LYTTELTON REVIEW

the P

November 2018 • Issue: 222

Purau · Diamond Harbour · Church Bay · Charteris Bay · Governors Bay · Rapaki · Cass Bay · Corsair Bay · Lyttelton

IN THIS EDITION: • Timeball Returns • Quail Island • Major Milestone **Next Issue print date:** Issue 223, 27th November 2018. **Content Deadline:** 5pm 23rd November 2018.

Review Creators

Lyttelton Harbour Review is a 100% voluntary community newsletter initiative developed after the February 2011 earthquake. It's a Lyttelton Harbour Information Centre initiative produced by former Chairperson Wendy Everingham and Committe Member Jenny-Lee Love.

The objective of the Lyttelton Harbour Review is to help keep local residents informed with what is going on in the wider Lyttelton Harbour community. Of course the success of the Lyttelton Harbour Review could not be possible without the ongoing support and enthusiasm from the wider community.

A big thank you goes out to everyone who sends information; is willing to be interviewed or lets us know what might be happening in the neighbourhood. The Lyttelton Harbour Review project would not be possible without you all.

If you have an event, topic, sport announcement, fundraiser or cause that you would like to share with the harbour community, then Wendy or Jenny-Lee would love to hear from you:

Wendy Everingham Mobile: 021 047 6144 Email: review@lytteltoninfocentre.nz Content Deadline: 5pm Friday

Jenny-Lee Love Email: review@lytteltoninfocentre.nz Content Deadline: 5pm Friday

Lyttelton Information Centre Office: 328 9093 Email: office@lytteltoninfocentre.nz

Subscribe to the Review:

Email either Wendy or Jenny-Lee with the words "Subscribe Me" in the subject line and the Lyttelton Harbour Review will be delivered to your inbox.

In 2018 the Lyttelton Harbour Review is produced fortnightly. Any important information between times will be emailed as a Lyttel Broadcast if neccessary.

Hard Copies of the Review are available at:

The Lyttelton Arms Lyttelton Bakery Leslies Bookshop Lyttelton Community House Lyttelton Harbour Information Centre Lyttelton Health Centre Lyttelton Library Lyttelton Top Club Back Copies Available to Download: www.lytteltonharbour.info

Lyttelton Library of Tools and Things - LLOTTs

The Lyttelton Library of Tools and Things, (LLOTTs) is supported by Project Lyttelton.

LLOTTs is a brand new innovation that will serve the community with those "once in a while tools" that we all need from time to time, but don't own.

Rather than going out to purchase a particular tool, or hire it at some expense, you will be able to borrow it from LLOTTs. Tools are available for loan, to residents of Lyttelton, Heathcote and the Harbour Basin. There will be a small annual subscription of \$40, inclusive of GST. As a bonus for Timebankers, membership will be \$20 per year plus 1 time credit. Please note: tools are not available for commercial or financial gain.

The registration and booking service will be available from mid-December 2018. You can also visit us at the Farmers Market on December 8th.

The next time you need a tool, check out our website and see if the item is available. If we don't have a particular tool you think would be useful, we welcome your feedback for next year's purchases.

Tell your friends to join up. The more members means the more tools we can buy.

This service is run entirely by volunteers. If you would like to help in any way, please ask for a subscription waiver. At the moment, we need extra support from people with IT experience and for handling tools when booking in and out. If you are interested, please email Stewart Henry at lytteltonlotts@gmail.com

We look forward to meeting you!

Article Project Lyttelton



Last issue for 2018 will be our christmas Issue 224: Print date 11th Decemebr 2018.

Push on to make peninsula pest free

Christchurch City Council has signed on to help work towards making Banks Peninsula and the Port Hills pest free by 2050.



Pesky possums aren't wanted on Banks Peninsula or the Port Hills.

The ambitious goal is outlined in a Memorandum of Understanding (MOU) signed yesterday by more than a dozen groups and agencies including the Council, the Department of Conservation, Environment Canterbury, the Banks Peninsula Conservation Trust, the Rod Donald Banks Peninsula Trust, the Summit Road Society and Ngāi Tahu rūnanga.

The MOU commits the signatories to working collaboratively to ensure the 115,000 hectare Banks Peninsula is effectively free of pest animals so native biodiversity can thrive.

It was developed by a working group led by the Banks Peninsula Conservation Trust.

"Controlling animal pests on Banks Peninsula is not a new concept," says David Miller, who chaired the working group and is a trustee of the Banks Peninsula Conservation Trust.

"Pockets of activity have been underway for decades and have achieved significant success. For example, landowners in the south east corner of the peninsula have had trap lines in place for over 20 years and now live amongst thriving colonies of white-flippered penguins.

"DOC and the city have had a very successful programme on Kaitorete, ECan has led extensive possum control work, a collaboration of these agencies is running a feral goat eradication programme, and the Summit Road Society is leading Predator Free Port Hills, coordinating a large network of suburban trappers.

"However, if we are serious about achieving a Pest Free Banks Peninsula by 2050 we must have a coordinated approach to upscaling this work," Mr Miller says.

Conservation Minister Eugenie Sage says Pest Free Banks Peninsula is a wonderful local initiative.

"This community-led programme will transform the environment for our native plants and wildlife to flourish on the doorstep of our second largest city," Ms Sage says.

Article CCC Newsline

Friend and advocate

Lyttelton Museum is sad to report that we have lost a great advocate with the passing of Thérèse Angelo on 15 October. Thérèse, who was the Director of the Air Force Museum of New Zealand, was a member of Lyttelton Museum's management committee for six years and she brought her extensive knowledge and experience to our vision for a new museum for Lyttelton and the wider harbour communities. Until recently, Thérèse and her husband Rob lived in Lyttelton and she had a real passion for the new museum.

Thérèse was recognised for her museum work with many awards, but highlights were the Museums Aotearoa Individual Award in 2010, followed in 2011 by being made a Member of the New Zealand Order of Merit. It was in Thérèse's nature to solve problems. A stand-out example of that was when she, with the support of the AFMNZ Board, provided space after the Canterbury earthquakes for organisations that had lost their buildings and needed somewhere to house their precious collections of objects and records. The Recovery Centre out at Wigram became a temporary home for 38 groups and Lyttelton Historical Museum Society was one of them. It is where our collection is safely stored while we work to get our new museum built in London St.



Thérèse helping to rescue the Lyttelton Museum collection after the old museum collapsed

A Celebration of Time Timeball Returns

One hundred and fifty years ago on November 2nd 1868 New Zealand became the first country in the world to adopt Standard Time. Prior to that each township in New Zealand had their own time! Settlements often differed by only a few minutes. Imagine how difficult it was to administer!

Heritage New Zealand thought the re- opening of the Timball Station on this significant anniversary of standard time was a very appropriate date to return the Timeball Station to the people of New Zealand.

CEO Andrew Coleman of Heritage NZ talked about the significance of time to us all to the present day. Back in the 1800's the Timeball Station was essential for mariners. Opened in 1876, the ball dropping at 1pm enabled mariners to synchronise their ships chronometers with Greenwich Mean Time. This enabled them to work out longitude on their sea voyages. This vital time piece was used between 1876 and 1934. The ball worked in conjunction with the main flag pole. The flags relayed messages to ships in port. The flag system stayed operational until 1941. Whilst no longer used for navigational purposes the Timeball Station has been an iconic feature high above the port in Lyttelton.

Andrew Coleman proudly exclaimed "Look what we have all achieved" as he talked about how this iconic building had been reconstructed since the destruction of the original building in 2011. "None of this would have been possible without the support of many people" he said. The opening event was a celebration of all the people who had made this happen. All the invited guests were funders, workers, locals with connections to the site and elected members. Landmark Inc was first to be acknowledged. This group from Auckland kindly donated their last funds to this project. They were the first major funder on board generously donating 1 million dollars to the project. "We had a desire to get the people of Lyttelton's tower back" said Viv Mill.

Project managers; architect Dave Pearson, stonemasons, crane drivers were all on site. For all of them this work was a once in a life time opportunity and they enjoyed working on this project and creating something really special.

Andrew Stark from Stark Brothers talked about his family's links to Lyttelton and the Timeball. "My family arrived in 1925. Our business has been part of this community since 1958. Over the years we have helped with repairs and during the rebuild we were very proud to repair and store the mast of the flagpole", he said.

A very new edition to the new Timeball is the wonderful lighting. Each night thanks to Kevin Cowley the Timeball will shine. "I have a passion to see heritage in the evenings".

Jan Titus the former manager of the Timeball Station spoke about looking after the site for the last 18 years. "I am still very proud to be part of this site and I have a deep sense of affection for the place". She went on to thank many others who had helped the Timeball



over the years the Late Rob Gendall from Lyttelton Engineering, Stark Bros, Lyttelton Information Centre, Margaret Jefferies, and the former staff of the Timeball.

The ceremony c o n c l u d e d with the Mayor Lianne Dalziel and families connected to the Timeball



activating the mechanism to lower the Timeball for the first time since the earthquakes.

Take a walk up the hill to visit this old favourite. Another pleasant surprise is the new carving by Caine Tauwhare and Josh Brennan that stands tall in the back garden.

Article Lyttelton Review

Note Standard Time - "a uniform time for places in approximately the same longitude, established in a country or region by law or custom"

Investor Forum

Lyttelton Board Room 25 Canterbury St. Nov 13th from 6-7pm

Do you want to be an co-owner of Collett's Corner?

- Invest in your livelihood and Lyttelton's liveliness
- Work together to help rebuild the heart of Lyttelton

Join us to find out more

Enjoy the Harbour

Stay a Night on Ōtamahua -Quail Island

Twenty years of native restoration is almost complete. A new chapter in the life of Quail Island has opened. Over a hundred locals witnessed the opening of the former caretaker's cottage, now called Ōtamahua Hut, as a Department of Conservation overnight hut. The new hut for the DOC estate sleeps twelve people and it's right on our doorstep.

Andy Thompson the Operations Manager at Mahaanui DOC is very proud of this new hut. "As a member of staff this has been such a lovely peaceful place to stay. We felt it was time to share this experience with the public". It's a new type of accommodation for the Department of Conservation.



Minister for Conservation Eugene Sage said "There are 1000 huts owned by the Department of Conservation. 700 of those are in the South Island. Until very recently the huts were for mountaineers, hikers, game hunters etc. They were pretty basic. This hut is very flash. I'd call it a front country hut that is accessible by public transport"! Yes this hut can be reached by public bus from Christchurch and then a quick boat trip by Black Cat from Lyttelton. The other wonderful news about this hut came from Black Cat. The opening of the hut means the island will be accessible all year round. That is very positive for locals and visitors. Paul Milligan also added that if you are visiting the island for an overnight stay there will be a 20% discount from Black Cat as an added incentive to come over for the experience.



the project. Their generosity helped fund the hut restoration. With their support DOC was able to contract David Brailsford to do the wonderful restoration work on the hut. For David the entire project was described as his Robinson Crusoe experience. Chair of the Rod Donald Trust, Simon Mortlock hopes the hut will be "A Place for Children to collect Memories".

lan McLennan the Chair of the Ōtamahua -Quail Island Trust was also very hands on with the project. A draughtsman by trade he did all the draught work required for the project. He explained some of the history of the hut. "It was built between 1910 - 1920, as a caretaker's cottage for the animal quarantine station. When that closed down it was used by the farmers who lived on the island". David Halliwell was the last farmer on the island and left in 1975. Unfortunately no member of the family was able to attend this event. Another momentous event that lan explained was timely for the opening was the planting of the 95,000th tree!

The hut, already 100 years old is now ready for its next 100 years of stories. After a blessing by Kopa Lee representing Te Hapu o Ngāti Wheke it was appropriate that a large group of children performed a Waiata.

Ōtamahua Hut sleeps 12

Adult (18+ years): \$15 per night

Youth (11 - 17 years): \$7.50 per night

Child/Infant: (0 - 10 years): free

For bookings visit https://www.doc.govt.nz/parksand-recreation/places-to-go/canterbury/places/ otamahua-quail-island-recreation-reserve/things-todo/otamahua-hut/

Article Lyttelton Review

The Rod Donald Trust was also a key supporter of

Major Milestone Mr Gamble Turns 100!

A recent knock on a local door was an introduction to our newest centenarian. Mr Charles Gamble is very pleased to be turning 100. "My secret is good living", he said. "No smoking, no drinking, good wholesome food and just looking after my body".

Charles better known as Charlie is as active and fit as a person many years his junior. He proudly shows off his garden. It is immaculate. Everything is manicured. It has the feel of a country manor house. He also does most of the housework whilst his wife of 31 years does all the cooking. Between the two of them there are a lot of years in the Gamble household.

Charlie is a recently new import to Lyttelton! He arrived in the 80's when he married local Cynthia. Previous to that he was born in Christchurch and spent most of his young life on his parent's farm near Oxford. They were grain farmers. He grew up with the discipline of farm life and working hard just came naturally to him.

He recalls being very lucky as a young person. His parents decided to sell the family farm and the proceeds were distributed between his family members. He was able to purchase a place out at Dunsandel with an additional 70 acres of land. "No sooner had I purchased the land, a guy from Wellington approached me to sell. He spoke the right sort of money so within no time the land was sold and I was off on a new path", he said.

Woodturning was something that really appealed to him. There was an opportunity to learn locally and so he relished the opportunity. For many years he supplied hand crafted pieces of furniture to locals and a store in Wellington. He's still got lots of pieces at home in Lyttelton. He then switched to bus driving and had twenty eight years driving children to Brookside school. "The company I drove for was taken over by Midland's and that got me involved in the visitor industry. This opened up opportunities for me in Australia and Fiji".

"Back in those days you had to retire. I managed to keep going two years longer than I should have. The boss said I had to say goodbye. I had driven one million miles for the company"!

Retirement has been his Lyttelton life. "Initially it was a little strange being in Lyttelton", he said. Charlie wasn't used to being by the sea having spent all his life inland. "However I do love Lyttelton and there



is nothing to criticise", he said.

"Life just keeps on going. I'm up at 7am

each day. I take no medication. Nothing stops me" he said.

Mean while Charlie is looking forward to his special celebration at the Brighton Working Men's Club with his friends and family. His special day has already been recognised by the Queen and the Governor General. Their cards sit proudly on the table.

Happy 100th Charlie.

Article Lyttelton Review

Seniors Photographic Opportunity

Diamond Harbour Camera Club are very pleased to have won funding from the Lyttelton-based Cressy Trust to help run an introductory photography course for senior residents of the Lyttelton Harbour Basin.

We are very fortunate to have Christchurch photographer Scott Fowler to teach the free, two-day course. It will be held in the Green Room of Diamond Harbour Community Hall on Saturday and Sunday 19 and 20 January 2019 from 10 am to 4 pm.

The Cressy Trust was established to support senior residents of the Harbour Basin, so all those accepted onto the course must be aged 60 or over and must live in the Lyttelton Harbour Basin (evidence will be required).

To apply for a place on the course, applicants should email Camera Club Chair Joan Gladwyn at jgladwynnz@gmail.com with their details. Applications must be received by December 15.



Get Low Cost Broadband for Families

Spark Jump helps eligible families with children under 18 to learn online at home for \$10 for 30GB. It's a low cost, prepaid internet service for families who currently have no broadband connection. There's no fixed term contract, you top up as you go and you receive a free modem.

To learn more or sign up: contact Spark Jump's partner, Tech Mate (Addington.net), on 03 962 7244.

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Advertising in the Review

Since the inception of the Lyttelton Review we have been very generous with advertising. Any one off

advertisements for businesses have generally been published free. Advertisers are encouraged to make a donation to our organisation.

To be a permanently listed business in the directory and have articles written about your business we have a yearly membership fee of \$165 including GST. If you would like to have a yearly listing please contact us office@lytteltoninfocentre.nz and we will forward our membership application.

Calling all past pupils & teaching staff of Linwood College High School

In mid-2019 the buildings of Linwood College, as we know and love them are scheduled for demolition and complete replacement on their current site. To celebrate this momentous event, and to recognise the school's many achievements over the past 65 years, all who have attended the school or were involved with it in any significant way are invited to a special celebration. Please indicate your interest in attending by emailing registration@linwoodcollege. school.nz (once pre-enrolled, you will receive further information and a formal invitation to attend the event). Please contact Linda Rutland on 021 2398946 for any enquiries.

When: 5th-6th April 2019

Naval Point shipshape for summer

Work crews have set sail for Naval Point to relevel parking areas, fill in potholes and improve drainage in preparation for the busy boating season.

The popular public slipway in Lyttelton will also benefit from tree pruning and site maintenance work, as well as improved line marking and signage.

The six-week programme of work will boost waterfront access for boaties and pedestrians alike, supporting a range of summer activities.

Contractors using the eastern section of the site, near the Coastguard building, are expected to finish their



weekday work by Christmas.

The targeted maintenance and improvement programme is not part of the Naval Point Development Plan and will not affect future planning and site development.

The development plan has yet to go out for public consultation.

Article CCC Newsline

Free Public Talk – Psychology Week 2018

Psychology Week 2018 is coming up! This year the Canterbury Branch of the New Zealand Psychological Society and The Institute of Criminal Justice and Forensic Psychology are proud to co-host speakers from the New Zealand Police, Department of Corrections, and STOP, who will be describing how psychology is applied to their work in making communities safer. There will be a particular focus on how psychology is applied to high risk violent and sexual offenders. The event is FREE to attend for everyone, so we look forward to seeing you there! Find the Facebook event page here.

Where: Exchange Christchurch – XCHC – 376 Wilsons Road North, Waltham

When: Wednesday 14 November 2018, 6.30pm-8.30pm

Position Vacant – Youth Worker (Girls Group)

We're looking for a youth worker to join our Lyttelton Youth Programme

The role is approximately 5 hours per week.

Please send your CV and covering letter to PO Box 74 Lyttelton 8841, or via email to jill@lyttelton.net.nz before **12 noon on Friday 16 November 2018.**



Ageing Well Roadshow

The National Science Challenge: Ageing Well is holding a roadshow in Christchurch to: discuss funding opportunities available for 2019-2024, outline their future strategy, and explain where they are heading over the next five years, if successfully re-funded. Read more here.

Where: Christchurch School of Medicine – University of Otago (Christchurch Hospital Campus)

When: Monday 10 December, 1pm-3pm

Affordable Fruit and Vegetables

Coordinated by the Timebank Lyttelton locals have access to a fabulous weekly supply of fresh fruit and vegetables. Bags are \$6 or \$12. Each week is a lucky dip but more and more people are finding out that this is such good value for money and good for your health.

Now located at the Lyttelton Recreation Centre – 25 Winchester Street Lyttelton it's much easier to collect your produce. Jan Cooper looks forward to seeing you Wednesday afternoon from 12.30. Vegetables can be collected Wednesday 12- 4pm and Thursday 10-4pm. Veggies are paid in advance weekly. If you would like to sign up please get in touch with Jill Larking 0272374960.

Norman Kirk Memorial Pool

The Christchurch City Council is now selling season memberships for the Norman Kirk Memorial Pool, which can be purchased by calling their **contact centre (open 24/7) on 941 8999.** The swimming season is underway on November 17.

The price this season has increased slightly to \$160 per household, and there will be a replacement fee of \$50 in case they are lost. After payment the CCC swim team will once again ask that each key holder attends an on-site induction to give our team a chance to remind you of the all-important health and safety stuff after which we will reactivate your key.

A date for the diary: this summer's pool party is January 13.

If you have any queries please contact Rowan Foley 03 941 6901 or Rowan.Foley@ccc.govt.nz

News from Naval Point Club A Class World Championships

Two NPCL club going members are to the А Class World Championships in Australia which starts in two weeks time. Daniel Philpott is already over there practicing and John Kennett is heading over this weekend. New Zealand has 12 sailors attending, which is a record for NZ boats at this overseas event. Team NZ have their afterguard of Peter, Glen and Blair sailing identical boats so they are likely to be the ones to beat. They are now foiling both upwind and downwind with speeds up to 30 knots. Entries are around 110 boats so it will be a big event in the beautiful Hervey Bay in Queensland. The event should be fun for all competitors and there will certainly be some stiff competition. Good luck Daniel and John!

SITUATION VACANT -Cleaner

Kiri, our cleaner is moving on to a new career and we need someone to replace her for casual cleaning work of the club facilities. This would be ideal for someone that lives locally and wants a job with flexible hours. Kitchen/Bar support can also be part of this role. Please contact Marina in the office on 328 7029 or email if you are interested.

Club Cafe

Hours during sailing season:

Saturdays 9am-12noon approx

Wednesdays 4.30-6pm approx

Coffee and hot chocolate are on offer as well as pies and mini muffins.

We are still looking for volunteers to help in the cafe and bar over the summer season. If you can help out please let Marina in the office know.

Barney

Locals Jill and James were recently snapped by a visitor to Lyttelton enjoying the piano.



Tolerance Day November 16th

This is a day set aside to think about tolerance. Made a difference and take this pledge.

"I pledge to have respect for people whose abilities, beliefs, culture, race, sexual identity or other characteristics are different from my own."

Daily Updates at the Port -New Projects and Cruiseship Piling

To provide an easy way for people to access information about this and other major LPC projects, LPC has set up a new website - www.lpcharbourwatch. co.nz. Included in this is a weekly and daily piling schedule, which they hope will enable Lyttelton/ Harbour residents to keep up to date with when the noisy piling will occur.

The daily piling update can be found on the home page, the weekly piling schedule is under the monitoring/cruise berth tab (https://lpcharbourwatch. co.nz/monitoring/cruise-berth).

They will are also be regularly updating a blog on the website with project updates and interesting stories.

We're working in your area

Governors Bay Road / Dyers Pass Intersection

We are undertaking minor safety improvements to the intersection of Governors Bay Road and Dyers Pass, consisting of line marking, signs and kerbing build out. Please advise us if you have property access requirements e.g. medical visits, home help, large vehicle deliveries or planned works.

JFC Limited 03 343 1057 (8.30am – 4.30pm Monday to Friday), or CCC 03 941 8999 (after hours).

Collett's Corner Workshops Interested Investor Forum

Tuesday 13th November 6-7 pm

Participatory Design Workshop Tuesday 4th December 6-8 pm

The purpose of these workshops is for us to share the project for your feedback and ideas.

The Design workshops are for interested business tenants, and locals who are passionate about this development and want to be involved. The workshops will be facilitated by Warren and Mahoney who are leading the in:flux design team with their winning design The Hive.

The Investor forums are an opportunity for Ohu to share the Investment draft for the February 2018 Equity Crowdfund Campaign with Interested Investors, Locals and Lovers of Lyttelton for their feedback.

These are great opportunities for everyone to engage with this "first of its kind" Equity Crowdfunded Commercial Development in New Zealand.

CCC Emergency Preparedness Tips For the Week

Plan Ahead – School

A disaster can happen anytime, including when your kids are at school. Talk to your school and make a plan with your children. Who will pick them up if you can't? Make a family plan so you all know what to do to get home safely. If you plan for a disaster you'll cope better if it happens. For tips on how to make a family emergency plan www.happens.nz.

Warmer, healthier homes a step closer

Canterbury homeowners can now get a \$6000 rates advance to pay for home heating, insulation and ventilation improvements. Environment Canterbury started accepting applications to Healthier Homes Canterbury, announced as part of the Long-Term Plan 2018-28.

Eligible ratepayers can apply for an advance of up to \$6000 for heating, insulation and ventilation improvements and pay it back through their rates bills over nine years with interest. The interest rate for those joining before July 2019 is fixed at 5.9% per annum.

Key facts

- Up to \$6000 including GST available per eligible ratepayer
- Paid back over nine years with interest
- Interest rate is fixed at 5.9% per annum (for those who join by June 2019)
- Cost neutral to Environment Canterbury
- Only registered retailers/installers may be used
- Only accepted products may be installed
- Home Performance Assessments strongly recommended
- Environment Canterbury pays registered suppliers directly
- Expected to accept applications until 2028

New Circuit Class

Sport Canterbury and Green Prescriptions are pleased to announce a Circuit Calss at the Lyttelton Recreation Centre . This is an introduction to a range of simple excercises that will benefit your fitness and strength. Suitable for beginners. Following the class there will be some time for socialsing and refreshments. Wednesday Nov 14th 10.30-11.30am Contact Abby for more information abby.wilson@sportcanterbury. org.nz

Lyttelton Community House (LCH) meals programme

This service provides five cooked meals a week. On Monday & Wednesday recipients will receive two hot meals (to cover Mon/Tues & Wed/Thurs). On Friday one hot meal plus a dessert is delivered. These meals are delivered between approximately 3-4pm, and cost \$8.50 each. If you are interested in this service, please get in touch with Hannah at hannah@ lytteltoncommunityhouse.org.nz Meals are now available for collection in Diamond Harbour.

Jikyo-jutsu – Lyttelton Class

Jikyo-jutsu is a Japanese exercise that began in 1916 with some influence of Chinese medicinal ideas. It includes 31 movements altogether. Each movement has a specific effect on particular body parts, with a lot of stretching and breathing.

Our Lyttelton weekly sessions started in 1996 when Sachiko, who was a Jikyo-jutsu instructor, visited her daughter Maki in Lyttelton. Some of Maki's friends were curious and wanted to try this exotic-named exercise and booked Lyttelton Rec Centre as one-off experience.

It has been very popular. Jikyo-jutsu, has been on every week since for more than 20 years despite all the mishaps such as earthquakes.

Many of our members have been doing Jikyo-jutsu for more than a decade and Sachiko, who is now 88 years old, comes to New Zealand every year. She is still very agile and supple, thus has been a great inspiration for all the members.

In our Jikyo-jutsu session, each participant donates week \$2 every for the to pay venue. This small contribution bv everyone enables us to donate a good sum to charities at the end of year, as well as subsidising our twice- a-year lunch.

Article Maki



EVENTS

4 FUN FILLED WEEKENDS NOVEMBER 3-25

BANKS PENINSULA Walking Festiva



Book at www.eventfinda.co.nz

search Banks Peninsula Walking Festival 2018

Programme available from outdoor stores, libraries, Lyttelton, Little River and Akaroa Information Centres and www.bpwalks.co.nz

FIND US ON

EXPERIENCED GUIDES FOR ALL WALKS TOWN, RURAL AND WILDERNESS WALKS ** OVER *00" CHALLENGE SPECIAL FAMILY EVENT OTAMAHUA/QUAIL ISLAND HUT OPENING

WALKS FOR ALL AGES AND FITNESS

Free Have a Go Day

Ladies, here's your chance to try golf at our upcoming She Loves Golf event. Come along to Charteris Bay Golf Club and give golf a go with a free coaching session and some social time in the clubhouse after golf. Equipment can be supplied so all you need to do is save the date.

When: Sunday 25 November from 10am till 12pm.

Register now to receive a free She Loves Golf goody bag on arrival! For more info or to register, contact Jill Rice on pauljill@xtra.co.nz or 021 033-7922. http://lovegolf.golf.co.nz/event?id=341



FISHERMan's WHARF

NEW SUMMER HOURS NOW OPEN TUESDAY'S



Tuesday to Friday 11:30am - 9pm Saturday & Sunday (Breakfast 8am to 11:30pm) 8am - 9pm Phone 3287530 fishermanswharf.nz



The Neighbours of New Zealand **Road Trip**

Cissy and Sam, are hitting the road in the lead up to our 10th celebration of Neighbours Day Aotearoa (March 22 - 31 2019: Celebrating 10 years with 10 days of celebrations).

As we drive across the country we'll be running workshops and reaching out to meet people who are working to create great neighbourhoods across New Zealand. These interactive workshops are for anyone planning a Neighbours Day Event, or supporting other people.

Come along, share ideas, and get the support you need to put on a great Neighbours Day Aotearoa event.

Christchurch Workshop

Thursday November 15, 9-10.30 am Wesleycare Chapel 5 Marble Wood Drive



EVENTS

Events

WEDNESDAY NOVEMBER 13 TH Ohu Investor Evening Lyttelton Board Room, 25 Canterbury St	6-7pm	WEDNESDAY NOVEMBER 21 st Lyttelton Arms Happy Hour	5-7pm
WEDNESDAY NOVEMBER 14 TH Lyttelton Arms Happy Hour	5-7pm	THURSDAY NOVEMBER 22 ND Lyttelton Arms Happy Hour	5-7pm
THURSDAY NOVEMBER 15 [™] Lyttelton Arms Happy Hour	5-7pm	Lyttelton Club Happy Hour	5-6 7-8pm
	5-6 7-8pm	Wunder Bar Ruby James \$10 door	8pm
Wunder Bar How I Learned to Hug Jon Bennett	7pm	FRIDAY NOVEMBER 23 RD Lyttelton Arms Happy Hour	5-7pm
FRIDAY NOVEMBER 16 TH Lyttelton Arms	5-7pm	Lyttelton Club Happy Hour	4-6pm
Happy Hour Lyttelton Club Happy Hour	4-6pm	SATURDAY NOVEMBER 24 [™] BPFW A 'Plauk" along the waterfront (Ticketed Event)	10am
SATURDAY NOVEMBER 17 TH BPFW Changing Vegetation of Diamond Harbou	10am r	Lyttelton Arms Happy Hour	5-7pm
(Ticketed Event) Lyttelton Arms	8.45pm	Lyttelton Crafts & Treasure Collets Corner	9-1pm
Happy Hour		Lyttelton Farmers Market	10-1pm
Lyttelton Crafts & Treasure Collets Corner	9-1pm	Lyttelton's Retro Art and Craft Bazaa	r 9-1pm
Lyttelton Farmers Market	10-1pm	Wunder Bar Terminals Medal	
Lyttelton's Retro Art and Craft Bazaar	9-1pm	SUNDAY NOVEMBER 25TH	
SUNDAY NOVEMBER 18 TH BPFW	10am	Elizabeth Braggins	3-6pm
Town to Coast Native Wanderer (Ticketed Event)		Lyttelton Arms Happy Hour	5-7pm
Eruption Brewing Sunday Afternoon Music – CC Toots	3-6pm	Lyttelton Rose Show	10.30-2pm
Lyttelton Arms Happy Hour	5-7pm		
TUESDAY NOVEMBER 20™ Lyttelton Club Evening Housie	7pm		
Wunder Bar Open mic and showcase	7pm		

GALLERIES:

Lyttelton Information Centre

Open Nonday to Saturday 10-4pm Sunday 11-3pm

Stoddart Cottage Diamond Harbour Open Friday, Saturday and Sunday 10am - 4pm

The Miniature Gallery. Exhibition 2

Ka Awatea, the time of awakening - featuring a fantastic line-up of contemporary artists responding to items from the Lyttelton Museum collection.

This month we are featuring: Edwards + Johann, Kate Watts, Lucy Dolan Kang, Asher Newbery, Jennifer Braithwaite, Helen Taylor, Lorelei Jenner, Teina Ellia, Lee Harper, Lisa Patterson and Rose Marie Salmon.

Exhibition 2 closes Saturday 17th November.

Curated by Sarah Amazinnia and Holly Cunningham. Supported by Te Hapū o Ngāti Wheke and Lyttelton Museum, and made possible by the Enliven Places Projects Fund, Creative Communities, Structex, Lyttelton Engineering and our awesome neighbours.

Open Thursday, Friday, Saturday 10am -2pm or by appointment 027 4466816

33-35 London Street – access via stairs between Henry Trading and Lyttelton Coffee Company

COMING UP:

Lyttelton Arts Factory

Dec 8th Mel Parsons Glass Heart Album Tour

Nov 28-Dec 13 LAF Education Shows

Dec 20-22 Golden Goose







Rose Show Programme

Sunday November 25th

7am – 9am:	On the day entries
9 – 10:30am:	Judging (closed to public)
10:30am:	Open to public, live music (The Jazz Quarter), stalls and cafes
11:15am	Charity Cake auction
11:30am	Live music, stalls and cafes continue
1pm	Winners announced! Prizegiving.
1:30pm	Raffle drawn
1:45pm	Entry collections
2:00pm	Show closes

Please note: the show ends at 2pm. This is earlier than previously advertised. See facebook: LytteltonRoseShow for more details.



NOTICES

Community Activities in and around the Harbour this Week

MONDAY

Community Choir 7.30pm Union Chapel, Winchester Street, Lyttelton. All welcome. Jillie 021 152 8068

Diamond Harbour Yoga

6.30pm - 8pm General Class, Diamond Harbour Rugby Rooms

Lyttelton Scouts Every second Monday 6.30-8pm Contact Ruth Targus 021 259 3086

TUESDAY

Community House Shared Lunch 12.00pm 7 Dublin Street Make new friends

Diamond Harbour Yoga 6am - 7am Early Bird Class Diamond Harbour Stage Rooms

Lyttelton Library Storytimes 11.00-11.30am

Lyttelton Yoga 9.30am - 10.45am 6.30pm - 8pm, Scouts Den Lyttelton Contact Rebecca Boot 021 071 0336

Diamond Harbour Bridge Club

1.20pm for 1.30pm start Diamond Harbour Football Club Rooms. \$4 table For more information call 329 4868 or 329 4149

Lyttelton St John Youth Division 6.00pm St John Ambulance Station 52 London St, Lyttelton

St Joseph the Worker R.C.Church 9am Mass 21 Exeter Street, Lyttelton All Welcome More information call 384 1600

WEDNESDAY

Diamond Harbour Bridge Club Bowling Club Rooms. All welcome 6.40pm for a 6.50 start Partner finder - Carolyn Craw. Ph 329 4684

Diamond Harbour Singers

7.30 - 9.00pm Every Wednesday in Stage Room of Community Hall. All welcome. Contact Margie 329 3331

Diamond Harbour Yoga 6am - 7am Early Bird Class. Diamond Harbour Stage Rooms

Lyttelton Community Garden

10am Every Wednesday. Meet at the garden behind the Lyttelton Pool in Oxford Street. For more information 328 9243

Lyttelton Cubs

6.30pm Contact Ruth Targus 021 259 3086

Lyttelton Garage Sale

10.30am 54a Oxford Street, Lyttelton Second Hand Bargains and more.

Lyttelton Harbour Fruit and Vegetable Collective

Trading between 12.30 and 2.45pm at the Lyttelton Recreation Centre, 25 Winchester, Street Lyttelton Contact Jill Larking for more info 027 237 4960

Lyttelton Library Wednesdays Knit and Yarn 10.00-12.00pm

Lyttelton Play Group

Lyttelton Playgroup At Kidsfirst Lyttelton 12,30pm- 2.30pm 33 Winchester St Lyttelton Call 03 328 8689 for more information

Harbour Yoga Vinyasa

6pm-7.15pm. 021 882 403 Gentle Class, Trinity Hall

THURSDAY

Community House Flat Walking Group. 10am Contact Hannah Sylvester. Ph: 741 1427

Diamond Harbour Yoga 6am - 7am Early Bird Class Diamond Harbour Stage Rooms

Governors Bay Volunteer Fire Brigade

7.00pm Governors Bay Fire Station Weekly Training, New Members Welcome

Lyttelton Garage Sale 10.30am 54a Oxford Street, Lyttelton Second Hand Bargains and more.

Lyttelton Volunteer Fire Brigade 7.00pm Lyttelton Fire Station

Weekly Training, New Members Welcome

FRIDAY

Diamond Harbour Yoga 6am - 7am Gentle Class

NOTICES

Community Activities in and around the Harbour this Month

Diamond Harbour Rugby Rooms

Lyttelton Garage Sale 10.30am 54a Oxford Street, Lyttelton Second Hand Bargains and more.

Lyttelton Library Fridays Babytimes 10.30-11.00am

Lyttelton Yoga 9.30am - 10.45am Scouts Den Lyttelton Contact Rebecca Boot 021 071 0336

SATURDAY

Lyttelton Farmers Market 10.00am London Street, Lyttelton Fresh produce, Live Music, Buskers and More

Lyttelton Garage Sale

10.00am 54a Oxford Street, Lyttelton Second Hand Bargains and more.

Lyttelton Harbour Bazaar Market 10.00am No 6 London St. Artists, Bric a Brac and More

Harbour Yoga 9am Trinity Hall, Lyttelton Rec Centre

SUNDAY

St Saviour's at Holy Trinty

17 Winchester Street 10.00am Service with Holy Communion All Welcome

GROUPS

Banks Peninsula Community Board

10am Second Monday Each Month Meetings Open to the Public

Bay Harbour Toastmasters

6.30pm. Every 2nd and 4th Wednesday of the month Lyttelton Community Board Room, 25 Canterbury St Contact: Jann Meehan, 021 263 1040

Diamond Harbour Civil Defence

7.00pm Third Wednesday of the month. Community Church Diamond Harbour Contact: Wendy Coles 0211541434

Governors Bay Civil Defence

7.00pm Third Wednesday of the month. Governors Bay Fire Station Contact Contact: Ian Palmer 3299 160

Lyttelton Harbour Business Association

For more information contact: admin@lhba.co.nz

Lyttelton Museum Historical Society

Contact Wendy McKay info@lytteltonmuseum.co.nz

Lyttelton Netball Club

Contact Flo McGregor flomac@xtra.co.nz

Lyttelton Rugby Club

For details visit the club Facebook Page or contact the club's Rugby Manager Nathan.mauger@gmail.com 021 111 6069

Little Ship Club Canterbury

We meet on the 3rd Thursday of the month usually at Naval Point Club Lyttelton from 7.00pm. The club has regular guest speakers and undertakes a large range of activities that increase the knowledge and skills and enjoyment of its members and for the benefit of yachting generally. All welcome www.littleshipclubcanterbury.wordpress.com

Lyttelton Time Bank

1-4pm Wednesday, 10-4pm Thursday, 1-4pm Friday Lyttelton Recreation Centre 25 Winchester St Lyttelton 328 9243 www.lyttelton.net.nz

Lyttelton Toy Library

Located at the Lyttelton Rec Centre Squash Court 25 Winchester St. Open each fortnight on Saturday morning 10-12 noon. For more information see Facebook Lytttelton Toy Library or email lytteltontoylibrary@gmail.com or call Helen 021 075 4826

Naval Point Old Salts Lunch

The Old Salts Lunch is being held on the 2nd Tuesday of every 2nd month with the next one being held next Tuesday, 10th February starting @ 12:00 with 2 course lunch commencing @ 12:45. Contact Barry Bowater 329 4828 or 0272743520

Narcotics Anonymous Lyttelton Meeting

6:30 Monday Community House. 5 Dublin St.

6.30 Thursday 25 Canterbury Street www nzna.org

St Joseph the Worker R.C.Church

5.30pm Mass 3rd Sunday of the month. Parish House 21 Exeter Street Lyttelton. Ph: 384 1600

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PLACES TO STAY

B@B Settlers Retreat 153 Main Road, Governors Bay	021 186 3220 021 144 2979	thackergj@slingshot.co.nz Hosts: John and Gaynor Thacker
Black Kiwi Apartment, 78a Reserve Terrace, Lyttelton	028 401 8720	jmimab@hotmail Host: Jemima
Dockside Accommodation 22 Sumner Road, Lyttelton	021 152 3083	lytteltonaccommodation.co.nz
Governors Bay Bed and Breakfast Governors Bay Road, Governors Bay	03 329 9727	gbbedandbreakfast.co.nz Host: Eva
Governors Bay Hotel 52 Main Road, Governors Bay	03 329 9433 021 611 820	governorsbayhotel.co.nz Host: Jeremy and Clare
Harbour Lodge 1 Selwyn Road, Lyttelton	027 242 7886	info@harbourlodge.co.nz www.harbourlodge.co.nz
Little River Camping Ground 287 Okuti Valley, Little River	03 325 1014 021 611 820	littlerivercampground.co.nz Host: Marcus
Orton Bradley Park Camper Van Stay Marine Drive, Charteris Bay	03 329 4730	ortonbradley.co.nz Host: Ian
The Rookery 9 Ross Terrace, Lyttelton	03 328 8038	therookery.co.nz Host: Rene and Angus

EAT, DRINK, DINE

Dark Star Ale House and Cafe Waipapa Avenue Diamond Harbour	03 329 3245	darkstarbrewing@yahoo.com Host: Donna and Martin
Fishermans Wharf Norwich Quay, Lyttelton	03 328 7530	www.fishermanswharf.co.nz Host: PJ
Lyttelton Top Club 21 Dublin Street, Lyttelton	03 328 8740	www.lytteltontopclub.co.nz
Roots Restaurant 8 London Street, Lyttelton	03 328 7658	rootsrestaurant.co.nz Meet: Giulio and Christy

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THINGS TO DO

Black Cat Cruises Quail Island Adventure B-Jetty, Lyttelton Wharf [Below Oxford Street]	03 328 9078 0800 436 574	blackcat.co.nz
Christchurch Gondola 10 Bridle path Road, Heathcote valley	03 384 0310	welcomeaboard.co.nz
International Antarctic Centre 38 Orchard Road, Christchurch Airport	0508 736 4846	iceberg.co.nz
Jack Tar Sailing Dampier Bay Marina, Lyttelton	03 389 9259 027 435 5239	jacktarsailing.co.nz Skipper: Mike Rossouw
Orton Bradley Park Marine Drive, Charteris Bay	03 329 4730	ortonbradley.co.nz
Naval Point Club Our Ocean Water Sports Club	03 328 7029 027 379 9212	www.navalpoint.co.nz

LOCAL EXPORTS

Lyttelsoft Specialising in Accounting Software	03 328 8671	lyttelsoft.co.nz Meet: Penny Mercer
Real Homes New Zealand Limited PO Box 94, Lyttelton	03 390 3393 021 224 6637	realhomes.co.nz Real Estate Agent: Lynnette Baird
Saunders & Co 1063 Ferry Road, Ferrymead	03 940 2435 022 133 6963	saunders.co.nz

HEALTH, BEAUTY, FITNESS

Honey Comb 34 London Street Lyttelton	03 328 8859	honeycombhair@xtra.co.nz or see our facebook page
Lyttelton Health Centre 18 Oxford Street Lyttelton	328 7309	www.lytteltonhealthcentre.co.nz

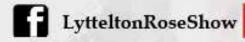
Get your make on.



Sun. 25 November 2018

Calling all green thumbs and bakers, brewers and makers! We're looking for Lyttelton's best jam makers, picklers, home brewers, bakers, upcyclers, photographers, rose growers and more to enter the 92nd Lyttelton Rose Show this November.

Time to get your make on and register your interest today.



Register: lytteltonroseshow@gmail.com

Lyttelton Recreation Centre

Sunday 25 November, 10am - 3pm