## LYTTELTON REVIEW

#### September 2016 • Issue: 173

Purau · Diamond Harbour · Church Bay · Charteris Bay · Governors Bay · Rapaki · Cass Bay · Corsair Bay · Lyttelton

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Next Issue print date: 20th September 2016. Content Deadline: 16th September 2016.

#### **Review Creators**

Lyttelton Harbour Review is a 100% voluntary community newsletter initiative developed after the February 2011 earthquake. It's a Lyttelton Harbour Information Centre initiative produced by Chairperson Wendy Everingham and Committe Member Jenny-Lee Love.

The objective of the Lyttelton Harbour Review is to help keep local residents informed with what is going on in the wider Lyttelton Harbour community. Of course the success of the Lyttelton Harbour Review could not be possible without the ongoing support and enthusiasm from the wider community.

A big thank you goes out to everyone who sends information; is willing to be interviewed or lets us know what might be happening in the neighbourhood. The Lyttelton Harbour Review project would not be possible without you all.

If you have an event, topic, sport announcement, fundraiser or cause that you would like to share with the harbour community, then Wendy or Jenny-Lee would love to hear from you:

Wendy Everingham Office: 328 9093 Mobile: 021 047 6144 Email: infocentre@lyttelton.net.nz Content Deadline: 5pm Friday

Jenny-Lee Love Email: lytteltonreview328@gmail.com

Subscribe to the Review:

Email either Wendy or Jenny-Lee with the words "Subscribe Me" in the subject line and the Lyttelton Harbour Review will be delivered to your inbox.

In 2016 the Lyttelton Harbour Review is produced fortnightly. Any important information between times will be emailed as a Lyttel Broadcast if neccessary.

Hard Copies of the Review are available at:

Fat Tony's

Lyttelton Community House

Lyttelton Harbour Information Centre

Lyttelton Library

Lyttelton Top Club

Back Copies Available to Download:

www.lytteltonharbour.info

## New Walking Map Lyttelton Area

Finally Lyttelton has a detailed walking map that helps locals and visitors explore the township and surrounding area. The Information Centre in partnership with the Rod Donald Trust has produced this publication. Detailed maps and interesting snippets fill this publication.

#### Featured walks include:

- Coastal Walk to Pony Point
- Nooks and Crannies Lyttelton Township
- Urumau Loop (Urumau Reserve Crater Rim – Major Hornbrook)
- Ohinehou Skyline Circuit (Major Hornbrook-Crater Rim- Bridle Path)
- Whakaraupo Loop (Stan Helms Track- Bridle Path)

Other useful information includes degree of difficulty, approximate walk times and dog information.

This brochure is the first in a new series for this harbour. To follow will be Diamond Harbour and Governors Bay. Maps cost \$2 and are available from the Lyttelton Information Centre 20 Oxford St Lyttelton.



Other brochures in the series include:

Akaroa Village Walks, Akaroa Harbour and Bays, Akaroa Country Walks. For more information in Banks Peninsula Walks see www. bpwalks.co.nz

Article Lyttelton Information Centre

## **Reserve Management Committees** Why we need Reserve Management Plans.

There are fifteen Reserve Management Committees on the Peninsula and most date back to the former Banks Peninsula District Council. Around Lyttelton Harbour we have five, Diamond Harbour, Cass Bay, Lyttelton Reserves, Lyttelton Recreation Ground and Allandale. Some of the committees function well whilst others are not quite so optimal. Recently representatives from all the committees got together in Little River to discuss their future and talk about the framework in which they operate. There appeared to be clear operational differences between committees but an overriding consensus that the committees were responsible for the governance and daily operational management of the reserves.

I have been a member of the Lyttelton Reserves Management Committee for the last three years. This means I am part of a community governance team looking after Urumau and Whakaraupo Reserves. During my first term I've been learning and having hands on experience re planting, weeding and maintenance. Tasks for Urumau Reserve have been guided via a Reserve Development Plan that was commissioned several years ago by the Community Board. Whakaraupo Reserve has no formal development or management plan.

What I didn't comprehend when I joined the committee was the structure around it. I'd say myself and most of the people on the committee had little comprehension of how it all fitted together. The induction for new people provided by Council staff was limited and didn't really make things clear. After three years of confused operation, much delving and general observations I'm a lot wiser and finally see what the framework is supposed to be and how our committee should operate.

Reserve Management Committees are part of the Christchurch City Council. In fact, they are subcommittees of the local Community Board. They are not advisory committees like most within the council framework. Their authority comes via the City Council in its requirement to carry our certain provisions within the Reserve Management Act. They are a rare example of council deciding to pass control to the local community which in effect means that the community elected members are the managers in charge of the day to day operations and governance of their particular reserves and council staff are there to support committee aims. This has not been especially clear for some staff that have never had to work this way. Community Boards from suburban Christchurch wards do not operate like this.

For committees to be effective they should have a community developed framework and this is guided by a publicly consulted Reserve Management Plan that has been commissioned by the Community Board. These plans provide the frameworks guiding the committee about the activities they are approved to undertake. A management plan is a very comprehensive document which outlines all the features of the reserve and intended development activities. All residents of the local communities must have the opportunity to have a say. The reserves after all are community assets.

Unfortunately, some reserves have not had this work done. In the case of Urumau and Whakaraupo in Lyttelton this has led to a vacuum and some wellmeaning people, unintentionally have gone off and done work in the Reserve where there isn't official approval from the wider community. Without a clear framework for the future, it is difficult for committee members to govern cohesively. Effectively outside experts are permitted to take control. In Urumau Reserve this has meant mountain bike trails and eventing circuits are being developed within the pine forest without knowledge of the wider community but seemingly sanctioned by council staff. In Whakaroupo it has meant new tracks have been formed by individuals who thought it was a good idea. There has been no community input into this activity they just appeared. Not being clear on the framework has led to some unfortunate outcomes. With proper plans we'd all be a lot more effective, both committee and staff would have clearer and more transparent objectives enabling our community resources to be managed more democratically.

To rectify this shortcoming Pam Richardson, the current Akaroa Wairewa Community Board Chair has stated that Reserve Management Plans will be a high priority for consideration for the new Banks Peninsula Community Board.

In the meantime what is to happen? Is unauthorised work to be put on hold until Management Plans are developed or is the community going to be asked approve work that's already been done?

Article Wendy Everingham

## Lyttelton- Market Town A New Market Starts

On the third Saturday of every month another market has begun in Lyttelton. Based at the LAF (Lyttelton Arts Factory) The Lyttelton Healing Heaven Market will be open from 10-4pm. This is a locally inspired and run event. Founder Dawn Cowan is what many locals would call a "Real Lytteltonian" having been born in the town and living here most of her life.

Dawn has always been fascinated in alternative therapies and coupled with her desire to help people feel good about life and themselves she has opened this trading place where alternative therapy practitioners and people who have products that enhance your wellbeing can come and trade.

"I think that there is a lot of healing needed in our area especially since the earthquakes. People need other ways to deal with their issues other than just going to the doctor and being numbed and dumbed down with pharmaceutical medicines" she said. She believes the medical profession is only one port of call. "We are complex beings operating on many levels, mind, body and soul and this market will provide some more options for people" she said.

"Having everything under the one roof makes it easy for people to explore lots of things" she said. The first market was run a couple of weeks ago on a rare bleak and raining Saturday. Despite the weather the event was very well supported and that gave her the confidence to make this a regular feature on the Lyttelton Market Scene.

Naturally Dawn is a stallholder as well as the market organiser. Dawn's stall focuses on healing oils. Nothing really new in this concept as oils have been used for 1000's of years to treat the human body. "Health has always come from nature for indigenous people, we are really just catching up with that idea," she said.

She's working with a company called Doterra. The more she talks about this group the more it sounds in line with many Lyttelton people's philosophy of life.





The company sources most of its oils from third world countries, paying local people via co-ops decent wages. The group as a whole then reinvests extra surpluses into projects that help people directly on the ground where they live. This has resulted in improving schools, building medical clinics etc. Doterra has been running for eight years. Beginning with three oils they are now supplying over 60. Amazingly they even source one oil from New Zealand. Douglas Fir Tree oil is sourced from wilding pines near Queenstown. It's great that a weed is being used in this way to provide a product of value.

At the market place you'll find all sorts of therapies, treatments and things to improve and support your wellbeing. At the first market day some of the practitioners to attend were Janet Taylor who came along to introduce Orthobinomy, Peter Harper from Diamond Harbour provided Oric Healing, Raine Clark introduced traditional Maori Healing, Annie Durya, another successful expo creator and an inspiration to Dawn attended from Reiki Relax, and Mathew Spietz had a beautiful display of Crystals and jewellery.

Next time around there will be probably others you will recognise. The market is open to anyone who has a treatment for healing or wellness.

If you would like more information or are keen to have a stall, please contact Dawn. Stalls cost \$40 for a 2\*2 metre site. In line with the philosophy that you always put something back into the place you operate from, each market day Dawn will have a raffle and the proceeds will be donated to various community organisations in the area.

#### Dawn Cowan 021 560 586 dawncowan025@gmail.com

Article Lyttelton Information Centre

#### Piece of History Anchored in Lyttelton

At the top of one of Lyttelton's steepest streets, an anchor buried two metres underground was the last thing SCIRT's Fulton Hogan team expected to dig up, even in the charming portside town.

The anchor was unearthed whilst SCIRTs Fulton Hogan team was carrying out repairs to the wastewater, storm water and water supply networks throughout Lyttelton and the Bays. It was near the peak of Hawkhurst Road, whilst working in close proximity to a brick barrel storm water pipe from 1885, that Fulton Hogan and subcontractor EDR discovered the large 1.6m cast iron anchor.

Work was immediately stopped for archaeologist Peter Mitchel to step in and assess the situation. Anchors are quite hard to date, but according to Mitchel the general rule is wrought iron anchors are dated early 1800's, whilst cast iron or steel anchors are dated late 1800s. "It appears to be an admiralty anchor with a sliding stock. It could have been used for either a small vessel or spare anchor for kedging."

Laurence Fabian owns the land where the anchor was found and was thrilled to learn he now also owns of a small piece of history. Fabian's family has always been tied to the Lyttelton community, with his great aunt being the original owner of the Lyttelton Ice Cream Parlour. Fabian had heard rumours that his land was once a storage yard for ship parts, but hadn't paid much mind to the rumour considering the steep location. "Potentially the rumours weren't far off the truth," Fabian said.

Fabian is captivated by local history and wanted this discovery to be part of something bigger than his own backyard. This is where deep sea diver, David Tattle, and his nationally renowned private collection step in. Tattle is a commercial diver of 55 years, travelling from one remote area to another to collect, restore and display a collection of shipwrecked treasures. With the permission of Fabian, Tattle's distinguished collection now also includes a piece of buried treasure as opposed to his usual dazzling deep sea discoveries.

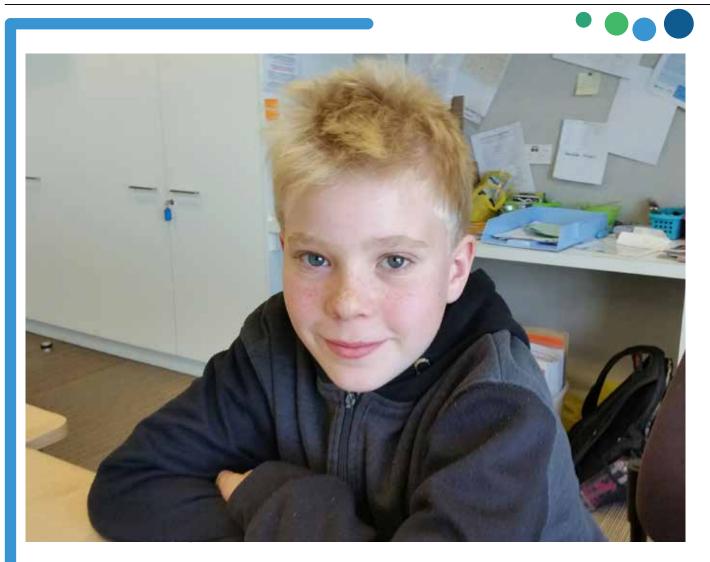


Above: Anchor restored and displayed as part of David Tattle's private collection.

Below: EDR subcontractors Peng Wang and Nic Nunan, land owner Laurence Fabian, EDR subcontractors Simon Gallarin and Glenn O'Docherty, Fulton Hogan project engineer Rob Löbker



Article Fulton Hogan



## Lyttelton's Junior Reporter

Welcome to the newest member of the Lyttelton Review team. Kayden Leftly is a pupil from Lyttelton Primary School and he's currently the schools reporter. We came across one of his stories and thought it was so good that we decided to ask him to join our team. He's happily agreed to share his stories about his school with the Lyttelton Review.

Kayden enjoys reading and writing. This is really reflected in his writing. We hope you enjoy his first story about a Wriggly New Business.



**Lyttelton** PRIMARY SCHOOL Te Kura Tuatahi o Ōhinehou



#### Lyttel Worm Co A Wriggly New Business at Lyttelton Primary

Kayden Leftly — August 1, 2016

As an enrichment project at Lyttelton Primary, a group of students has teamed up with Melanie Morris to create a wriggly business idea.

As the Lyttelton Primary School reporter, it was just lucky that I decided to join Melanie Morris' worm group and was asked to do a report on this Lyttel business idea. Lyttel Worm Co is a small business idea that was dreamed up by a team



of LPS students along with Melanie Morris, an expert on nurturing and building small businesses. As Lyttel Worm Co, our aim is to create a functional worm farm, sell off worms and their castings and therefore, build a business.

So why would anyone want to buy worms, you ask? Worms are very powerful to the environment, as they don't just eat most of your food scraps, but also excrete a rich fertilizer that is good for the soil or growing plants in.

Some of our members are currently working on a website and our team has a domain name secured, so we are on the verge of going public. We are also working on hoodies, packaging for our products and the list goes on.

I think that this is an amazing opportunity to learn about how to build and run a successful company and is fun and exciting at the same time. Although we are on a roll, we would love to have some sponsors so if you can donate or tell someone about us, then please do!!

Thanks, Kayden



PRIMARY SCHOOL Te Kura Tuatahi o Õhinehou

## How safe is our water? A CCC Update

The contamination of Havelock North's water supply has raised questions about the safety of water supplies across the country.

Could Christchurch's water supply be vulnerable to contamination?

We put some questions to John Mackie, who is Head of Three Waters and Waste at Christchurch City Council. Here is what he had to say:\

#### How safe is Christchurch's water supply?

In Christchurch we're fortunate to have access to a reliable supply of high quality drinking water, most of which is sourced from underground. Most of our groundwater sources have achieved the highest possible rating for groundwater and is regularly monitored.

All of Christchurch's groundwater sources apart from one are rated as being at very low risk of contamination. The Northwest Christchurch groundwater supply is not at the same level and the Council has plans in place to upgrade this source by June 2018. This source supplies about 80,000 people.

#### How often does the Council test the water?

The Council tests the water daily in large distribution areas in its accredited laboratory and less frequently in areas where smaller numbers are supplied. All secure groundwater sources and reservoirs are tested monthly. Water from shallow bores is tested more frequently (eg Burnside is tested daily). The Council is not responsible for monitoring water quality in individual properties that collect rainwater in tanks or have their own private bores.

#### What about Banks Peninsula?

Many sites in Banks Peninsula, such as Akaroa and Little River, rely on surface water from streams for the Council-supplied water. These sources are treated with chlorine.

#### Is E.coli tested for?

Yes. E.coli is easy to detect and can be detected within a short amount of time, usually within 24 hours. The presence of E.coli is an indicator of faecal contamination of the water and means that other harmful pathogens could be present. Not all strains of E.coli are harmful to humans though; some are beneficial and naturally occur in the gut.

Has E-coli been detected in the water? In the past year there have been nine incidents resulting in 14 positive tests for E. coli in the water



from more than 5000 tests. This is much lower than the allowable limit.

### What was done when the positive result was found?

When the contamination was discovered, health authorities were immediately notified, the source was isolated where possible, and measures taken to identify the cause and to treat the supply with chlorine or to flush the system. We also notified people in the affected areas who might have detected the presence of chlorine in the water.

#### Who oversees the testing regime?

The testing regime and frequency is approved by the Canterbury District Health Board's Community and Public Health division. Information about positive test results and reports of illness to the Medical Officer of Health are matched to help identify issues as early as possible.

## If water is found to be contaminated, do you have a plan for dealing with it?

We have a plan for how we would deal with any positive test for contamination, including immediately isolating the source while the contamination is confirmed and treated. The plan includes details on how we will get information out to the public as soon as possible.

## What is the Council doing to maintain the quality of water supply?

The Council is in the process of upgrading bores in the Northwest of the city to deeper wells to reduce the risk of contamination. This work is on track to be completed by the end of the 2018 financial year.

Article Newsline Christchurch City Council



## Friday 23 September 7.30-10pm

St Saviours Church Winchester St Lyttelton Entry \$10

Come celebrate the Spring Equinox with a dance and a ritual to visualise the seeds you are planting in your life. Pure and simple we were born to move. When we dance we feel better, physically, mentally, emotionally. Come and step into the energy of Spring on the dance floor to great music with others who love to dance!

Wear loose comfortable clothing, bring water, dance barefoot or in soft shoes.

 The church is a sacred space so this event is a drug and alcohol free.
Any profit will be donated to the church

landscaping fund.

Ffi contact : Jan & John 328 8977

#### **Consultation to shape Suburban Parking Policy**

The Council is seeking community input on how we should manage our suburban road space through a survey on suburban parking that opens today.

The survey explores different ways of addressing parking demand in our growing suburban areas.

Richard Osborne, Head of Planning and Strategic Transport says, "Our suburban streets play an important role for both residents and the city as a whole. They provide space for people to move around the city, green space, places to meet and socialise, and they often provide parking.

"The Council manages more than 2,300km of roads so getting the balance right between these competing demands for road space is an important challenge."

The survey on suburban parking is the first stage towards developing a Christchurch-wide approach to address demand for public space in suburban streets and Council car parks. The overall aim is to provide more innovative and consistent solutions to parking issues that make suburban areas more pleasant and cohesive places to be.

"The survey asks the community to consider issues such as commercial parking in suburban areas, mobility parking, and houses with no off-street parking, and the Council's role in managing these issues," says Mr Osborne.

"We are keen to hear about different ways to resolve parking issues and any issues we may have missed."

Feedback and ideas put forward through the survey will shape the development of a draft Suburban Parking Policy to better manage parking on suburban streets. The draft policy will be consulted on and amended again before it is used to inform future decisions on suburban parking issues.

The survey is open until Thursday 15 September. Further information about the suburban parking consultation is available on the Council's website at ccc.govt.nz/HaveYourSay.

#### Healthy Events and Fundraisers

This is the new resource you've been waiting for! It gives information, sample policies and tips for running healthy events, and fundraising activities. Sub-title: A

Guide for school and community event organisers. Feel free to order online http://www.cph.co.nz/resource\_list.php?mc=999

#### Call for Expressions of Interest Lyttelton Design Review Panel

The Lyttelton/Mt Herbert Community Board is seeking expressions of interest from local design professionals with qualifications in architecture and/or urban design and Community Representatives who have a good local knowledge and understanding of design and development. Panel members are to bring their design expertise to the consideration of plans and proposals for developments in Lyttelton.

The Panel will have an advisory role and consider developments which trigger restricted discretionary activity status in relation to design in the Lyttelton Character Area Overlay (of the Banks Peninsula Residential Zone) or the Commercial Banks Peninsula Zone.

Participation in the Lyttelton Design Review Panel would be voluntary, and will be on an "as needed basis" for an 18 month trial period.

To find out more, and for a copy of the draft Terms of Reference, please contact Community Board Adviser Liz Beaven 941 5602, email liz.beaven@ccc.govt.nz.

To register your expression of interest please submit a CV along with a short statement about why you would like to participate to Liz Beaven by 9 September 2016. Paula Smith, Chairperson

Lyttelton/Mt Herbert Community Board

#### Lyttelton After School Care.

Providing children with a fun and positive environment where they can feel safe and encouraged with supportive and positive team members. We offer a range of activities each day from homework assistance, learning games, sports, crafts to baking, cooking, free play and more. Holiday programmes, before and after school care to children aged 5 to 13 years old.

Lyttelton After School Care - September/October Holiday Programme.

Two weeks of fun activities. Based in and round Lyttelton.

Enrolments are open now.

Ministry approved and WINZ subsidies available for eligible families.

For more information or to enrol please contact 027-485-8172 or email lytteltonafterschoolcare@outlook. co.nz

Enrolment forms can be found at the Centre - 69 London Street

#### Lytteton Redux

This project is capturing the imagination of many Lyttelton people. On the last Sunday in August, artist and project founder Julia Holden had a fund raising event at the Lyttelton Arts Factory. She performed a live performance art piece creating, The Lyttelton Venice. The event was to show the audience what's involved in painting real life models, encourage people to get involved in her project and celebrate the portraits that she had already completed. She's looking to create over 20 portraits on modern day people becoming historical figures. They will form part of an exhibition later in the year. To date she's turned Adam Jones into Captain Thomas, David Bundy into his grandfather, Jeremy and Claire Dyer into the Godley's etc.





#### **Advertising in the Review**

Since the inception of the Lyttelton Review we have been very generous with advertising. Any one off advertisements for businesses have generally been published free. Advertisers are encouraged to make a donation to our volunteer organisation.

To be a permanently listed business in the directory and have articles written about your business we have a yearly membership fee of \$165 including GST. If you would like to have a yearly listing please contact us infocentre@lyttelton.net.nz and we will forward our membership application.

#### Proposed Combined Probus Club for Lyttelton and Harbour area.

Some reasons to join Probus and make it your social club of choice:



- Enjoy the fellowship of likeminded people
- Hear interesting speakers
- Develop new interests and stay active
- Explore new destinations
- Save on travel insurance
- Non-political and non-fundraising

Come along to the Union Chapel Hall, Winchester Street on Wednesday 14 September at 1.30pm and hear about the benefits of joining Probus, or come and talk to us at the Lyttelton Market on Saturday 10th September

#### Lyttelton Port Oil and Gas Berth Testing Underway

Lyttelton Port of Christchurch is planning to construct a new Oil and Gas berth as replacement for the existing berth which was severely damaged due to the Christchurch earthquakes.

LPC has today (1 September 2016) started conducting a series of tests from a floating barge in the Inner Harbour which is visible to those overlooking the area. The testing is to better understand the seabed profile to ensure an appropriate dredging operation can be conducted.

The berth will be redeveloped slightly North from its existing position and this requires some minor dredging to accommodate the vessels that will use it. All fuel for Christchurch is imported through Lyttelton Port and the oil berth is vital infrastructure needed to service the city and the region. Constructing this new Oil and Gas berth is part of LPC's focus on providing port services that meet the region's needs and support Canterbury's long term trade growth.

LPC will provide further updates about the Oil and Gas berth development as the project proceeds. Article Lyttelton Port Company

#### Farewell. In memory of Rob Gendall.



Rob was the CEO of Lyttelton Engineering. He passed away suddenly last month. We just wanted to acknowledge his wonderful contributions in Lyttelton. For many years in the early 2000's he was both a board member of the Lyttelton Information and Resource Centre Trust and the Lyttelton Harbour Business Association. He was incredibly generous with his time, money and company services in this community. Nothing was ever too much trouble. His company is a shining example how community and business can work together.

#### Change the conversation

Too often we hear people in poverty being blamed for their 'poor choices'. Children don't get to choose their circumstances, and in dealing with it often show strength, courage and dignity beyond their years.

Variety has started a new campaign to get New

Zealanders talking about child poverty and what we can do. They asked kiwi kids living in poverty to write in with their stories, and prominent New Zealanders have read some of these in videos.

SEWN is asking you to help change the conversation about poverty by sharing these videos: Sir Graham Henry - https://youtube/bYpHkSVmO4U Toni Street - https://youtube/9l\_Bx7kWyKs Taika Waititi - https://youtube/my0\_Mbkr1f8

Please choose one today to share on your Facebook page, and in a few days time share another, and then the last one. Let's see if we can get everyone hearing the voices of these children and thinking about how things can be changed.

The campaign also has videos of prominent people talking about possible solutions and ways to help. We hope that once you've shared the videos above, you'll share some of the solutions videos too.

You can find out more about the campaign at http:// www.dearnz.co.nz/.

Sharon Torstonson **Executive Officer** Social Equity & Wellbeing Network (SEWN) Ph 366 2050

#### **Zumba** Class

Zumba Gold Fitness is fun, low impact, easy to follow exercise for active older adults and beginners which lets you move to the beat at your own pace.

Every Friday 11.30 -12.30pm Lyttelton Recreation Centre 25 Winchester St, Lyttelton. Cost \$5 For more information contact either: Mele Paoese 021 216 5039 Ellen Graham 329 4361

Come along and join us next Friday for a fun filled hour of exercise followed by a complimentary cup of Coffee/Tea afterwards.

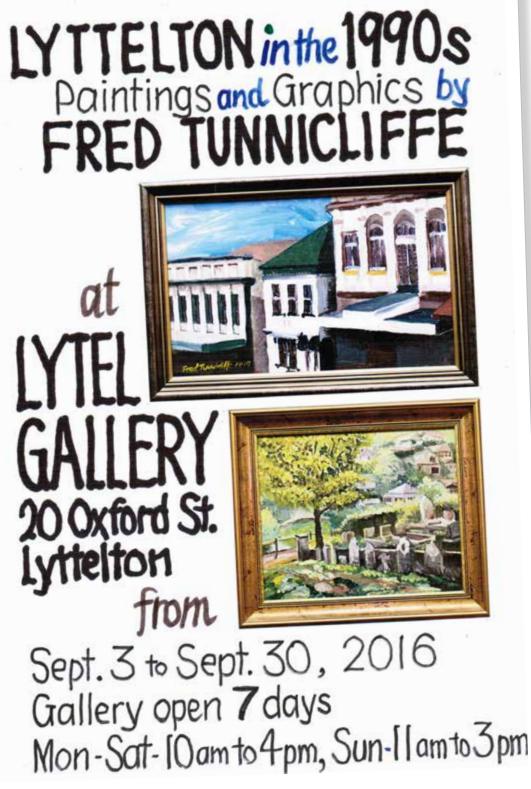


## Lyttelton in the 1990'S Paintings and Graphics by Fred Tunnicliffe

Fred attended llam Art School at Canterbury University on leaving school and had a career of graphic and product design. Fred and his wife Alison started their own publishing company. The first product was the Lyttelton Harbour poster featured in this exhibition. The company arew to ten salespeople and three graphic designers over a 20 year period.

Through these years Fred painted and had three solo exhibitions in the Orion Art Gallery, Akaroa and many group shows as well.

This exhibition features Lyttelton buildings and surrounds, an exercise to develop technique etc and just happened to be an historical record of some of Lyttelton.



## New Oral Surgery at **Charity Hospital**

### **Residents of Lyttelton Harbour Eligible**

A new oral surgery will launch later this year at the Canterbury Charity Hospital Trust in Bishopdale as an extension to their current dental service to include wisdom teeth extractions.

The two new clinics will be supported by four new volunteer oral surgeons who have joined the hospital team to support our current volunteer dentists with more complex procedures. The addition of an extra chair means that hygienist and dentures services will also be offered.



## Now in your community



Green Prescription supports people to lead

active and healthy lives with access to free consultations now being run in Lyttelton. A qualified Physical Health Advisor will work with you to customise an activity plan and have regular follow ups to support you to achieve your goals.

#### How do I get a Green Prescription?

Call or visit your GP or Practice nurse and ask about Green Prescription.

Call 0800 ACTIVE (22 84 83) or visit our website and fill in a self-referral form www.sportcanterbury.org.nz

#### I look forward to working with you.

Abby Wilson

Physical Health Advisor

Sport Canterbury

Over the years many doctors, nurses, dentists, other health professionals and public-spirited people have volunteered their time and expertise to help make the charity hospital a success and enable them to provide their services for free.

In addition to the current dental services for WINZ clients only, the Charity Hospital also offers colonoscopy, general surgery (abdominal & lower colorectal surgery), gynaecology and women's health, ophthalmology (eyes), orthopaedics (hands, elbows, minor shoulder), vascular surgery (varicose veins), vasectomies and counselling for adults.

It costs over \$15,000 a week to run the Canterbury Charity Hospital and, as the hospital does not receive any Government funding, it relies on funding from a range of trust, and organisations, along with donations from the public.

To access the Charity Hospital's surgical and medical services, patients have to have received a letter from

> the public health system saying they do not make the waiting list and a referral from their family doctor. As well as that they do not have medical insurance or the means to pay for their operation privately.

> As part of the Canterbury Charity Hospital's fundraising, the Trust is hosting two events this year:

#### A Night at the Races

On Friday 14 October, A Night at the Races is being held at Addington Raceway and promised to be a fun night out including a delicious buffet dinner. Tickets cost \$45 per guest.

#### **Charity Cabaret a Christmas highlight**

Haven't organised your Christmas work do - or would like to show your appreciation to clients and raise funds for a wonderful charity? The Charity Hospital's Christmas Cabaret is on Friday 2 December with an awesome line-up of entertainment, divine catering by our very generous friend Nicky from Verve Real Food Catering, décor and class from Event Professionals and a sleigh full of wonderful auction prizes. Tickets cost \$160 each (all inclusive) or \$1600 for a table of 10.

Tickets for both events can be purchased online at www.charityhospital.org.nz or email Fundraising Coordinator Rosie Graham for more information.

Article Charity Hospital.

Bring along your friends, colleagues and family for a fun night out at Addington Raceway, enjoy great company, delicious food and also raise funds for the Canterbury Charity Hospital Trust.

## Anight at THE RACES



#### Tickets cost \$45 and can be purchased from www.charityhospital.org.nz

All proceeds will assist the Canterbury Charity Hospital to continue providing medical, surgical and counselling to Cantanbrians in need.



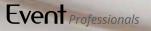


## Charity Hospital Christmas Cabaret

Friday 2 December 2016 - Maugers Innovation Park, Templeton

#### • Dining • Dancing • Entertainment

Tickets can be purchased from www.charityhospital.org.nz



\$160 per guest

VERVE

## F.V. ENDEAVOUR



## STARK BROS LTD AND OCEAN FISHERIES LTD are proud to present the FV ENDEAVOUR, for launching today, the 30th August 2016.

The name "ENDEAVOUR" has strong historical links to Lyttelton, and its dictionary definition (to attempt to achieve a goal, earnest, prolonged and industrious effort) also in many ways reflect the Stark Family's Business attitudes, achievements and aspirations.

Launch days are very special occasions, the culmination of a huge effort in design and building of the boat now presented here today, likewise the actual launch celebrations are also carefully thought out to provide special significance.

Today, Jean Stark will perform the official launching duties. On preparing for launch day, we identified Jean had not previously launched a vessel. Given Dave Stark (Frank and Ralph's brother) had 50+ years working for Stark Bros this possible omission needed to be investigated — we found Frank Stark had asked Jean many years ago but she was too busy with six children — so had said NO. This time Andrew Stark managed to convince Jean she was still up to the task and secure a YES — a very fitting tribute to the four generations of Stark Family attending this ceremony today.

Endeavour represents at least the 43rd commercial boat longer than 10 metres built by Stark Bros, and is the second biggest by displacement weight behind the Frontier at 146 tonnes.

The ENDEAVOUR is fully equipped with a variable pitch propeller, onboard salt water ice maker, computer controlled split hydraulic winches with auto scrolling, and will fish alongside our other vessels — FV Frontier, FV Legacy and FV Nessie J on the East Coast South Island, fishing depths from 10m to about 500m.

With 58 years of Stark Bros history, lots of boats built, and far more ships dry docked for repair, we sincerely trust that the majority of the stories about Stark Bros would reflect the honesty, integrity and hard working nature of the Starks and their team of loyal staff — and of course their fishermen.

We would welcome your inspection of this new vessel at the wharf today, or indeed at any time in the future.

н

#### SPECIFICATIONS

Type of craft:	Stem Trawler
In Survey to:	NZ Offshore Fishing Vessel
	200nm
Designer & Builder:	
	Lyttelton, NZ
	Cressy Fishing Ltd Ocean Fisheries Ltd
	135995
Radio Call Sign:	
Fishing Number:	
Construction Material:	
Length Overall:	17.20m
Design Water Length:	
	6.00m
	3.20m
Displacement:	
Free Running Speed:	SCANIA DI13 071M 294kw
main engine.	(400 HP) @ 1800rpm
Gearbox:	Hundested Marine Gear CPG-32
	9.05:1 reduction
Keel Cooling:	Fernstrum coolers - M/E, Genset,
	Refrigeration
Propeller:	Hundested Variable Pitch, 9.5 HP/ HP 1800mm diameter, 4 blade
Bollard Pull:	6.4 tonnes at 1800rpm - T.B.C.
	Kohler Marine genset 28EF02D
	3 phase, 28 KVA
	Stark Bros steerable Nozzle
Rodor:	Furuno ARPA Radar M1835, 36nm colour radar
Company	Saura MR-150
	Furuno FCV1150-NT dual
Depin obunder.	frequency 38/200kHz
Net Monitor:	Marport NC-1-03, 3 hull
	mounted transducers
	Icom IC-M801E SSB Radio
Radio VHF:	Uniden Oceanus UM415 VHF Radio
Auto Pilot:	Furuno Nav pilot 700H
	Furuno GP33
Chart Plotting:	Maxsea 3D
Watch Alarm:	Furuno BR-500 navigational
5000	watch-keeping alarm
	Kannad 406 float free TracVision Sat TV
	Ericson W35 cellular voice/data
Thomas .	terminal
Trawl Winches:	Stark Bros Hydraulic split winches,
	c/w Staffa HMB200 hydraulic
	motors, computer controlled, auto scrolling/wire counting,
	1800m x 14mm wire per winch
Cod End Winches:	1 x Pullmaster M18 6 tonne,
	1Pullmaster M8 3 tonne
-	1 x Pullmaster PL2
Net Kollers:	Stark Bros – 1 x Main, and 1 x spare net roller, c/w Staffa
	HMB125 motors
Fish Hold:	53 cubic metres capacity
Refrigeration:	Icestar Saltwater Ice Maker,
	2000kg /24hr and Glycol cold wall refrigeration panels in fish
	hold.
Point:	International Paints
Liferaft:	RFD Surviva 4 man SOLAS A
	pack
Fuel Capacity:	
Fresh Water Capacity:	
Lube Oil Capacity: Vaste Water Capacity:	
varie water Capacity: ydraulic Oil Capacity:	
Crew:	
Date of Delivery:	

### Let's work together for a Healthy Harbour *Ki Uta Ki Tai*

Whakaraupō / Lyttelton Harbour Catchment Management Plan

What does a 'healthy harbour' mean to you now and in the next 20 years? What are the key issues facing the harbour? How can we make a difference?

#### PLEASE COME AND SHARE YOUR IDEAS AT:

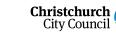
LYTTELTON: The Board Room, 25 Canterbury St Wednesday 21st Sept 7 – 9pm GOVERNORS BAY: Fire Station Tuesday 20th Sept 7 – 9pm DIAMOND HARBOUR: Community Hall Friday 23rd Sept 7 – 9pm

Or visit www.healthyharbour.org.nz to find out more and share your thoughts online.











## Te Pātaka a Rākaihautū

### Stories of Banks Peninsula

OPENING & BLESSING 9 September 2016 Friday 6pm

EXHIBITION 9 September – 2 October 2016 Thurs/Fri 2-5pm Sat/Sun 11am-4pm

Mark Adams Priscilla Cowie Teina Ellia Morehu Flutey-Henare Vicki Lenihan Kim Lowe Jacqueline Morren Reihana Parata Gaby Reade Ben Reid Jennifer Rendall Fayne Robinson Helen Taylor Dean Venrooy Ellie Waters





50 WORKS GALLERY

50 London St Lyttelton



Christchurch City

## Te Pātaka a Rākaihautū

## Stories of Banks Peninsula

#### PUBLIC PROGRAMMES 9 September - 2 October 2016

Film Screening: Te Heke Omaramataka 2016 18 September, 11am and 1pm Free event, limited seating



Join us for this special screening of a film following the Te Maihāroa whānau and friends, in the summer of 2016 as they retrace the footsteps of their Põua Great Grandfather and prophet Te Maihāroa, to celebrate 139 years since he led his people on Te Heke (1977-79). Te Maihāroa opposed the sale of Māori land to settlers, and with wider kaumātua support, he believed that the interior of the South Island hinterland was never sold and remained ancestral land.

Te Heke Omaramataka was filmed and produced by Bronwyn Judge, longtime friend of Aunty Sissie Te Maihāroa-Dodds, who is a great granddaughter of Te Maihāroa.



Kaiwaiata: Music from Banks Peninsula 24 September, 7pm Cost: \$22 general admission

Bookings essential, http://tinyurl.com/ kaiwaiata

Acclaimed musician Ariana Tikao will perform waiata from and inspired by Banks Peninsula, accompanied by Mahina-ina Kaui (taoka pūoro) and Jon Hooker (guitar).

This intimate concert will feature traditional stories of the area, as well as modern compositions which serve as retellings of old korero, of love, betrayal, survival - an expression of unique identity.

The performance will include a 'Q and A' session afterwards about the instruments and waiata. It will be a special one-off event, not to be missed.



#### Spoon Tingling Creations: Jacqueline Morren

25 September, 1–4pm Cost: \$35 covers tuition and some materials

Bookings essential, limited numbers: 027 3017913 or

email jacky.morren@gmail.com

Book this workshop to hear more about Jacqueline Morren's ethically produced miniature sculptures featured in the Te Pātaka a Rākaihautū exhibition. Using natural and found objects you will create your own unique spoon. Bring along your favourite beachcombings to personalise your creation.

50 WORKS GALLERY

50 London St Lyttelton





## Curry From Scratch Workshop

Diamond Harbour School Sunday 11th September at 11:00am.



Learn to make Thai Curry Paste and Sri Lankan Curry Powder, along with curries and condiments.

You will get to eat a Thai Red Curry for lunch and to take home a curry paste, a curry spice blend as well has a sample of a beef curry. Please bring two jars and a take home container with you.

Cost \$50 per person. All ingredients included.

Contact Maria Lee on 329 3359 for bookings.

A percentage of the cost goes toward Diamond Harbour School fundraising efforts.



#### Pohatu penguins fundraising event for the Akaroa hospital.

On the **1st of October**, join our Evening penguin safari at a **special price** of \$50 per person with **all proceeds going to the Akaroa hospital**.

It is the middle of the breeding season so it is the perfect time to see the **largest colony of Little penguins on mainland NZ** in full swing.

Tour includes:

ohatuş

- Pick up at 5.00pm from Pohatu penguins office at Unit 2, 8 rue Balguerie situated just behind the BNZ bank.
- Scenic drive to and from Pohatu/Flea bay with photo stops along the way and up to 700 metres standing on the edge of Akaroa extinct volcano crater rim.
- Once arrived at the bay and by small groups you will learn about the conservation that we do and see some penguins up close in their nesting sites.
- With camouflage gear and binoculars, we will then watch them interacting on the water and jumping on the rocks with darkness rising.
- As we are offering a natural viewing without any human disturbance or artificial lighting we will drive you back to Akaroa before it starts to get too dark to see anything.
- Expect a return around 8.00pm.

For more information and booking the tour you can visit our website <u>www.pohatu.co.nz/Penguin+Tours</u> or give us a call on 021 246 9556/03 034 8542



#### ADVERTISEMENT



## Nominate someone for a makeover and pamper package @ Honey Comb

### October is our first birthday

#### and we are giving a gift to someone deserving in the community, nominated by you!

### WINNER WILL RECEIVE:

#### **From Honey Comb**

Colour Pro Fiber treatment (with head massage) Cut and finish

From Maria Dorothea 1 hour full body massage (Mt Pleasant)

Goodie bag supported by: L'oreal • Honey Comb • Henry Trading Coffee Culture • Civil and Naval

Send your nominations to honeycombhair@xtra.co.nz

#### WINNER DRAWN 4TH OCT

34a London Street, Lyttelton

Phone 328 8859 honeycombhair@xtra.co.nz



## WANT TO HELP?

CITIZEN ADVICE BUREAU HAS VOLUNTEER POSITIONS AVAILABLE

vice eau

> Join our knowledgeable and caring team and make a difference to people needing information.

We offer information on anything from consumer rights, to family issues, to tenancy and flatting problems, so there's never a dull moment. We have a course starting September 2016.

Use your skills and experience to help others in the community...Course starting September 2016.

Call 0800 367 222 or email manager.cabchch@gmail.com

#### Planting Days at Urumau Reserve 2016

A series of quality native tree planting days. September 11.

Only 12 people per session. 10-12pm or 1-3pm. Tools, plants and lunch provided. Please bring gloves.



#### Meet at the far end of Foster Terrace at 10 or 1pm

Registration essential: Email lytteltonreserves@hotmail.co.nz or phone 328 9093.

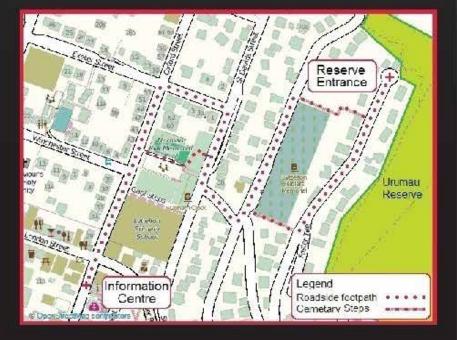
If wet, rain day will be the third Sunday of the month.

DIRECTIONS FOR 10MIN WALK From the information centre in Oxford St to Urumau Reserve entrance in Foster Tce

Parking is very limited at the entrance.

Please consider the local residents when deciding where to park.





Organised by the Lyttelton Reserves Management Committee and sponsored by Mitre 10 Mega Ferrymead.

To All Active Retirees and Semi-Retirees, both men and women

Are you interested in joining a club to hear stimulating speakers, go on interesting outings and enjoy friendship, fellowship and fun (and no fund raising) with like-minded people?



## P R O B U S

Is holding a meeting for the purpose of ESTABLISHING a

## **COMBINED PROBUS CLUB**

#### AT THE

## **UNION CHAPEL HALL**

## **Winchester Street**

WEDNESDAY September 14<sup>th</sup> at 1.30 pm

### WE LOOK FORWARD TO SEEING YOU THERE

Contact: Rotary District Probus Chairman David Drake Ph 347 3474



Support. Strength. Success.

#### LHBA News from their weekly speaker series

#### Showcasing our Local Business's

#### August 26th

Lyttelton Harbour Catchment Management Plan with Bianca Sullivan from ECan

Considering an area from the top of the hills, down the streams to the harbour, and out to the heads, what defines an ecologically & culturally healthy water catchment?

Is it having strong populations of mahinga kai such as shellfish, finfish, & karengo (edible seaweed)? Is it seeing Hector's dolphins regularly in the inner harbour? Is it less erosion & silt in our waterways during rainy periods?

What would make our harbour healthier from your point of view? Now is the time to submit your observations & ideas at HealthyHarbour.org. nz or attend one of the community workshops from Sept 20-23rd (See events below for details).

A science advisory group has been formed to collate current data & document the marine environment along with current land use and erosion, stream and storm water quality, the cultural importance of aspects of our harbour region's environment. This brings together the community, the many organisations who are currently monitoring our harbour, and those who have active projects in and around our harbour, so we may all work together towards a healthy harbour.

Representatives from the five primary organisations (CRC, LPC, Te Hapū o Ngāti Wheke, CCC, & Ngāi Tahu) are meeting fortnightly to create a clear picture of the current state of the harbour, and determine what projects could improve the harbour's health from all viewpoints. Then in June 2017, the group will become a working group to implement the ideas.

Starting with projects that may have a large positive impact with a small budget & time frame, and working through to fulfilling the larger visions of a healthy harbour as defined by the community's input, it is intended that this group will be an ongoing group collaborating on projects for continual improvement in harbour health.

#### LHBA Committee members

The LHBA is looking for new committee members to help shape the direction of the association. We meet on the second Tuesday of each month from 5:30 - 6:30pm in the Structex meeting room (the next meeting is on Sept 13th). Any member of the LHBA can join the committee - no experience or formal position required. Two particular projects that could use some attention are quarterly evening member events, and someone to help with advocacy matters when they arise.

#### LHBA AGM

We are looking at Tuesday Sept 20th at 5:30pm as the date and time for the annual LHBA AGM. We'll let you know the venue & details when they are confirmed.

#### **General Meeting Information**

Held on Friday mornings at the Fat Tony's, 17 London Street

#### How can I attend?

Book yourself a spot at https://lhba-networking. eventbrite.co.nz, spaces are limited so please do book.

RSVP at the previous meeting

Email dana@bluefusion.co.nz

Txt 021 027 05450



## COURAGE TENEOTY COMPADESHIP



#### The New Zealand Antarctic Society's Canterbury Branch

invites you to welcome international Antarcticans and share in the unveiling of a bronze sled dog statue to celebrate Lyttelton's enduring Antarctic links.

Please join us in Albion Square, Lyttelton



©Trish Bowles

#### by 2.30pm, Saturday 1<sup>st</sup> October 2016 for a short ceremony.

Lyttelton's safe harbour was named Te Whakaraupo by Maori explorers before James Cook named its surrounding volcanic cone Bank's Island as he sailed past to find the Great Southern Continent. Later expeditions by Scott and Shackleton, explored the icy continent, while whalers, then fishermen, explored its its icy oceans. Lyttelton has earned its place as one of only five Antarctic Ports.

Mawson's Aurora berthed on her return from the Sub-Antarctic, America brought steel ships to support air exploration by Admiral Byrd and construction of bases. This past year Lyttelton has welcomed ice-ready ships and staff from Italy, Korea, China, Great Britain and Russia.

Dogs supporting the early expeditions were held on Quail Island. Early explorers soon learnt that dogs could break new ground, work hard and persevere, yet rarely broke down and were joyful companions. Their courage, tenacity and comradeship, 1900-1987, symbolise Antarctic exploration today.

This new work of art, a full sized bronze statue of an Antarctic sled dog, is a gift to the people of Lyttelton and Christchurch by the Antarctic Society's Canterbury Branch with guidance from a local committee. Sculpted by renowned local artist Mark Whyte and named 'Hector' by a local student, this statue is a strong yet playful celebration of the port's Antarctic links, fortitude and community spirit.



SPORTS



Are you looking for more LOCAL SPORTING OPPORTUNITIES

in the Banks Peninsula area?

Following discussions between Kelly Sports Christchurch East and the Community Recreation Advisor for Lyttelton/Mount Herbert, it has been highlighted of a potential need and interest in sports programmes and opportunities upon the Banks Peninsula.

To ensure that any such programme would be viable, Kelly Sports Christchurch are gauging parent interest to see how many families might be interested in using such a service.

To complete this survey please visit: https://goo.gl/forms/uoD2N4n9JOBXmmFw2

Survey Closing Date - Friday 16th September 2016

For more information on Kelly Sports please contact STEVE

> M 021 044 6283 E steve@kellysports.co.nz

## WWW.KELLYSPORTS.CO.NZ

**EVENTS** 

## CELEBRATING 10 YEARS OF THE POSITIVE AGEING EXPO





Serving the needs of older people

In conjunction with Papanui High School

**Marking International Day of Older Persons** 

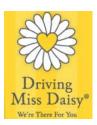
FREE ENTRY & ENTERTAINMENT

## Monday, 26 September 2016 9.30am - 2.30pm

Papanui High School, Langdons Road, Papanui

Exhibits and displays Don't forget to use your Goldcard on the buses! Onsite "gold coin" parking. Age Concern Canterbury 366-0903

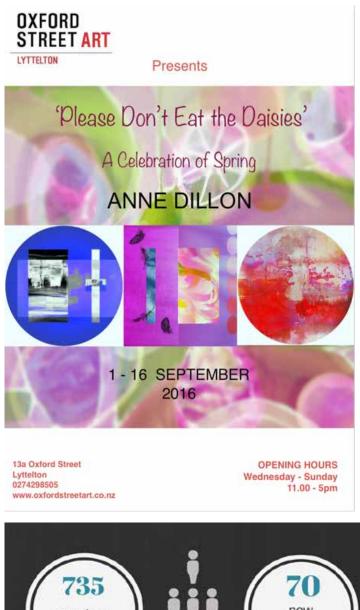




more mobility & 🌬 🗼 🚅 🐇



#### **EVENTS**



OPENIING HOURS Wednesday - Sunday 11.00 - Spm

stopbullying.gov

Be someone's

Send a kind word

and let them know,

bullying is not ok.

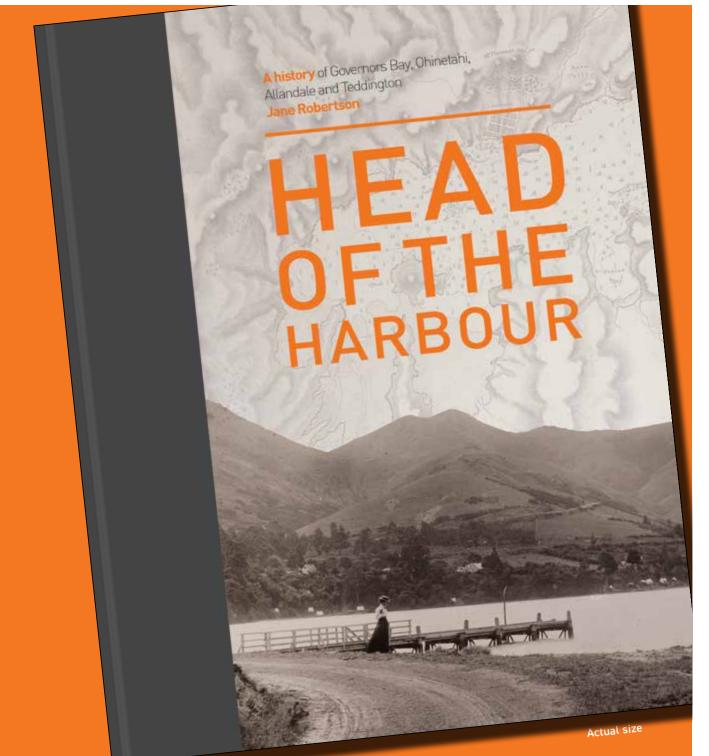
hero today.



the UK Guardian. Wendy Everyingham

timebank@lyttelton.net.nz





Even on a rainy day it is hard to leave Governors Bay in the morning...

**Margaret Mahy** 

Jane Robertson's substantial new book on the bays Governors Bay, Ohinetahi, Allandale and Teddington

Pre-subscribe now from www.headoftheharbour.co.nz

## Lyttelton After School

## Care

## Come and join the fun,

before and after school care service for children aged 5 to 13 years old.

Planned activities from sports, baking and free play to homework time and reading assistance plus more.

Positive and friendly staff, providing a safe and open environment where each child is respected and valued as individuals.

For more informatione please contact the Manager on the details below.

Subsidies avaliable for eligible families.

Fees (per day)	
Term Time	
Before School	\$12
After School	\$20
Holidays	
Full Day - 7:00am - 6:00pm	\$55
Session 1 - 7:00am - 8:45am	\$12
Session 2 - 8:45am - 3:00pm	\$40
Session 3 - 3:00pm - 6:00pm	\$20

All fees need to be paid in full in advance.

Lyttelton After School care Kiri Hookings Manager P: 027-485-8172 Email: lytteltonafterschoolcare@out!.ok.co.nz Located at 69 London Street, Lyttelton

## Enrol today!

Enrolment forms can be picked up from the Centre, Lyttelton Information Centre or the Lyttelton library.

#### **EVENTS**

#### **Events**

WEDNESDAY SEPTEMBER 7 <sup>TH</sup>		THURSDAY SEPTEMBER 15 <sup>TH</sup>	
<b>Fat Tony's</b> Happy Hour	5-7pm	<b>Fat Tony's</b> Happy Hour	5-7pm
<b>Wunder Bar</b> Al Park and Elmore Jones	8pm	FRIDAY SEPTEMBER 16TH	
THURSDAY SEPTEMBER 8™		<b>Fat Tony's</b> Happy Hour	5-7pm
<b>Fat Tony's</b> Happy Hour	5-7pm	<b>Wunder Bar</b> The Frank Burkitt Band	7.30pm
FRIDAY SEPTEMBER 9TH		SATURDAY SEPTEMBER 17 <sup>TH</sup>	
<b>Fat Tony's</b> Happy Hour	5-7pm	<b>Fat Tony's</b> Happy Hour	5-7pm
SATURDAY SEPTEMBER 10 <sup>TH</sup>		<b>Wunder Bar</b> Tiny Pieces of 8 and the Lucky Lost	8.30pm
<b>Fat Tony's</b> Happy Hour	5-7pm	SUNDAY SEPTEMBER 17 <sup>TH</sup>	
SUNDAY SEPTEMBER 11 <sup>TH</sup>		<b>Fat Tony's</b> Happy Hour	5-7pm
<b>Fat Tony's</b> Happy Hour	5-7pm	<b>Freemans</b> Carmel Courtney and Friends	3.30-6.30pm
Freemans Carmel Courtney and Friends	3.30-6.30pm		
Lyttelton Reserves Management C	ommittee	Galleries:	
Planting Day	10-12pm	50 Works Gallery:	
TUESDAY SEPTEMBER 13™	1-3pm	Te Pataka a Rakaihautu – Stories of E Sept 9 to Oct 2nd 50 Works Gallery, 50	London Street
TUESDAT SEPTEMBER 15		Lyttelton Gallery hours: Thursday an 5pm, Saturday and Sunday 11am–4pm	
<b>Lyttelton Club</b> Housie	7pm		
<b>Wunder Bar</b> Open Mic and Showcase		Lytel Gallery	raphics by Erca
WEDNESDAY SEPTEMBER 14TH		Lyttelton in the 1990's. Paintings and G Tunnyclife Sept 3-30 20 Oxford St Lyt to Saturday 10-4pm Sun 11-3pm	
<b>Fat Tony's</b> Happy Hour	5-7pm	Oxford St Art:	
<b>Probus</b> Community Meeting	1.30pm	Please Don't Eat the Daisies. A Celebration of Sp Anne Dillon. September 1-16	
<b>Wunder Bar</b> Al Park and Elmore Jones	8pm	13a Oxford St 11-5pm Wed-Sun.	

#### NOTICES

#### **Community Activities in and around the Harbour this Week**

#### MONDAY

**Community Choir** 7.30pm Union Chapel, Winchester Street, Lyttelton. All welcome. Jillie 021 152 8068

#### **Diamond Harbour Yoga**

6.30pm - 8pm General Class Diamond Harbour Rugby Rooms

#### Lyttelton Youth Centre

3-7pm Drop in 10-20years 4-6.30pm Carving Course 7-9pm Boys Group 10-13 7 Dublin St Lyttelton 328 7427

#### TUESDAY

**Community House** Shared Lunch 12.00pm 7 Dublin Street Make new friends

#### **Diamond Harbour Yoga**

6am - 7am Early Bird Class Diamond Harbour Stage Rooms

#### Lyttelton Health Qigong for Seniors

9.30am – 10.30am Union Church, Winchester Street \$5 Geraldine Parkes 03 328 7284 or 027 644 4455

#### Lyttelton Library Storytimes

11.00-11.30am

#### Lyttelton Yoga

9.30am - 10.45am 6.30pm - 8pm Scouts Den Lyttelton Contact Rebecca Boot 021 071 0336

#### **Diamond Harbour Bridge Club**

1.20pm for 1.30pm start Diamond Harbour Football Club Rooms. \$4 table For more information call 329 4868 or 329 4149

Lyttelton Library Science Alive 3.30-4.30pm

#### Lyttelton St John Youth Division

6.00pm St John Ambulance Station 52 London St, Lyttelton

#### Lyttelton Youth Centre

2-8pm Drop In 10-20 years 7-9pm Girls Group 10-13 years 7 Dublin St Lyttelton 328 7427

#### **St Josephs Worker Catholic Church** 9am Mass 21 Exeter Street, Lyttelton

All Welcome More information call 384 1600

#### WEDNESDAY

**Diamond Harbour Bridge Club** Bowling Club Rooms 6.40pm for a 6.50 start Partner finder - Carolyn Craw. Ph 3294 279 All welcome

**Diamond Harbour Singers** 7.30 - 9.00pm Every Wednesday in Stage Room of Community Hall. All welcome. Contact Margie 329 3331

#### **Diamond Harbour Yoga**

6am - 7am Early Bird Class Diamond Harbour Stage Rooms

Lyttelton Cubs 6.30pm Contact Mark Brabyn 027 281 6180

#### Lyttelton Garage Sale

10.30am 54a Oxford Street, Lyttelton Second Hand Bargains and more.

### Lyttelton Harbour Fruit and Vegetable Collective

Trading between 12.30 and 2.45pm at the Garage Sale 54a Oxford St Lyttelton Contact Jill Larking for more info 027 237 4960

### Lyttelton Library Wednesdays Knit and Yarn 10.00-12.00pm

#### Lyttelton Play Group

Lyttelton Playgroup At Kidsfirst Lyttelton 12,30pm- 2.30pm 33 Winchester St Lyttelton Call 03 328 8689 for more information

#### Lyttelton Youth Centre

3-6pm Underage Drop In 7-9 years 6-8pm Drop in 7 Dublin St Lyttelton 328 7427

#### **THURSDAY**

**Community House Flat Walking Group.** 10am Contact Hannah Sylvester. Ph: 741 1427

**Diamond Harbour Yoga** 6am - 7am Early Bird Class Diamond Harbour Stage Rooms

#### **Governors Bay Volunteer Fire Brigade**

7.00pm Governors Bay Fire Station Weekly Training, New Members Welcome

Lyttelton Garage Sale

10.30am 54a Oxford Street, Lyttelton Second Hand Bargains and more.

Lyttelton Volunteer Fire Brigade

7.00pm Lyttelton Fire Station Weekly Training, New Members Welcome

**Lyttelton Youth Centre** 2-7pm Drop In 7-9 Girls Group 10-13 years 7 Dublin St Lyttelton 328 7427

#### NOTICES

#### **Community Activities in and around the Harbour this Month**

#### FRIDAY

**Diamond Harbour Yoga** 

6am - 7am Gentle Class Diamond Harbour Rugby Rooms

#### Lyttelton Harbour Business Association

Networking Meeting 9.30-10.30 Fat Tony's 17 London St More Info call 021 027 05450

#### Lyttelton Garage Sale

10.30am 54a Oxford Street, Lyttelton Second Hand Bargains and more.

#### **Lyttelton Library Fridays Babytimes** 10.30-11.00am

Lyttelton Yoga

9.30am - 10.45am Scouts Den Lyttelton Contact Rebecca Boot 021 071 0336

#### Lyttelton Youth Centre

2-7pm Drop In 7-9 Girls Group 10-13 years 7 Dublin St Lyttelton 328 7427

#### SATURDAY

**Lyttelton Farmers Market** 10.00am London Street, Lyttelton Fresh produce, Live Music, Buskers and More

#### Lyttelton Garage Sale

10.00am 54a Oxford Street, Lyttelton Second Hand Bargains and more.

#### Lyttelton Harbour Bazaar Market

10.00am No 6 London St. Artists, Bric a Brac and More

#### SUNDAY

#### St Saviour's at Holy Trinty

17 Winchester Street 10.00am Service with Holy Communion 2nd Sunday of every month only Port Hills Uniting Church Service 10am Sunday Worship. All Welcome

#### GROUPS

#### Diamond Harbour Civil Defence

7.00pm Third Wednesday of the month. Community Church Diamond Harbour Contact: Wendy Coles 0211541434

#### **Governors Bay Civil Defence**

7.00pm Third Wednesday of the month. Governors Bay Fire Station Contact Contact: Ian Palmer 3299 160

#### Lyttelton Civil Defence

7.00pm Third Wednesday of the month. Lyttelton Information Centre Contact: Wendy Everingham 021 047 6144

#### Lyttelton Lions

7.30pm Second Tuesday Each Month Lyttelton Community House Contact: Mary 03 328 8523

#### Lyttelton Museum Historical Society

Contact Liza Rossie 021 211 0832

#### Lyttelton Netball Club

Contact Flo McGregor flomac@xtra.co.nz

#### Lyttelton Mt Herbert Community Board

9.30am Third Wednesday Each Month Meetings Open to the Public

#### Lyttelton Reserves Management Committee

Weed group meets last Sunday of the Month 1-3pm Meet at the Foster Terrace entrance to Urumau Reserve. Planting Group meets the second Sunday of the month. All Welcome. More Information email lytteltonreserves@hotmail.co.nz

#### Lyttelton Rugby Club

For details visit the club Facebook Page or contact the club's Rugby Manager Nathan.mauger@gmail.com 021 111 6069

#### Little Ship Club Canterbury

We meet on the 3rd Thursday of the month usually at Naval Point Club Lyttelton from 7.00pm. The club has regular guest speakers and undertakes a large range of activities that increase the knowledge and skills and enjoyment of its members and for the benefit of yachting generally. All welcome www.littleshipclubcanterbury.wordpress.com

#### Lyttelton Time Bank

10-4pm Tuesday to Friday. 20 Oxford St Lyttelton 328 9093 www.lyttelton.net.nz/timebank

#### Lyttelton Toy Library

Located at the Lyttelton Rec Centre Squash Court 25 Winchester St. Open each fortnight on Saturday morning 10-12 noon. For more information see Facebook Lyttelton Toy Library or email lytteltontoylibrary@gmail.com or call Helen 021 075 4826

#### Naval Point Old Salts Lunch

The Old Salts Lunch is being held on the 2nd Tuesday of every 2nd month with the next one being held next Tuesday, 10th February starting @ 12:00 with 2 course lunch commencing @ 12:45. Contact Barry Bowater 329 4828 or 0272743520

#### St Joseph the Worker R.C.Church

5.30pm Mass 3rd Sunday of the month. Parish House 21 Exeter Street Lyttelton. For more information call 384 1600

## thelytteldirectory

2015 | 2016

2015 | 2016 your call to support local businesses around the harbour

#### PLACES TO STAY

<b>B@B Settlers Retreat</b> 153 Governors Bay Road	021 186 5220 021 144 2979	thackergj@slingshot.co.nz Hosts: John and Gaynor Thacker
<b>Cass Bay Retreat</b> Governors Bay Road, Cass Bay	027 878 7867	cassbayretreat.co.nz
<b>Governors Bay Bed and Breakfast</b> Governors Bay Road, Governors Bay	03 329 9727	gbbedandbreakfast.co.nz Host: Eva
<b>Governors Bay Hotel</b> 52 Main Road, Governors Bay	03 329 9433 021 611 820	governorsbayhotel.co.nz Host: Jeremy and Clare
<b>Harbour Lodge</b> 1 Selwyn Road, Lyttelton	027 242 7886	info@harbourlodge.co.nz www.harbourlodge.co.nz
<b>Il Sogno Bed &amp; Breakfast</b> 58 Koromiko Cresent Church Bay		ilsogno@snap.net.nz Host: Graeme and Angela
<b>Little River Camping Ground</b> 287 Okuti Valley, Little River	03 325 1014 021 611 820	littlerivercampground.co.nz Host: Marcus
<b>Orton Bradley Park Camper Van Stay</b> Marine Drive, Charteris Bay	03 329 4730	ortonbradley.co.nz Host: Ian
<b>Out Of The Window Bach</b> Diamond Harbour	03 328 7677 027 8774691	Min 2 nights
<b>The Rookery</b> 9 Ross Terrace, Lyttelton	03 328 8038	therookery.co.nz Host: Rene and Angus

#### HEALTH, BEAUTY, FITNESS

<b>Christchurch Yoga</b> Scout Den, Charlotte Quay, Lyttelton	021 071 0336	Christchurchyoga.co.nz Instructor: Rebecca Boot
<b>Honey Comb</b> 34 London Street, Lyttelton	03 328 8859	honeycombhair@xtra.co.nz or see our facebook page
Doterra- Essential Oils	021 560 586	dawncowan025@gmail.com34 Dawn Cowan

## thelytteldirectory

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#### THINGS TO DO

Black Cat Cruises   Quail Island Adventure B-Jetty, Lyttelton Wharf [Below Oxford Street]	03 328 9078 0800 436 574	blackcat.co.nz
<b>Christchurch Gondola</b> 10 Bridle path Road, Heathcote valley	03 384 0310	welcomeaboard.co.nz
<b>International Antarctic Centre</b> 38 Orchard Road, Christchurch Airport	0508 736 4846	iceberg.co.nz
<b>Jack Tar Sailing</b> Dampler Bay Marina, Lyttelton	03 389 9259 027 435 5239	jacktarsailing.co.nz Skipper: Mike Rossouw
<b>Orton Bradley Park</b> Marine Drive, Charteris Bay	03 329 4730	ortonbradley.co.nz
Naval Point Club Our Ocean Water Sports Club	03 328 7029 027 379 9212	www.navalpoint.co.nz
LOCAL EXPORTS		
<b>Lyttelsoft</b> Specialising in Accounting Software	03 328 8671	lyttelsoft.co.nz Meet: Penny Mercer

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<b>Real Homes New Zealand Limited</b> PO Box 94, Lyttelton	03 390 3393 021 224 6637	realhomes.co.nz Real Estate Agent: Lynnette Baird
<b>Masonry Works</b> Architectural Stonemason and Brickwork	021 0816 6983	masonryworksnz@gmail.com www.masonryworks.net
<b>Saunders &amp; Co</b> 1063 Ferry Road, Ferrymead	03 940 2435 022 133 6963	saunders.co.nz
<b>All Clear Chimney Cleaning</b> Chimney's gutters, fires and difficult maintenance jobs.	03 329 4772 0224 4010203	allclearchimneycleaning.co.nz brunoallclear@gmail.com

Furnishscene03 977 4630furnishscene.co.nzSpecialising in curtains, blinds, shutters, interior design and color consultancy. Meet Laura, Karen and Bridget

#### EAT, DRINK, DINE

<b>London Street Dairy</b> 34 London Street, Lyttelton	03 328 9350	Open 7 Days 7.30am to 10pm Meet: Andrew and Glenn
<b>Roots Restaurant</b> 8 London Street, Lyttelton	03 328 7658	rootsrestaurant.co.nz Meet: Giulio and Christy

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LYTTELTON HARBOUR GIFT VOUCHER

Signature.....

#### From Expiry.Date

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From ....

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Signature.



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Sold at the Lyttelton Harbour Information Centre, 20 Oxford St Lyttelton

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