (South Island).
Dimensions: 36-79 kg and 73 to 99 cm in height.
Habitat: Preference for lowland forest (usually <200m) and swamps.

Pachyornis



Systematics: *P. gravisoides* (North Island), *P. elephantopus* (blue) and *P. australis* (green) (South Island).
Dimensions: 17-163 kg and 54 to 121 cm in height.
Habitat: *P. australis* occupied subalpine grassland, *P. gravisoides* and *P. elephantopus* preferred lowland forest edges and wetland vegetation.



LYTTTELTON CLUB INC
23 DUBLIN STREET, LYTTTELTON

GRAND OPENING

2019

SATURDAY 11TH MAY
STARTING AT 2PM TILL LATE



COME DOWN
AND SEE WHAT WE HAVE TO OFFER



SLOPE INSTABILITY REASSESSED IN PARTS OF CHRISTCHURCH'S PORT HILLS

The Council has agreed to start work on a proposal to ask the Minister for Greater Christchurch Regeneration to use section 71 of the Greater Christchurch Regeneration Act to make some fast-tracked changes to the District Plan.

The changes relate to the slope instability overlays on the Port Hills and on-site parking requirements in the Lyttelton town centre.

The changes, if approved, will remove the unnecessary restrictions some Port Hills property owners are facing and make it easier to develop commercial sites in Lyttelton.

Below is the story that was published in CCC Newsline on April 3rd.

Christchurch City Council is considering using a fast-tracked process to change the District Plan to reflect new information about the slope instability risk in some parts of the Port Hills.

After the earthquakes, slope instability modelling was done in the Port Hills to identify which properties were affected by, or potentially at risk from, rockfall, cliff collapse or mass movement.

The slope instability on parts of the Port Hills has been reassessed. As a result of that modelling, mapped hazard areas, called slope instability overlays, were included within the District Plan.

In the slope instability overlays, most development requires resource consent. However, hazard removal works done over the past few years, coupled with new technical information, means there is now a different or lower risk in some parts of the slope stability overlays.

Despite the changed risk profile in those areas, all properties within the overlays remain subject to the original rules, which is imposing unnecessary restrictions and costs on landowners.

In April the Council's Regulatory Performance Committee voted to recommend the Council ask the Minister for Greater Christchurch Regeneration to use Section 71 of the Greater Christchurch Regeneration Act (GCRA) to update the slope instability overlays in the District Plan to reflect the changed risk profile.

A report considered by the Committee said that without an amendment to the slope instability overlays, affected property owners would continue to have unnecessary restrictions, costs and uncertainty imposed on them.

"This may result in property owners being unable to carry out activities on their properties, may hinder property sales and may be affecting property values," the report said.

Changes are only being proposed for properties already known to the Council to have lesser risk. This is to ensure that the changes can be made quickly for affected landowners.

Lyttelton parking

The Committee also voted to recommend the Council ask the Minister to use Section 71 of the GCRA to change the District Plan provisions relating to on-site parking requirements in the Lyttelton town centre.

The current requirements are inhibiting the development of several sites along London Street and therefore the wider regeneration of the Lyttelton town centre.

Article CCC Newsline and BPCB Newsletter



Rapaki Free Health Check Clinics Monthly Wednesday Clinics at Rapaki Marae

As from the 17 April 2019 our Health Team will be hosting free Monthly Health Check Clinics at Rapaki. We would like to invite all whanau and whanui to attend. The times will vary to cater for those that cannot make the afternoons.

June, August and November, from 5pm – 8pm.

April, June, July September and October, 10am – 3pm.

Tiang yuan Qu, Optometrists will be bringing his eye equipment. The technology that Tiang uses can help detect a range of diseases including;

- ☐ Glaucoma
- ☐ Cataracts
- ☐ Macular degeneration
- ☐ Diabetes

Debbie Williams, Life unlimited hearing, is a charitable trust and is funded by the Ministry of Health for New Zealand citizens and permanent residents aged 16 years and over. Debbie is a trainee therapist.

- ☐ Hearing evaluation with a qualified hearing therapist.
- ☐ Information on hearing aids and other technology, including funding options.
- ☐ Referrals to other health services if needed.
- ☐ Advice and tips for living with hearing conditions like tinnitus.

Kereana Harris, He Waka Tapu nurse

- Free cervical smears
- Smears in women's whare
- Onsite at our nurses station
- Smears in GP practices, as an outreach service
- We also have a He Waka Tapu mobile clinic, towed by our company truck. This allows us to smears remotely in remote areas, because when doing smears there is no power required.
- Free transport to and from our Clinic's.

Brendon McIntosh, Our Pharmacist will check your medication if you bring in your prescription Brendon will ensure that you are on the right level of medication and offer advice and give information.

Cara Meredith or Frances Paterson, Te Puawaitanga offer blood pressure checks and Health information e.g. Mothers & Pepi. Will be available April, August, September and November 2019.

Carmel Gregan-Ford, Kidney Health New Zealand, will join us in July 2019 and can do Kidney checks.

Cate Grace, Whanau Whanake offers support, health programmes and health information.

Dates and times for the clinics are:

17 April 2019, 10am – 3pm

26 June 2019, 5pm – 8pm

24 July 2019, 10am – 3pm

21 August 2019, 5pm – 8pm

18 September 2019, 10am – 3pm

23 October 2019, 10am – 3pm

20 November 2019, 5pm – 8pm

More Information Contact: Christina Henderson Cell No: 021 537097 Landline: 03 378 6824

ELECTION YEAR IS CHANCE TO BUILD THE CHRISTCHURCH YOU WANT

With local body elections only six months away, people in Christchurch and Banks Peninsula are being encouraged to consider becoming a candidate and to make sure they are registered to vote.

“The people we elect will make decisions – big and small – on our behalf for the next three years.

Make sure you register to vote in this year's local body elections.

“Some of those decisions will shape the city for generations. This year's local body elections are a great opportunity for residents to have a say in the decision-making and to get their views heard,” says Christchurch City Council's Electoral Officer Jo Daly.

The local body elections are being held on 12 October. The Mayorality, 16 Christchurch City Council seats and 37 Community Board seats will be up for grabs. Elections will also be held at the same time for Environment Canterbury and the Canterbury District Health Board.

All enrolled voters can cast a vote for their preferred Mayoral candidate, while Councillors and Community Board members will be elected by voters from the wards they represent.

“Voting is incredibly easy in Christchurch, and, as usual, will be done by post. Online voting won't happen this year, but Councils around New Zealand are investigating how it could work in future elections,” Ms Daly says.

People wanting to participate in the elections will need to make sure they are on the Electoral Roll by 16 August. If they miss that deadline, they can still cast a special vote.

Voting papers will be delivered to everyone on the Electoral Roll from 20 September.

Ms Daly urges everyone aged 18 and over to make sure they are enrolled so they can participate in the election by casting a vote.

She says people should also consider standing for a Council or Community Board seat.



“There's no need to wait for someone else to represent you. There are many wonderful people throughout the community who have just the right sort of skills for these vital roles, but they may not realise it,” she says.

“We want representation from all communities across our city so that our elected members reflect the diversity of Christchurch.”

Candidate nominations open on Friday 19 July and close at noon on Friday 16 August. Positions are open to New Zealand citizens aged 18 and over who are on the Electoral Roll.

People thinking of standing for election can find information about what is involved on the Christchurch City Council's Elections website.(external link) The Council will run information sessions for prospective candidates in June and July. Details of these sessions will be released closer to the time.

Voters wanting more information about the election are also encouraged to check out the Council's Elections website(external link). They can also email Jo Daly at elections2019@ccc.govt.nz or call her on 03 941 8581.

Article CCC Newsline

VOLUNTEER RECOGNITION AWARDS

Volunteering Canterbury is now calling for nominations for this year's Volunteer Recognition Awards. Nomination forms are available from Volunteering Canterbury's office in Christchurch Community House, 301 Tuam Street or from their website.

Nominations close 4pm, Friday 17 May. Awards will be presented at Civic Offices on Monday 17 June.

CHRISTCHURCH HERITAGE FESTIVAL 7–28 OCTOBER

Christchurch Heritage Festival (Heritage Week) is on its way, and we're pleased to announce that this year's theme is **Encounter Our Stories** as we bring together a wide range of community events and activities.

The theme ties in with the Tuia – Encounters 250 commemorations taking place around the country this year, marking 250 years since the first meetings between Māori and Europeans on the shores of Aotearoa New Zealand. Here in Ōtautahi/Christchurch and Te Pātaka o Rākaihautū/Banks Peninsula we have many stories, from Ngāi Tahu, the European settlers, Pasifika and people of many ethnic and cultural backgrounds who have made the city home.

The Christchurch Heritage Festival is an opportunity to share the stories of the past that link us to this place. **He tātai muka, he tātai tangata – weave together the strands, weave together the people.**

We're reaching out to community groups, businesses and individuals - anyone who may have a great idea for a festival event. Applications open online from 8 May, visit ccc.govt.nz/heritagefestival

To get in touch with us please email heritage@ccc.govt.nz

HARBOUR COOP – AUTUMN HARVEST TIPS

Throughout the world, autumn is celebrated with harvest festivals. Nature is taking care of us by providing a glorious bounty of fruit and vegies to prepare and store for the lean winter months ahead.

- make chutney and relishes with extra tomato / cucumber / zucchini
- bottle or dehydrate excess apples / pears and plums
- wait to harvest pumpkins..do the knuckle test - they should sound hollow
- feijoas - eat immediately, stew or freeze

PREDATOR FREE PORT HILLS

Trapping Tips

Possums are curious and will take time to investigate new things – make your trap visible by adding reflective markers, and a blaze of flour and icing sugar leading up to your trap.

Rats are cautious and need to get used to something new before checking it out.

They are also clever, so if you haven't caught anything for a while, it may be worth changing to a different type of bait and/or moving the trap to a slightly different location

LYTTELTON HARBOUR BUSINESS ASSOCIATION MONTHLY MEETINGS

Did you know that the LHBA has regular monthly meetings? Any LHBA member may join the monthly meetings by emailing Anne at admin@lhba.co.nz

We have regular visitors who come to talk to the group, as well as regular reports within the group such as a Farmer's Market report, Art Committee report, and a general round table report that normally includes reports from LPC, the information centre, and Project Lyttelton among others.

If you are interested in what is happening in the business scene in Lyttelton, feel free to join us for our next meeting (space allowing), second Tuesday evenings of each month.

NAVAL POINT CLUB NEWS

Port Levy Regatta

If you weren't in Port Levy on Saturday...you missed a good one! Nine boats rafted up on the Jetty mooring in the light, but warm, north westerly breeze before 7 lined up for the Ken Camp Trophy race. The 5 to 6 knot breeze with increasing sunshine suited the relaxed nature of the event but provided enough of a challenge for the short-handed crews involved.

Line honours went to Legacy II, with the Noelex 22 Cannon Ball, sailed by Ross Dixon, achieving a very appropriate handicap and trophy win. The trophy was presented to Ross by Commodore Colin on the deck of Retriever with the fleet enjoying a pleasant afternoon in the idyllic Koukourarata, Port Levy.

Make sure you don't miss next year's Easter Port Levy regatta.

Volunteer Call

NPCL is looking for volunteers to help with work on rebuilding the west wall of the rescue boat shed. This will involve removing the damaged block wall. Should anyone have use for these removed blocks (maybe as hardfill), you are welcome to have them. Greg Bowater will be overseeing the project and we are looking for expressions of interest who would like to help. Once we have a team of volunteers, we will confirm a date for work. Please contact the club office if you can spare some time and energy to help. office@navalpoint.co.nz



SNAP SEND SOLVE - SNAP SEND SOLVE

Is the City Council's smartphone app to help make reporting issues easy.

Report issues from your mobile phone

The Snap Send Solve app works by identifying the location the photo is taken using the phone's GPS data.

It sends an email to the Council from your email address, including the incident type, notes, address of incident, photo, and contact details.

The report is then allocated to the relevant Council department.

The more information provided, the better we can help isolate and investigate the issue.

PENINSULA ART AUCTION DATE CHANGE

Please note the new dates. The Exhibition and Art Auction will run over the weekend of 3rd - 4th August 2019 at Lyttelton Primary School 34 Oxford Street, Lyttelton. We have over 100 pieces of art including jewelry, paintings, photographs, pottery and sculptures to be on display from more than 60 contributing artists. There are three visitor-friendly parts to the event:

- 3-4 August 2019:
Exhibition weekend
(gold coin entry to viewing of all submitted works)
- 3-4 August 2019:
Silent Auction
(open to exhibition and Gala Evening attendees)
- 4 August 2019:
Gala Evening and Live auction (open to Gala evening attendees and phone bids by prior arrangement)

SURVEY LOOKS AT CHRISTCHURCH RESIDENTS' VIEWS ABOUT CLIMATE CHANGE

"Climate change leadership is a strategic priority for the Council and we are committed to doing all we can to reduce the city's carbon emissions and to prepare the city for the opportunities and challenges presented by climate change," says Council Head of Strategic Policy Emma Davis.

"As an organisation we have already set ourselves the goal of being carbon neutral by 2030. Now, as part of our Climate Change Strategy, we are in the process of setting a carbon neutral target for Christchurch as a whole.

"We will be working with our communities on the strategy but one of the first things we want to do is to get a snapshot of how people are feeling about the issue of climate change and get their input into what we should be doing," Ms Davis says.

To help gather that information the Council has put together a short online survey visit <https://www.research.net/r/climatechangeCHCH>

People have until 31 May to complete the survey.

COMMUNITY BOARD NEWSLETTER

Every month the Banks Peninsula Community Board report on what is happening in our ward with local events, work being undertaken by the Council, updates and issues in the community relevant to the Peninsula. The newsletter is emailed out to anyone who would like to receive it. If you would like to receive the monthly Banks Peninsula Community Board newsletter email amy.hart@ccc.govt.nz and we will add you to the list.

LPC LIGHTHOUSE

Quite a few people were concerned about the fate of the small lighthouse that used to sit out on Z berth before the earthquakes uplifted that wharf. You will be pleased to know that this is the Port Company response.

"We are pleased to confirm the Lyttelton Lighthouse will be restored and we intend to place it close to its original location.

Although it will no longer be a working lighthouse used for navigation, it will be restored and in place by the time the new Cruise Berth is opened in 2020."





LYTTELTON CLUB INC
23 DUBLIN STREET, LYTTELTON

SOMETHING MONSTER



**IS HAPPENING AT THE
TOP CLUB**

**COME DOWN AND SEE WHAT WE
HAVE TO OFFER**

**SATURDAY 11TH MAY STARTING AT
2PM**



Stoddart Cottage Gallery presents

Near and Far

by Diamond
Harbour Painting
Group

3rd – 26th May

OPENING EVENT SATURDAY 4TH MAY 2.30 – 4PM

ALL WELCOME.

**EXHIBITION RUNS EVERY FRIDAY, SATURDAY, SUNDAY FROM
10AM – 4PM.**

**DIAMOND HARBOUR PAINTING GROUP MEETS EVERY
WEDNESDAY AT ST ANDREW'S HALL, DIAMOND HARBOUR. NEW
MEMBERS WELCOME. CONTACT ALISON ROBERTON 021 213 324.**

off the wall

GRAFFITI VOLUNTEER PROGRAMME

Help report graffiti in
your neighbourhood.



03 941 8999



info@ccc.govt.nz



Snap Send Solve App

Orion

graffiti
PROGRAMME

Christchurch
City Council





LYTTELTON COMMUNITY GARDEN



**Welcome to the beautiful Lyttelton Community Garden.
You are very welcome to wander, relax & enjoy this
amazing space at any time**

RECOVERING GARDEN

**Before you grow great veggies you need great
soil. The soil in the Community Garden was found
to contain lead so we are rebuilding our garden
and our soil - learning lots of interesting ways to
grow food in an urban environment**

JOIN US WEDNESDAYS

**Come say hello Sue-Ellen, Jacq & Sarah
We work in the garden every week
Enjoy a shared lunch @ 12.30pm Wednesdays
Or get involved any day that suits you**



TOP TIPS

**Water the garden if it looks dry
Pull a few weeds from the path
Check out the glass house
Stop and say hello to the chickens**

Want to know more? Get in touch today!



CG@lyttelton.net.nz

Always BEE careful



Dishes from **AROUND THE WORLD**

MEXICO



THAI



JAPAN



INDIAN



SPANISH



PHILIPPINES



\$15 DISHES

Every Wednesday from 5pm

May, June, July & August

Starts Wednesday 8th May



SYCAMORE

DO YOU RECOGNISE THIS?

In Lyttelton you will probably have come across Sycamore in your garden. Its small, helicopter like seeds are easily distributed in the wind and as a result you will see these trees in the reserves and gardens around Lyttelton. They grow very quickly and once in the open spaces it they aren't contained really impede the growth of our native plants.

This fact sheet from Weedbusters explains what Sycamore looks like and if you have it in your garden and want to get rid of it gives you the details on how.

Thanks to the Banks Peninsula Conservation Trust's Weed Workshop a variety of publications were shared with the wider community and this was one of them. Stay tuned for more weed information sheets in future editions of the Review.

Sycamore

Acer pseudoplatanus

Family

Aceraceae (maple) family

What does it look like?

Deciduous tree (<20 m tall) with smooth grey bark and hairless green shoots. Large buds (<5cm long) have pinkish inner scales. Bluish-green 5-lobed leaves (8-14 x 10-20cm) are in opposite pairs on reddish stems. Flowerheads (Oct-Nov) are narrow drooping clusters (5-15 cm long) of many dense, green flowers (2-4mm long), followed by reddish, winged, 'helicopter' seed capsules (2-4 cm long) containing two seeds (5-10 mm long).

Are there any similar species?

Maple similar, but seeds are green ripening brown.

Why is it weedy?

Long-lived, forms dense (often pure) stands. Produces many, long-lived, well dispersed seeds. Seedlings shade tolerant. Tolerates warm to very cold, moist to dry, most soils, wind, salt. Possibly able to release toxins into the soil to stop other plants growing near it.

How does it spread?

Wind, occasionally water movement. Plantations, hedges, gardens, waste places.

What damage does it do?

Forms dense (occasionally pure) stands, prevents recruitment.

Which habitats is it likely to invade?

Disturbed and intact forest and shrubland, short tussockland, fernland, river systems, bare land.

What can I do to get rid of it?

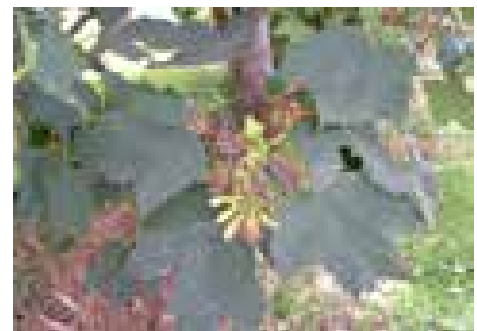
1. Dig out small patches (all year round): dispose of at refuse transfer station, burn or bury.
2. Bore and fill (summer-autumn): make 1 hole every 100 mm around the trunk and fill or saturate each hole with 2g metsulfuron-methyl 600g/kg; or 1.5ml glyphosate; or 5g picloram gel.
3. Cut trunk and paint stump (summer-autumn): cut trunk near to the ground, and swab freshly cut stump with metsulfuron-methyl 600g/kg (5g/L); or Tordon BK (50ml/L); or picloram gel
4. Overall spray (full leaf stage only): metsulfuron-methyl 600g/kg (5g/L).

What can I do to stop it coming back?

Follow up 6-monthly for at least 2 years before replanting bared sites to minimise seedling regrowth



www.weedbusters.org.nz



EVENTS

TUESDAY MAY 7TH

Lyttelton Arms 5-7pm
Happy Hour

Wunder Bar 7pm
Open Mic Showcase Night

WEDNESDAY MAY 8TH

Lyttelton Arms 5-7pm
Happy Hour

THURSDAY MAY 9TH

Lyttelton Arms 5-7pm
Happy Hour

Lyttelton Club 5-6 7-8pm
Happy Hour

FRIDAY MAY 10TH

Lyttelton Arms 5-7pm
Happy Hour

Lyttelton Club 4-6pm
Happy Hour

SATURDAY MAY 11TH

Allandale Hall 7pm
Ceilidh

Lyttelton Arms 5-7pm
Happy Hour

Lyttelton Arts Factory LAF
Pint & A Half Quiz Night

Lyttelton Crafts & Treasure 9-1pm
Collets Corner

Lyttelton Farmers Market 10-1pm

Lyttelton's Retro Art and Craft Bazaar 9-1pm

Lyttelton Top Club 2pm til Late
Grand Opening 9-1pm

Wunder Bar 8.30pm
3kg

SUNDAY MAY 12TH

Lyttelton Arms 5-7pm
Happy Hour

Black Cat Harbour Cruise 11am and 1pm
Mothers Day

TUESDAY MAY 14TH

Lyttelton Arms 5-7pm
Happy Hour

Wunder Bar 7pm
Open Mic Showcase Night

WEDNESDAY MAY 15TH

Lyttelton Arms 5-7pm
Happy Hour

THURSDAY MAY 16TH

Lyttelton Arms 5-7pm
Happy Hour

Lyttelton Club 5-6 7-8pm
Happy Hour

FRIDAY MAY 17TH

Lyttelton Arms 5-7pm
Happy Hour

Lyttelton Club 4-6pm
Happy Hour

Wunder Bar 9pm
Down the Rabbit Hole

SATURDAY MAY 18TH

Lyttelton Arms 5-7pm
Happy Hour

Lyttelton Crafts & Treasure 9-1pm
Collets Corner

Lyttelton Farmers Market 10-1pm

Lyttelton's Retro Art and Craft Bazaar 9-1pm

Naval Point Club Day 9-4pm
Skipper Course

SUNDAY MAY 19TH

Lyttelton Arms 5-7pm
Happy Hour

Naval Point Club Day 9-4pm
Skipper Course

GALLERIES:

Lyttelton Information Centre

Open Monday to Saturday 10-4pm Sunday 11-3pm

Stoddart Cottage Diamond Harbour

Open Friday, Saturday and Sunday 10am - 4pm

LAF Fundraising
QUIZ

UK/NZ
ARTIST
EXCHANGE

TOM TREVELLA



PROGRESSIVE PSYCHEDELIC TRANCE

GET LOST
DOWN THE RABBIT HOLE

SPOONHEAD
AMANITA MUSCARIA
ABSOLEM
SUBMINIMAL

WUNDERBAR - LYTTTELTON
17TH MAY 9PM - 3AM

TICKETS VIA

COSMIC
TICKETING



COMMUNITY ACTIVITIES IN AND AROUND THE HARBOUR THIS WEEK

MONDAY

Community Choir

7.30pm Union Chapel, Winchester Street, Lyttelton.
All welcome. Jillie 021 152 8068

Diamond Harbour Yoga

6.30pm - 8pm
General Class, Diamond Harbour Rugby Rooms

Lyttelton Rotary Club

7pm on the 2nd and 4th Monday of each month
Lyttelton St John's station London St. New members welcome. Contact Brian Reeve 0274320743 for details.

Lyttelton Scouts

Every second Monday 6.30-8pm
Contact Ruth Targus 021 259 3086

TUESDAY

Community House

Shared Lunch 12.00pm 7 Dublin Street
Make new friends

Diamond Harbour Yoga

6am - 7am Early Bird Class
Diamond Harbour Stage Rooms

Lyttelton Library Storytimes

11.00-11.30am

Diamond Harbour Bridge Club

1.20pm for 1.30pm start
Diamond Harbour Football Club Rooms. \$4 table
For more information call 329 4868 or 329 4149

Lyttelton St John Youth Division

6.00pm St John Ambulance Station
52 London St, Lyttelton

St Joseph the Worker R.C. Church

9am Mass 21 Exeter Street, Lyttelton
All Welcome More information call 384 1600

WEDNESDAY

Diamond Harbour Bridge Club

Bowling Club Rooms. All welcome
6.40pm for a 6.50 start
Partner finder - Carolyn Craw. Ph 329 4684

Diamond Harbour Singers

7.30 - 9.00pm
Every Wednesday in Stage Room of Community Hall.
All welcome. Contact Margie 329 3331

Diamond Harbour Yoga

6am - 7am
Early Bird Class. Diamond Harbour Stage Rooms

Lyttelton Community Garden

10am Every Wednesday. Meet at the garden behind the
Lyttelton Pool in Oxford Street. For more information
328 9243

Lyttelton Cubs

6.30pm Contact Ruth Targus 021 259 3086

Lyttelton Garage Sale

10.30am 54a Oxford Street, Lyttelton
Second Hand Bargains and more.

Lyttelton Harbour Fruit and Vegetable Collective

Trading between 12.30 and 2.45pm
The Lyttelton Recreation Centre,
25 Winchester, Street Lyttelton
Contact Jill Larking for more info 027 237 4960

Lyttelton Library Wednesdays Knit and Yarn

10.00-12.00pm

Lyttelton Playgroup

At Kidsfirst Lyttelton
12.30pm- 2.30pm
33 Winchester St Lyttelton
Call 03 328 8689 for more information

Harbour Yoga Vinyasa

6pm-7.15pm. 021 882 403
Gentle Class, Trinity Hall

THURSDAY

Community House Flat Walking Group.

10am Start
Contact Kate Henry. Ph: 741 1427

Diamond Harbour Yoga

6am - 7am Early Bird Class
Diamond Harbour Stage Rooms

Diamond Harbour Tai Chi Group

11am start
Diamond Harbour Community Hall.
For more details, please email to 88daruma@gmail.com
and we will send you our information letter.

Governors Bay Volunteer Fire Brigade

7.00pm Governors Bay Fire Station
Weekly Training, New Members Welcome

Lyttelton Garage Sale

10.30am 54a Oxford Street, Lyttelton
Second Hand Bargains and more.

Lyttelton Volunteer Fire Brigade

7.00pm Lyttelton Fire Station
Weekly Training, New Members Welcome

Stoddart Cottage Gallery Craft Co-op

Meets monthly on the third Thursday 4pm at Stoddart
Cottage. For more information contact Secretary Ann
Skelton shed21@extra.co.nz. See also our Facebook page.

COMMUNITY ACTIVITIES IN AND AROUND THE HARBOUR THIS WEEK

FRIDAY

Diamond Harbour Yoga

6am - 7am

Gentle Class

Diamond Harbour Rugby Rooms

Lyttelton Garage Sale

10.30am 54a Oxford Street,

Lyttelton Second Hand Bargains and more.

Lyttelton Library Fridays Babytimes

10.30-11.00am

Lyttelton Yoga

9.30am - 10.45am

25 Winchester St Lyttelton Rec Centre

Contact Rebecca Boot 021 071 0336

SATURDAY

Lyttelton Farmers Market

10.00am London Street,

Lyttelton Fresh produce, Live Music, Buskers and More

Lyttelton Garage Sale

10.00am 54a Oxford Street, Lyttelton

Second Hand Bargains and more.

Lyttelton Harbour Bazaar Market

10.00am No 6 London St. Artists, Bric a Brac and More

Harbour Yoga

9am Trinity Hall, Lyttelton Rec Centre

SUNDAY

St Saviour's at Holy Trinity

17 Winchester Street

4pm Service with Holy Communion

All Welcome

GROUPS

Banks Peninsula Community Board

10am First Monday Each Month

Meetings Open to the Public

Bay Harbour Toastmasters

6.30pm. Every 2nd and 4th Wednesday of the month

Lyttelton Community Board Room, 25 Canterbury St

Contact: Jann Meehan, 021 263 1040

Diamond Harbour Civil Defence

7.00pm Third Wednesday of the month.

Community Church Diamond Harbour

Contact: Wendy Coles 0211541434

Governors Bay Civil Defence

7.00pm Third Wednesday of the month.

Governors Bay Fire Station Contact

Contact: Ian Palmer 3299 160

Lyttelton Harbour Business Association

For more information contact: admin@lhba.co.nz

Lyttelton Museum Historical Society

Contact Wendy McKay

info@lytteltonmuseum.co.nz

Lyttelton Netball Club

Contact Flo McGregor flomac@extra.co.nz

Lyttelton Rugby Club

For details visit the club Facebook Page or contact the club's Rugby Manager

Nathan.mauger@gmail.com 021 111 6069

Little Ship Club Canterbury

We meet on the 3rd Thursday of the month usually at Naval Point Club Lyttelton from 7.00pm. The club has regular guest speakers and undertakes a large range of activities that increase the knowledge and skills and enjoyment of its members and for the benefit of yachting generally. All welcome

www.littleshipclubcanterbury.wordpress.com

Lyttelton Time Bank

1-4pm Wednesday and 1-4pm Friday Lyttelton Recreation Centre 25 Winchester St Lyttelton

328 9243 www.lyttelton.net.nz

Lyttelton Toy Library

Located at the Lyttelton Rec Centre Squash Court 25 Winchester St. Open each fortnight on Saturday morning 10-12 noon. For more information see Facebook Lyttelton Toy Library or email lytteltontoylibrary@gmail.com or call Helen 021 075 4826

Naval Point Old Salts Lunch

The Old Salts Lunch is being held on the 2nd Tuesday of every 2nd month with the next one being held next Tuesday, 10th February starting @ 12:00 with 2 course lunch commencing @12:45.

Contact Barry Bowater 329 4828 or 0272743520

Narcotics Anonymous Lyttelton Meeting

6:30 Monday

Community House. 5 Dublin St.

6.30 Thursday

25 Canterbury Street

www.nzna.org

St Joseph the Worker R.C.Church

5.30pm Mass 3rd Sunday of the month. Parish House 21

Exeter Street Lyttelton. Ph: 384 1600

EAT, DRINK, DINE

Coffee Culture 18 London Street, Lyttelton 8082	033 287 080 Contact: Leona & Marten Cooper	Talk@Coffeeculture.co.nz www.coffeeculture.co.nz
Fisherman Wharf 39 Norwhich Quay, Lyttelton 8082	033 287 530 Contact: Pj Gemmel	Contact@Fishermanswharf.nz www.fishermanswharf.nz
Governors Bay Hotel 52 Main Road, Lyttelton 8971	03 3299433 or 0275 329160 Contact: Jeremy Dyer	info@governorsbayhotel.co.nz www.governorsbayhotel.co.nz
Lyttelton Arms 17A London Street, Lyttelton 8082	03 328 8085 Contact: Caroline & John Quinn	caroline@lytteltonarms.co.nz www.thelytteltonarms.co.uk
Top Club 23 Dublin street, Lyttelton 8082	03 328 8740 or 0273 668 007 Contact: Trudi Marshall	lytteltontopclub@gmail.com www.facebook.com/lytteltontopclub/

HEALTH & BEAUTY

Lyttel Beauty 32 Voelas Road, Lyttelton	0212973885 Contact: Emma Chambers	Lyttelbeauty@Hotmail.co.nz
Nu Dawn Oils	Contact: Dawn Cowan	dawncowan025@gmail.com52

THINGS TO DO

Black Cat Cruises Level 2, 5 Norwich Quay, Lyttelton 8082	0800 436 574 Paul Milligan	sales@blackcat.co.nz www.blackcat.co.nz
Christchurch Attractions Shop 13 Cathedral Junction, 109 Worcester Street	03 366 7830 Contact: Emma Thomson	emma@christchurchattractions.nz www.christchurchattractions.nz
Hassel-Free Tours 296 Prestons Road, Marshlands, Christchurch	03 385 5775 Contact: Raina Roberts	bookings@hasslefree.co.nz www.hasslefree.co.nz
Ohinetahi House & Gardens 31 Governors Bay Teddington Road	3299 852 Contact: Ross Booker	info@ohinetahi.co.nz www.ohinetahi.co.nz

PLACES TO STAY

Dockside Accommodation 22 Sumner Road, Lyttelton 8082	021 152 3083 Contact: Julian Cross	dockside@fastmail.com www.lytteltonaccomodation.co.nz
Governors Bay B&B 851 Governors Bay Road, Lyttelton 8082	329 9727 Contact: Eva Mason	eva@gbbbedandbreakfast.co.nz www.gbbbedandbreakfast.co.nz
Governors Bay Hotel 52 Main Road, Lyttelton 8971	03 3299433 or 0275 329160 Contact: Jeremy Dyer	info@governorsbayhotel.co.nz www.governorsbayhotel.co.nz
The Rookery 9 Ross Terrace, Lyttelton 8082	03 328 8038 Contact: Rene Macpherson	rene@amma.co.nz www.therookery.co.nz

LOCAL EXPORTS

Ausmic Electrical 9, Governors Bay Rd, Cass Bay, Lyttelton 8082	021 156 3436 Contact: Mick Bennett	Mick@Ausmicelectrical.co.nz www.facebook.com/Ausmicelectrical/
Blue Fusion Web Design	021 027 05450 Contact: Dana Dopleach	dana@bluefusion.co.nz www.bluefusion.co.nz
Lyttelton Port Company Waterfront House, 37-39 Gladstone Quay, Lyttelton 8082	03 328 8198	allreceptionists@lpc.co.nz www.lpc.co.nz
Lyttelsoft 7 Hyllton Heights, Lyttelton 8082	03 328 8671 or 021 137 4103 Contact: Penny Mercer	penny@lyttelsoft.co.nz www.lyttelsoft.co.nz
Printable Solutions 92 Division Street, Riccarton	0278 160 126 Contact: Ange hodgson	operations@printable.co.nz www.printable.global
Project Lyttelton	033289243	www.lyttelton.net.nz

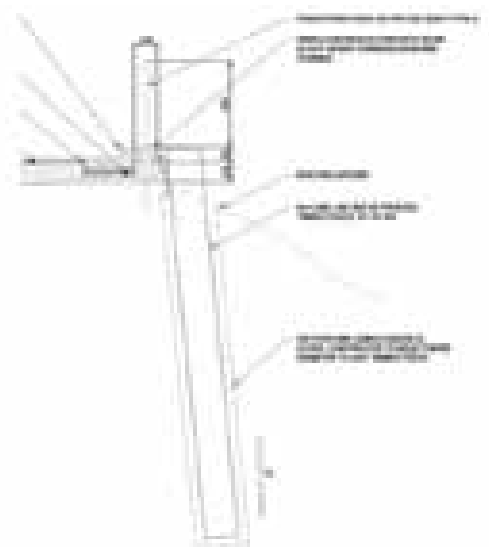
To become a member of the Lyttelton Harbour Information Centre contact Ruth Targus 328 9093 or email office@lytteltoninfocentre.nz \$100 a year enables your business to be listed in this directory, be on the website and have business information displayed at the Information Centre.

We're working in your area

22a Reserve Terrace Retaining Wall

What	Constructing a retaining wall, pedestrian handrail and reshaping and resurfacing the road above 22a Reserve Terrace.
Where	Along the road between 16 and 20 Randolph Terrace, Lyttelton.
When	Work will start 29 April 2019 and are expected to be completed by 28th June 2019.
Why	Works will retain the road and improve stormwater management along Randolph Terrace.
Contact	The contractor is Fulton Hogan. Phone Simon Holmes 0278-079-997 between Monday to Friday. Advise us if you have specific property access requirements e.g medical visits, home help, large vehicle deliveries, planned works.

- The road will be closed Monday to Friday to construct a timber pole retaining wall and reconstruct the road.
- The road will be re-opened on weekends.



Thanks for your patience as we work in your area



Noise

There may be increased noise, dust and vibrations during work but it shouldn't impact on your power, water, gas or phone services



Safety

Safety is our biggest priority so please keep children and pets away from worksites.



Bins

Please put your bins out as usual before 6am on your collection day. Our crew will move and return them if needed.



Other projects

Learn more about our work.

ccc.govt.nz/works

Havening workshop



**Sunday
May 12, 4-5pm**

**Trinity Hall Recreation
Centre**

Suggested koha \$5

**RSVP by Friday to
margaret@lyttelton.net.nz**

Frances Young has been in practice as a mind and body therapist working with individuals and couples and their families since 1993. Frances is also a certified practitioner of Havening Techniques □.

Havening, relatively new to New Zealand, is a psychological therapy that has the power to help relieve work-related stress, anxieties, troubling emotional memories and fears and more, in a simple straightforward set of skills that you can easily learn to do.

During this one hour workshop, Frances will facilitate by teaching personal self-Havening Touch in a group setting. You will experience a simple and deeply soothing process to help you to produce your own Delta Waves, the restful and replenishing brain waves naturally created when we are in our deepest sleep.

Havening Techniques □ generate delta waves in the brain, which interrupt activate traumatically encoded neural pathways, with the end result being most clients can recall events without any distressing emotional experiencing.

Havening Techniques □ are also effective in helping clients to work through life-challenges that require decision making and behaviour management.

Havening touch is especially efficient when it is facilitated by a skilled certified practitioner.

This workshop is suitable for individuals over the age of 16 years of age, who are able to sit comfortably and follow instructions for up to an hour without needing to stand or move around.

If you would like to feel totally relaxed using a gentle, none-invasive, none-pharmaceutical process – come and enjoy an hour of Havening with experienced therapist Frances Young. This will be a unique, non-device event.

Havening Techniques □ is a registered trade mark of Ronald Ruden, 15 East 91st Street, New York.
www.havening.org

For private therapeutic enquiries Frances can be contacted via: 021 237 2476 or email
mail@francesyoung.co.nz; www.francesyoung.co.nz or Face Book.