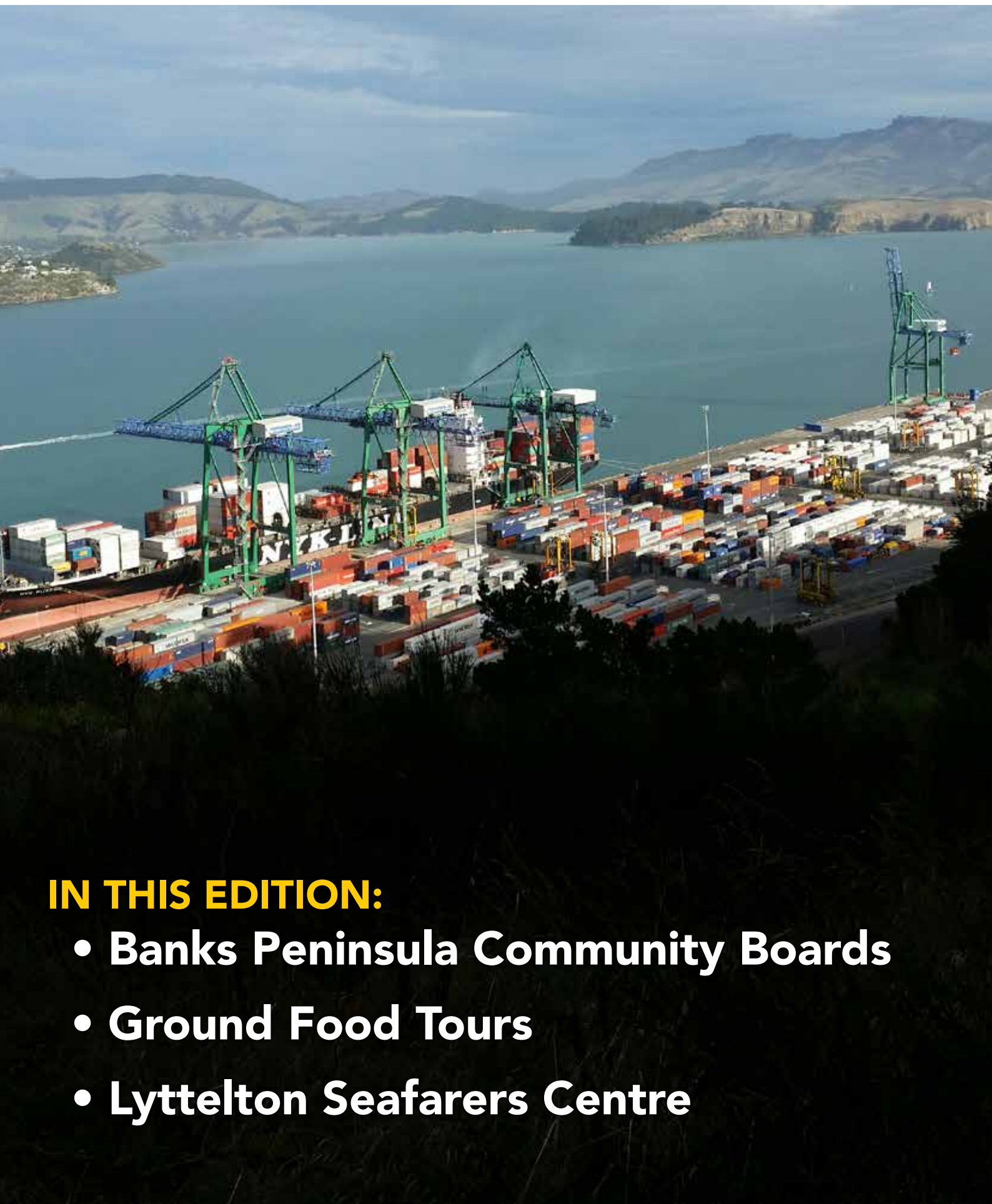


Next issue date: 9th August

LYTTELTON REVIEW

July 2016 • Issue: 170

PURAU • DIAMOND HARBOUR • CHURCH BAY • CHARTERIS BAY • GOVERNORS BAY • RAPAKI • CASS BAY • CORSAIR BAY • LYTTELTON



IN THIS EDITION:

- Banks Peninsula Community Boards
- Ground Food Tours
- Lyttelton Seafarers Centre

Banks Peninsula Community Boards Shocked by Remuneration Reduction

Banks Peninsula community board members are shocked to learn their pay will go down after the next local government election on 8 October.



In a decision released this week, the government-appointed Remuneration Authority has almost halved the remuneration to be paid to a member of the Banks Peninsula community board from \$17,500 to \$9,368, and reduced the amount for the chairperson from \$26,200 to \$18,737. By comparison, chairs of other community boards in the city are to be paid over \$44,000 while ordinary members will all be paid over \$22,000 a year. The new pay rates will take effect from the next local government election which is on 8 October.

Remuneration for all Christchurch community boards is now based solely on ward population and the principle that a Community Board chair should be paid twice the remuneration of an ordinary member.

"It is hard not to feel our work is undervalued by this decision", says Lyttelton Mt Herbert Community Board chairwoman Paula Smith.

Smith, who announced she would not be seeking re-election some weeks ago, said "I have been chairperson for nearly nine years now and rarely worked less than 25 to 30 hours a week, including attending meetings at random times of the day and night".

"It is simply untrue to assume the amount of work done by a member of a Banks Peninsula community board is any less than by a member of any other community board just because the population is less. If anything, there are more issues to be addressed because of Banks Peninsula's size, ruralness, the coastal environment and pressure from tourism, for example. And you have to add quite a bit of travel time to the hours worked, so the time commitment is even more than for a city ward" she says. "I think the Remuneration Authority's approach is far too simplistic."

"Nobody does this job just for the money, obviously, but the reduction in pay is quite a setback at a time when we are looking for some really good new candidates to represent and advocate for Peninsula communities on the new whole of Banks Peninsula Community Board".

Article Community Board Chairs Paula Smith Pam Richardson





Ground Food Tours Begin

Jenny Garing has been one of the locals helping to make Lyttelton a food destination. One of the original businesses at the Lyttelton Farmers Market back in 2005, Jenny introduced the public to her amazing array of spice blends known as Ground Gourmet Essentials Markets are great places as business incubators. This led to her food store, Ground Culinary Essentials (destroyed in the February 2011 earthquake. Now after several years of consolidation, she's come out with the new food idea called Ground Food Tours.

"The idea is to take people who love food "off the beaten track" so to speak and discover some of the wonderful food delights around the two harbours and within Christchurch" she said.

While some of the tours focus on Christchurch, quite a lot of the experience is focused on Lyttelton and the surrounding areas of the Banks Peninsula. Jenny will lead some of the tours but she's also teamed up with some other serious foodie locals who also know their food and producers well.

Shelly McCabe formerly from London St Restaurant is one of the partners. She's guiding an interesting Farmers Market Tour. This tour will introduce you to the Christchurch Farmers Market to discover the producers and delights of that market and then return

to the home base of Lyttelton to enjoy our market and learn all the ins and outs of the produce and producers. Shelly knows the Lyttelton Market particularly well. She has also been heavily involved with the market since its inception. Her then business partner Duncan Wilcox was part of the foundation Farmers Market team. He sourced all the suppliers in the early days so that the restaurant could be supplied with top quality product right on its doorstep. To cap off the Farmers Market tour participants then experience lunch at our now iconic Roots Restaurant.

Laura Sissons is the third partner in this new enterprise. Also a Lyttelton local she knows the food scene well. She'll be introducing you to some of our wonderful food business, Bellbird Breads, Canterbury Cheesemongers to name but a few

"At this stage we have 6 different tours aimed at both local people and international tourists. The standard morning tour is around Christchurch producers, and the standard afternoon one is focused on Lyttelton Harbour Basin" Jenny said.

To get the ball rolling for locals Ground Food Tours is having a special introductory offer on the tour that is aimed specifically at locals.

"This tour came about because in the Global Dinner Cooking classes I run for Ground, class participants are always asking me where to buy some of the more exotic ingredients, and then how to use them" she said.

The Global Shoppers Tour will take them to see of these out-of-the-way, family-runs stores where Jenny will introduce them to some of the more unusual products and talk about how to cook with them. After the shopping participants will then go back to Ground in Lyttelton with some of the products and have a cooking demonstration with them, followed by lunch with a glass of wine. The first tour is on July 16th from 10am till 2pm and is focussing on ingredients from Malaysia, Vietnam, Thailand, Japan, Korea and China. So we will be looking at how to use ingredients like ikan bilis, blachan, candlenuts, fermented black beans, gochuchang etc

The special offer is a 2 for 1 deal. Bring 2 people for the price of 1.

Ground itself (as opposed to Ground Food Tours) is also still running these Global Dinner Classes as well as making the Ground Gourmet Essentials spice range. www.ground.co.nz

The next class is Winter Spice on Sunday July 31st from 3pm. It will introduce you to different spices and show you which foods they go well with. You will learn about their unique flavour characteristics as well as their health benefits and learn which meats and vegetables go with which spices. An easy way to wake up that jaded winter palate coriander seed in



your apple crumble!. Of course the class is very hands-on and afterwards you sit down to a 4-course dinner with matching wines. And then take home all of the recipes.

For more information visit
www.groundfoodtours.co.nz
 Phone: 021 156 3383

Email: info@groundfoodtours.co.nz

Article Lyttelton Information Centre



Left to Right Jessica, Ashley and Gerrard

An insight into....

Lyttelton Seafarers Centre

The Lyttelton Seafarers Centre re-opened last year after several years being closed after the earthquakes. Located at 18 Norwich Quay it's a welfare outreach post to seafarers in port.

The Centre is run by a Trust administered by Anglicans and Catholics. Like many organisations it's a volunteer led service.

Jessica Armstrong and her partner Rob are the volunteer managers and they currently manage a volunteer team of just over twenty people. Talking with Jessica it's interesting to hear where their volunteers come from. With only four local Lyttelton Harbour people the other volunteers come from the greater

Christchurch area. One person comes all the way from Rangiora and another from West Melton! Jessica and Rob come from Hornby. Everyone at the Centre is driven by the passion to help seafarers. For many their religious social justice ethic is another driver for their actions.

"We are fairly new to Christchurch and our interest in this project stemmed from our former home in Wellington. We were both involved in the Wellington Seafarers Centre and when we heard this one was re-opening via our local church we decided to get involved" she said.

Our paths cross because the Centre needs to connect more with the Lyttelton community. The Lyttelton Harbour Timebank is something that is going to help them achieve this aim. Jessica has just recently completed the sign up and orientation programme. Membership of the Timebank will enable the organization to find out what is happening in the town and then link with people who might be able to assist them with the things they need.

"At this time of the year many of the seamen are just not equipped for the cold weather. We'll be using the Timebank to ask locals for hats and scarfs to keep people warm. Being able to participate in the Garage Sale is also going to be of great benefit to us as we need to fundraise to keep the Centre operational".

In the spirit of reciprocity that the Timebank requires it's hoped they might be able to share their facility and skills to our wider community.

Jessica informs me of the amazing way that the Centre was built. "In the UK it's an unwritten rule that if a seafarer dies without children he/she gift some of their estate to the Seafarers Mission. The funds are then used to establish Seafarers Centres".

This generosity has enabled the brand new facility that they have today. Unfortunately however that's as far as that pot of money goes. All the other costs must be paid locally. This is where sponsors are very important. Charles Shadbolt from Independent Fisheries has kindly made the site temporality rent free until a permanent site can be found. Some funds have also been received from LPC. New Zealand is a signatory to the Maritime Labour Convention 2006. This states that shore based facilities for seafarers must be provided. It is hoped that this provision will ensure the Centre is funded in the years to come from local shipping sources.

In the meantime during this initial set up phase money must be raised to cover the power, wifi, incidentals and phone. A fundraiser is organized for July 9th. A Ceilidh is being held at the Lyttelton Recreation Centre from 6.30-10pm. Adults cost \$10 and children a gold coin. All funds raised will support the centre. Tickets can be purchased at the Information Centre or at the door on the evening.

Meanwhile I get a grand tour of the current facility. On a cold winters evening it's very warm and welcoming at the Centre. Currently it's open Monday to Friday 7-10pm but in the near future it's also going to be open 2-5pm. It's all dependent on getting volunteers. For each shift they like to have two volunteers on duty. This evening it's Ashley Gilmour and Gerard Glubb. Their role is to make the seamen welcome, connect them to wifi etc. There are games and books available and if anyone is hungry food is on hand supplied by

the Salvation Army. Money exchange is also available and phone cards can also be purchased. Ashley says he's volunteered because he's happy to help in any way and likes to meet people. Gerrard said he saw an ad in a local paper and thought this was something practical and positive to do. Jess says if you are keen to help there isn't much to it. A brief tour of the facility and then four short training sessions will have you on your way.

The Lyttelton Seafarers Centre is yet another interesting community organization that forms part of the social fabric of our town. If you require more information local John McLister is the Chair of the Trust. jmclister@icloud.com 027 329 3040. More volunteers are gladly welcomed.

History of the Mission to Seafarers

Courtesy NZ Catholic News February 13 2015

Anglican Connection

Mission to Seafarers began in 1835 when the Reverend John Ashe, holidaying near the Bristol Channel, realised that the seafarers who manned the ships there had no one to minister to them. He decided to change his immediate plans to join a parish and become a chaplain for crews who sailed the merchant fleet. Other ports began ministries and, in 1856, it was decided to group together as Mission to Seamen Afloat, at home and abroad.

Catholic Connection

Ship visiting began in the 1890s with "The Society of St Vincent" in many parts of Britain. The Augustinians of the Assumption founded the Societe des de Mer to bring medical, material, moral and religious assistance to French and other nations engaged in deep sea fisheries off the coast of Iceland, on the Newfoundland Banks. The Catholic Apostleship of the Sea's patron is Mary Star of the Sea, known in Italy and many countries as Stella Maris. She is looked upon as a guide and source of comfort and safety to sailors. St Michael is reputed to have appeared to several fishermen off the coast of Cornwall near St Michael's Mount. The Church has a Pontifical Council for Migrants and Itinerant People, caring for refugees, seafarers and gypsies. In June 2000 all seafarers were called to Rome for a jubilee, marking the coming of age of the apostleship.

Article Lyttelton Information Centre

Next Issue print date: 9th August 2016.
Content Deadline: 5th August 2016.

Review Creators

Lyttelton Harbour Review is a 100% voluntary community newsletter initiative developed after the February 2011 earthquake. It's a Lyttelton Harbour Information Centre initiative produced by Chairperson Wendy Everingham and Committee Member Jenny-Lee Love.

The objective of the Lyttelton Harbour Review is to help keep local residents informed with what is going on in the wider Lyttelton Harbour community. Of course the success of the Lyttelton Harbour Review could not be possible without the ongoing support and enthusiasm from the wider community.

A big thank you goes out to everyone who sends information; is willing to be interviewed or lets us know what might be happening in the neighbourhood. The Lyttelton Harbour Review project would not be possible without you all.

If you have an event, topic, sport announcement, fundraiser or cause that you would like to share with the harbour community, then Wendy or Jenny-Lee would love to hear from you:

Wendy Everingham
Office: 328 9093
Mobile: 021 047 6144
Email: infocentre@lyttelton.net.nz
Content Deadline: 5pm Friday

Jenny-Lee Love
Email: lytteltonreview328@gmail.com

Subscribe to the Review:
Email either Wendy or Jenny-Lee with the words "Subscribe Me" in the subject line and the Lyttelton Harbour Review will be delivered to your inbox.

In 2016 the Lyttelton Harbour Review is produced fortnightly. Any important information between times will be emailed as a Lyttel Broadcast if necessary.

Hard Copies of the Review are available at:
Fat Tony's
Lyttelton Community House
Lyttelton Harbour Information Centre
Lyttelton Library
Lyttelton Top Club

Back Copies Available to Download:
www.lytteltonharbour.info

Community Energy Action News

NEW SUBSIDIES

From 1st June – 31st August, Community Energy Action is providing 50% insulation subsidies for landlords whose tenants have a community services card OR consider themselves to be low-income, and have a health condition.

Conditions apply.

Please contact us for more information, and to book your free, no obligation insulation assessment.

VOLUNTEER AT THE CURTAIN BANK AND WIN!

Our Curtain Bank relies on volunteers to help us measure, sort, de-hook, and fold curtains, so we can get them out of the donation bin and into the homes of those who need them faster.

This winter we have a large amount of donated curtains and we need your help!

Volunteer for 7 hours at the Curtain Bank and go in the draw to win 1 of 9 \$100 Pak'n'save vouchers. 3 winners will be drawn on the 1st of each month until Spring.

Your 7 hours can be completed over a number of days, and the more hours you volunteer, the more chances you have to win.

We are open Monday to Friday 9am – 4.30pm.

Call Barbara for more information on 03 3747225

TIP OF THE MONTH

Each month we bring you one of our top energy efficiency tips to try in your home

Are you using your heat pump correctly?

Make sure the mode is set to heat, often symbolised by a little sun, and the fan speed is set to AUTO.

Health experts recommend that living areas should be between 18-21 degrees, and sleeping areas between 16-18 degrees. In a well-insulated house, it can be more energy efficient to leave your heat pump on, rather than switching it on and off.





Make tasty morsels out of food waste

A three year \$1 million national campaign to cut food waste in kiwi households has received a boost with the launch of a website to help householders. The Love Food Hate Waste campaign, funded by the government's Waste Minimisation Fund and all 59 councils involved, is a bid to reduce the \$872 million of edible food that is wasted by kiwis each year.

Christchurch City Council Organics Contract supervisor Justine Mowe said research showed that the average family wastes more than \$560 of food each year, and the new website aimed to give householders tips to avoid food waste and save money.

"Currently, the average household is throwing out more than three shopping trolley's full of food each year. That is over \$560 worth of uneaten edible food being wasted. That is a huge hit on consumer's wallets and the environment. "In addition to costing us money, we have 122,547 tonnes of avoidable food waste ending up in landfill each year and generating greenhouse gases. So food waste is a significant problem in New Zealand."

The Love Food Hate Waste Campaign being rolled out in Christchurch has also had some celebrity backing. Last week, one of New Zealand's top chefs Giulio Sturla and his team from Roots Restaurant in Lyttelton, inspired people with 'Waste Conscious Canapés', and Canterbury Crusader Andy Ellis accepted a challenge of creating leftovers pies to highlight this year's campaign theme of 'loving your leftovers'.

Ms Mowe said the Canterbury launch event provided community leaders and local organisations with tips

and advice that will be used to inspire and enable households across the region to reduce the amount of edible food they throw out.

"There are several reasons why we throw away food: we don't plan our meals or shop for only what we need, we don't eat our leftovers and some food goes bad because it is not stored properly. The foods we waste the most are bread, leftovers, potatoes, apples, chicken and bananas. \$113million is wasted in Canterbury alone which could feed lunch to all the children in schools across the region for over three years."

In the United Kingdom, where the same campaign first launched in 2007, there has been an 18 percent reduction in the amount of food going to landfill.

"Reducing food waste is a win-win for the consumer. They spend less and they reduce their carbon footprint, and it is all possible with a few small changes. It just makes sense to make changes. Kiwis waste enough food each year to feed the whole of Dunedin for two years! We need people to get on board and educate themselves.

"Take time to plan, use your fridge and freezer wisely, and try to have at least one night a week using up things in your fridge as ingredients for a meal."

Visit <https://www.lovefoodhatewaste.co.nz/food-waste/>

Article Newline Christchurch City Council



Councillor Turner Harbour Update

As the council three year term winds down there are still quite a few things happening around our harbour. Councillor Turner highlights all the work happening in

the Governors Bay Area.

"Very shortly there will be two very good community facilities fully repaired. The Allandale Hall and the Governors Bay Community Centre are well on the way to reuse," he said. Similarly the City Mission heritage house is being refurbished by the council and that will provide another rental property in the area.



In Lyttelton the new Community Board and community meeting space is nearing completion. Located at 25 Canterbury Street this facility will provide an ideal meeting place for local community groups when it's not being utilized by the Community Board. He expects that to be open on August 1st.

"This facility is also going to be equipped with really good technology so that locals and staff can video conference rather than travel to meet. This will save a lot of unnecessary travel and time." This is being replicated all around the ward with new facilities in Akaroa and Little River.

The SCIRT works continue all around Lyttelton township and retaining walls are being repaired one by one. "You will notice that some of the walls are being re-faced with the old stone facades" he said. This is evident in Sumner Road. "Red stone was stored after the earthquakes just for this

purpose". Not all the newly built walls will be made to look old in this way however he said the Community Board was working through a priority program to determine which walls would be treated in this way. Readers will be pleased to know that the very large concrete walls on the corner of London and Dublin Streets are scheduled for red stone facades and finally the retaining walls at Coleridge Terrace have started the repair process. In Andrew's opinion the walls that should be treated with red stone facades are the ones that are in the central areas of the township and in the most prominent places.

The other big talking point for the harbor is the very unsatisfactory decree from the remuneration authority on the new pay structure for our new community board that will be elected in October. This will see our community board members have their pay almost halved. "This is totally unsatisfactory, unfair and totally disrespectful for the work and people involved" he said. Pay structures for the councilors and community board are determined by this independent authority. Despite calls by the council for a re-think on the outcome that sees our newly elected community board members from October paid significantly less than city counterparts, nothing can be done! Pay is based on the number of people in the electorate. No consideration is given for the size of the electorate or the different issues faced in a rural area. "Rural areas therefore always suffer this disadvantage" he said. In the mean time the only thing that can be done is to lobby the authority and the government to get this situation changed. We now have the situation where councilors and city community board members are treated as professionals in terms of pay and the Peninsula board members viewed as almost a volunteer community service role.

The midterm council break is almost here then the election cycle begins for elections scheduled in October.

Article Lyttelton Information Centre



Lyttelton Reflections

I was six years old when the 1951 Great Lockout begun on the wharves. I won't go into detail about this event because it was such a huge uncomfortable time for many families. Still, today it is a raw subject with the older locals who were there.

I remember children coming to school with only bread and dripping sandwiches for their lunch.

There was a real mood of anger and sadness with the fathers and grandfathers from the waterfront during those hard times. Many mothers took in washing and odd jobs to earn a little cash for food. All of the families united to help each other.



Because there was no road tunnel and petrol was scarce the Lyttelton community became one.

Lots of us children during those hard times had

cardboard cut and put into our shoes where holes had

formed and most of our clothes were hand me downs passed down from family and friends. I remember at night when it was cold my mum would fill preserving jars with hot water and she used them for hot water bottles and if they were too hot we would put a sock on them to stop them from burning us.

On our farm where I grew up we were quite lucky because we had fruit trees and a huge vegetable garden and we had lots of chooks, lambs and pigs so we never went hungry. We shared a lot with the local families.

My dad worked at the Lyttelton Gas Works, around where now stands the concrete tanks in Norwich Quay. He worked there for many years. It was a dark, dirty and smelly place. There was a huge furnace where coal was shoveled in by hand with a huge shovel. My dad would come home after a long shift and he would be covered in coal dust and smelt of gas. When the coal was burnt it would be raked out of the furnace and it then became coke. Lyttelton stoves were mostly

run by gas and our fires were always warm when they were heaped with coke.

My dad also owned a little brown Fordson truck. This little truck did a lot of work. Every week-end my Dad and I would drive from our farm around to the Tank area and the oil wharf to a large building called Tasman Barracks where the new immigrants came to stay until a home was found for them. We would pick up a large drum of scraps for the pigs and chooks. The little truck carried that heavy drum up the hill to the farm with no problems. Our eight pigs appreciated the lovely food that they got on that day.

Helen Dungey

Proposed Probus Club for Lyttelton and Harbour Community

What is Probus you may ask. Probus is a community service activity of Rotary clubs for active members of the community who are retired or no longer working full time.

Probus gives people the opportunity to join together in clubs for a new lease on life. Its basic purpose is to advance intellectual and cultural interests among adult persons, to provide regular opportunity to progress healthy minds and active bodies through social interaction and activities, expand interests and to enjoy the fellowship of like-minded new friends. Specifically, it does not do any fund-raising.

Rotary's commitment to the formation of Probus clubs is vital to the success of Rotary's most successful community service, namely Probus. In fact it is the most successful of any Rotary community service activities specifically for adults.

Probus also has access to travel insurance at very competitive rates and conditions. Many clubs undertake short two or three night trips to interesting places. Members of some clubs have even joined together to do a Fiji Cruise, and also one on the Murray River. These activities encourage the fun friendship and fellowship aspect of Probus clubs.

Probus has its origins in the United Kingdom, with the first club in Australasia being formed on the Kapiti Coast more than 40 years ago. Initially they were single sex clubs but more and more they are combined clubs, and the proposed new club will be a combined club. Rotary District Probus Chairman David Drake is investigating the possibility of establishing a Probus Club for the Lyttelton and Harbour Community and an Interest Meeting is being held at the Union Chapel Hall, Winchester Street, Lyttelton on Wednesday 10th August at 1.30pm. Come along and hear more about this new club and make Probus your social club of choice.



THE NEW ZEALAND
SOCIETY OF AUTHORS
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NZ Heritage Writing Competition



PORTAL *into* another *Time*



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nzsacanterbury.wordpress.com

Heritage Week Writing Competition Launches

The second annual collaboration between the New Zealand Society of Authors' Canterbury Branch and Christchurch City Council's Heritage Week has been announced. A national writing competition inspired by this year's theme "Hidden Histories – our stories unearthed" is open to all New Zealand-based writers in the following categories:

1. Heritage fiction (1st prize \$1000). Entry Fee \$35
2. Heritage NonFiction (1st prize \$1000) Entry Fee \$35
3. Prose Piece (Maximum 1800 words Theme Hidden Histories) (1st Prize \$200)
4. Poetry Piece (Maximum 50 lines Theme Hidden Histories) (1st Prize \$200)

Entries opened on 1st July and Close on 9th September 2016. The winners will be announced at a prize-giving on Saturday, 22 October at Christchurch City Library South, attended by local writers, short listed contestants, judges.

For more information contact Amy Paulusson, Chair NZSACanterbury @gmail.com

Review Team

Taking a Short Break

Jenny-Lee and Wendy are both taking a mid winter break. This will amend our regular two weekly publishing schedule.

This edition of the Review July 12th will be the last regular issue until we return.

July 26th – No Review

August 9th the Review returns but we may be a day or two late from the scheduled publishing date. Our regular two weekly publication cycle resumes at this time.

If there is any important information inbetween we will post a Lytel Broadcast.

Thank you for your continuing support. We both enjoy sharing your stories and events.

Agriculture
NEW ZEALAND
A PGG Wrightson Business

Looking to Go Organic?

Part-time course starting September 2016!*

\$300 full course cost**

Lyttelton Course Info
Session Tues 23 August



- Explore the latest trends in sustainable growing
- Learn about a wide range of organic techniques and systems
- Minimise the use of poisonous sprays and artificial fertilisers
- Encourage more bees, birds and beneficial insects to your property
- Gain a Certificate in Organic Horticulture (Level 3)

Contact us for more information and register quickly as places are limited.

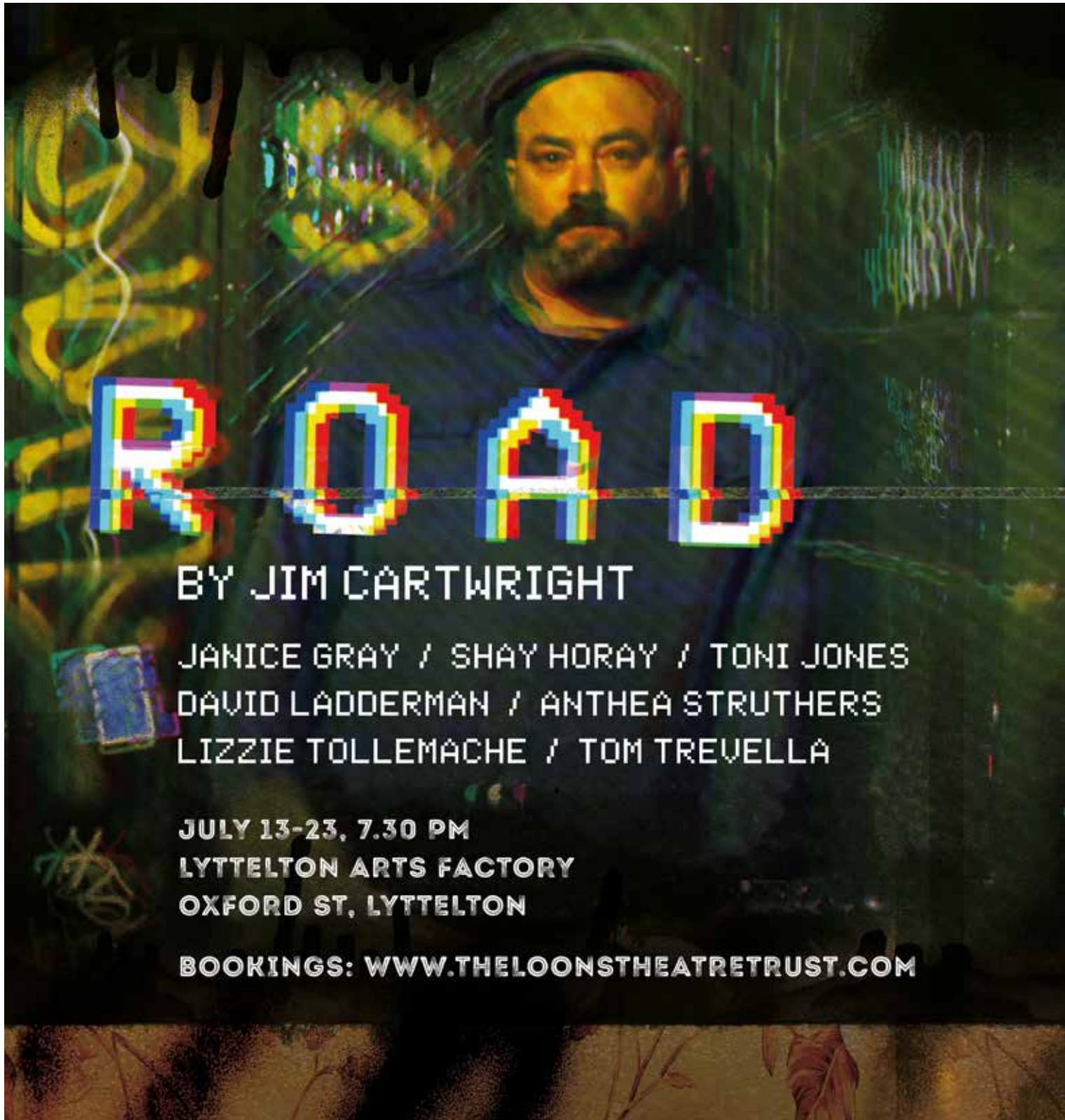
Freephone 0800 475 455 or www.agnz.co.nz



WORK WANTED

Painter/Plasterer/Tiler/Gardener

I am a lyttelton resident experienced in painting, plastering, tiling & gardening, with design skills available for work in Lyttelton, Diamond Harbour, and south christchurch. I am trained in industrial painting and have experience in high quality plastering for industrial repairs. I am also experienced at tiling and enjoy the creativity of the design and love the visual outcome after the prep and laying of the tiles. Also, if you have roses, or want to plant out trees and shrubs, now is the time to get these tasks attended to. Please Text me on 0278774961 for a very reasonable quote for work & for assistance.





LAF Presents Road

It's the same the whole world over: It's the poor what gets the blame; It's the rich what gets the pleasure. Ain't it all a bleeding shame.

But for the residents of No Hope Street, there's a party to go to, and you're invited. Your host is Scullery, of no fixed abode.

Jim Cartwright's *Road* was written 25 years ago but it's as true today as then. It tells the lyrical story of a world that breeds Trump and Brexit, a world where the rich get richer and the poor get nowhere or drunk.

LAF opens its inaugural theatre season in collaboration with Top Dog Theatre. An impressive cast features Tom Trevella, Janice Gray, David Ladderman, Lizzie Tollemache, Toni Jones, Shay Horay and Anthea Struthers working alongside local talent and youth from LAF's own drama programmes.

Road performs at the Lyttelton Arts Factory (LAF), Oxford St, Lyttelton from July 13 – 23. Bookings and enquiries to www.theloonstheatretrust.com

"Without a doubt, the best performance I ever saw is Jim Cartwright's *Road*..."

- Emma Rice, *The Guardian*

Once again the Review has been given two tickets for Review subscribers. The first email to respond to this offer at infocentre@lyttelton.net.nz will get two free tickets courtesy of the promoter.

Getting to the 'Heart of the Natter' (an abridged version)

There is currently much talk of bullying in the brand new Lyttelton school and we can thank the children for bringing a very important aspect of life in greater Christchurch to our attention. It is possible that what is being experienced in Lyttelton is merely a snap shot of what is happening in wider Christchurch, because children spontaneously reflect the undercurrents of family and community, even entire nations.

Children respond to the unseen, the non-physical aspects of life that many adults have lost sensitivity to. Regardless of whether words go unspoken or actions undone, the emotional and mental energies are still present and very, very potent.

What is the consciousness that lies behind bullying? There are two parties required for bullying to occur. Both partners are sitting on the same continuum of consciousness but each one sits at the opposite end of this invisible fence line. The name of this particular continuum where the bullying arises from is 'self-empowerment'.

When empowerment is out of balance it shows itself to us in varying degrees as two forms; over-powered or under-powered. The former takes expression as control, domination, bullying and so forth while the latter takes expression as subservience and victimhood. One cannot exist without the other; if self-empowerment is in balance, there is no room for either of the unbalanced expressions to occur.

When we take a look around us we can see how we are doing in our own empowerment by noticing what is being reflected back to us. Empowerment begins with each of us on an individual basis and then gradually extends out to reach all those we are in contact with. Starting with self, are we empowered or strong enough to draw to us all that we wish to? Next we can look at those we are in close relationships with; have we drawn to us the kind of person/people we wish to? Going further out into community places such as schools, work places; have we drawn to ourselves that which we desire?

Now, adults are wonderfully adept at ignoring and avoiding situations that they are not necessarily happy with, but children are (thank goodness) still outside of the reach of the heavy conditioning that often demands us to remain silent or inactive on issues that we really should be attending to.

Let's take a look at Christchurch. Beautiful beleaguered Christchurch; a city once famous for its gardens now

sitting uncomfortably in recovery transition with road cones replacing rose bushes. If we could hover above Christchurch and feel into the pervading consciousness of thoughts and emotions of the citizens below us what would we have a sense of? Would we sense a compassionate, expedient, fair process of recovery was underway, or would we discover a culture of greed, inefficiency and inequality was at play?

Christchurch earned much admiration from the rest of New Zealand in those initial days of urgency and turmoil created by quake after quake. It was truly inspiring to witness humanity at its best when faced with devastation and trauma that was likened to a war zone. Now, five years later, the hour of urgency has been replaced with a plodding pace of recovery, dogged in many cases by corporations determined to take advantage of a potential windfall as money-driven opportunity attempts to deliver the rebirth of Christchurch.

The newspapers carry story after story of misuse of power as citizens have been subjected to bullying from insurance companies, incompetence from city leaders and shoddy work and inflated housing costs from opportunists. Is it any wonder the people of Christchurch may be bending under the oppressive mindset of victim hood? Is it any wonder our children are the mirrors showing us this discordant culture of Christchurch?

The first reports of the suffering of our children took the form of bed-wetting and hair loss amongst an array of fearful responses. These passive responses to stress are perhaps now being over-taken by a more outward expression. Thank goodness, because now that it is more visible, it can be healed.

Lyttelton, take a bow. You are leading the way for other Christchurch communities as a beacon of light for many families striving to restore a sense of balance in their lives. But before balance is restored, the clearing or healing of the imbalance must come first and this is what may well be occurring in Lyttelton. It is interesting to note that Water is the element of cleansing on many levels, not just the physical, and that the ocean-side town of Lyttelton may well be performing a collective purge and healing for greater Christchurch. It is our tears of water that help us wash away emotional pain after all. When we heal ourselves we spontaneously heal others, such is the nature of the collective consciousness.

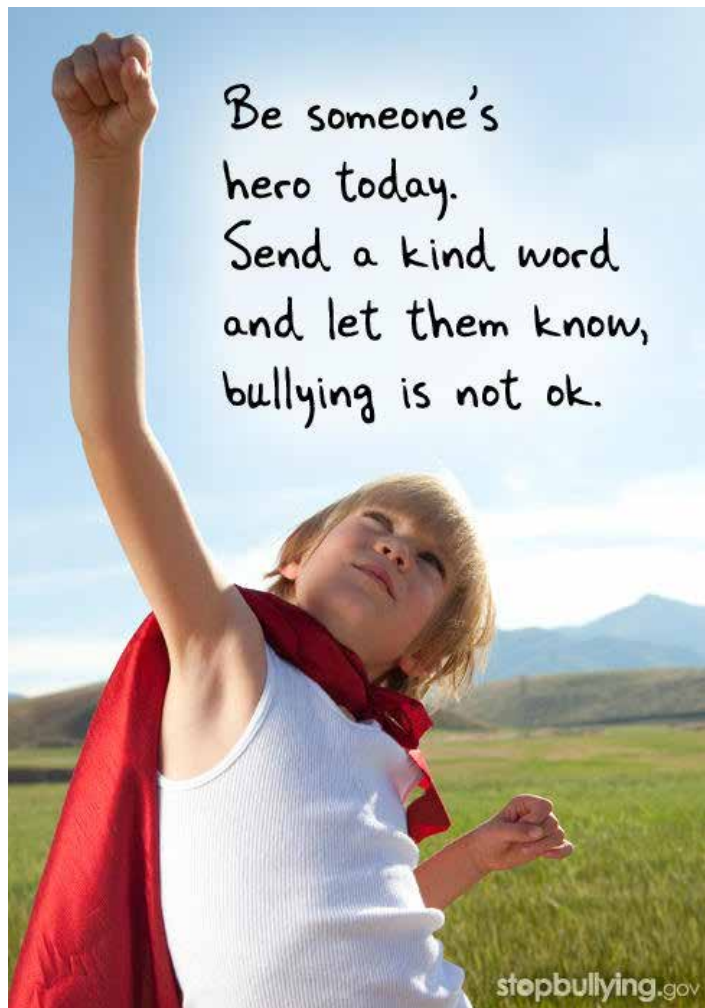
If we have attracted a bully, then we have unconsciously signaled lack of self-empowerment in ourselves to another who is currently holding the energy of over-empowerment; both are equally unbalanced and both need addressing. To think of ourselves or another as a victim is in itself incredibly disempowering and to focus on the bully is only doing half the job. In this

sense there is no right nor wrong person, just a need for some work to be done. Meanwhile, hold the other child and the family in compassion, until they can do this for themselves.

We cannot do the work for another, and we can't demand this of another, we can only do this for ourselves. However, once we have rebalanced our own energies again and released the need for blame, we are in a position to respond rather than react, and one of the responses that wields the most power, so to speak, is compassion. Imagine the power of a community that practiced compassion full time! Compassion comes from the Heart and defies logic or judgment of who is right or wrong. It is completely sustainable, in fact it grows exponentially and it's free! If you need to kick-start compassion, look to your children; they have heaps of it!

Article Annwyn Hanham Former Lyttelton resident

For further insights into the bigger picture around many problems currently being experienced between children and families, and schools, the reader may like to read the full article at <https://goldenagementor.co.nz/2016/07/10/bullying-a-mirror-for-unbalanced-energies/>



Seeking Enthusiastic Guides for the 2016 Banks Peninsula Walking Festival

The Banks Peninsula Walking Festival is the only event that brings the Banks Peninsula communities together to showcase our beautiful environment. Held over the four weekends in November the Festival hosts walks ranging from "urban" strolls in Lyttelton, to cliffside ambles in Diamond Harbour, to whole day tramps on the "wildside" of Banks Peninsula.

We are looking for enthusiastic volunteer guides who would love to show off a walk in their local area. Past experience has demonstrated that walks of a minimum of two hours are popular so if you have a half day or day tramp that you like doing in your area and some local knowledge you would like to share with others please contact us at sarah@roddonaldtrust.co.nz.

Please be Alert Spike in Thefts

Over the last couple of weeks there have been quite a few instances of local businesses and community organisations being broken into. In our tiny town where we promote community and a sense of connection this is upsetting.

This is a call to be more careful around your premises and to be more observant of unusual behavior. If you see or hear anything suspicious please report it. Call the Lyttelton Police 378 0200

The next Christchurch City Council elections are coming up in October 2016. Enrol!

Christchurch is a vibrant, ever-changing city. We are home to picturesque parks and gardens, coastal areas, playgrounds and beaches, events, a thriving arts scene and heaps more. If you love Christchurch and want to vote on the future of Christchurch, enrol by Friday, 12 August 2016. Enrolling to vote means you can have a say on the people who will make decisions about what happens in your community over the next three years.

Consider standing

Prospective Council and Community Board candidates in Christchurch are strongly encouraged to attend a Candidates' Information Session. The first session is from 5.30-7pm on Tuesday 28 June on Level 1 of the Civic Offices at 53 Hereford Street, and repeated from 5.30-7pm on Wednesday 6 July at the same venue. The session includes a closer look at the nomination process, an overview of Council governance and insights from former elected members about what's involved in representing the community. For more information about local government elections, please contact us <<http://www.ccc.govt.nz/contact-us/>> and ask for the Electoral Officer.

Lyttelton After School Care Opening 25th July 2016

Operating 50 weeks of the year Lyttelton After School Care offers holiday programmes, before and after school care to children aged 5 to 13 years old. Providing children with a fun and positive environment where they can feel safe and encouraged with supportive and encouraging team members. We offer a range of activities from homework assistance, learning games, sports, crafts, baking to cooking, group performances and free play. Subsidies available to eligible families.

For more information or to enrol please contact 027-485-8172 or email lytteltonafterschoolcare@outlook.co.nz.

Enrolment forms can also be collected from the Lyttelton Information Centre.

A new ethical bag is now available at the Lyttelton Farmers Market.

Beautifully designed by Steven Junil Park, the bag is made by New Zealand company Freeset.

Here is their story:

For hundreds of women who were trapped in India's sex trade, working for Freeset brings freedom from a life that robbed them of dignity and hope.

Freeset is in the business of restoring what has been stolen. Women are given the opportunity to choose a new job and regain control of their lives in a caring community. Making this product is part of a woman's journey to freedom. To her friends and neighbours among the thousands still trapped in prostitution, she is a symbol of hope.

The bags are available for \$25 each. By buying reusable bags, you not only support the work of Freeset and the Lyttelton Farmers Market, you are



also reducing waste and setting an example by saying no to single-use plastic bags in our community.

Woolfun Day's

- Saturday July 9th Anytime between 10 am and 4 pm 397 Marine Drive
- August 13 at Rowena's (Bergli Farm, Teddington)
- September 10 at 397 Marine Drive

Come and sit by the fire and enjoy a relaxing day working with wool with like-minded people in a small group. Coffee and tea provided. Bring your lunch and your «crafty» project. July sessions at 397 Marine Drive, in Charteris Bay, next to the Charteris Bay Yacht Club. 40 minutes from the square. August session is at Bergli, then September back at 397 Marine Drive.

Re-scheduling of The Annual General Meeting of Naval Point Club Lyttelton Incorporated

The Naval Point Club Lyttelton Annual General Meeting was to be held on Wednesday 22 June at 7.30pm in the Wardroom at Naval Point Club Lyttelton. However, due to an administrative error on my part, the meeting must now be rescheduled to Wednesday 10 August at 7.30pm in the Naval Point Wardroom, Lyttelton.

I unreservedly apologise for this error and for any inconvenience that the re-scheduling of the Naval Point Club Lyttelton Annual General Meeting may cause any current board member, member or board nominee.

Any queries regarding the nomination process prior to the rescheduled AGM please could you contact Matt at manager@navalpoint.co.nz or in the club office on 03 3287029.

Neighbourhood Week 2016

Applications for funding close Friday 19 August 2016 at 5pm - info, application forms and ideas visit: ccc.govt.nz/neighbourhoodweek

Crank up the BBQ for the neighbours, challenge your mates to a backyard cricket tournament, or make your community a better looking place with a clean-up during Neighbourhood Week 2016.

Get to know your community during Neighbourhood Week (28 Oct-6 Nov 2016) and you could receive a small subsidy* to go towards your gathering thanks to Christchurch City Council's Community Boards.

Contact me if you wish to receive a poster (available in A3 or A4 - please specify) - Philipa.hay@ccc.govt.nz

Advertising in the Review

Since the inception of the Lyttelton Review we have been very generous with advertising. Any one off advertisements for businesses have generally been published free. Advertisers are encouraged to make a donation to our volunteer organisation.

To be a permanently listed business in the directory and have articles written about your business we have a yearly membership fee of \$165 including GST. If you would like to have a yearly listing please contact us infocentre@lyttelton.net.nz and we will forward our membership application.

Zumba Class

Zumba Gold Fitness is fun, low impact, easy to follow exercise for active older adults and beginners which lets you move to the beat at your own pace.

Every Friday 11.30 -12.30pm. Cost \$5
Lyttelton Recreation Centre, 25 Winchester St, Lyttelton.

For more information contact either:
Mele Paoese 021 216 5039, Ellen Graham 329 4361

Come along and join us next Friday for a fun filled hour of exercise followed by a complimentary cup of Coffee/Tea afterwards.

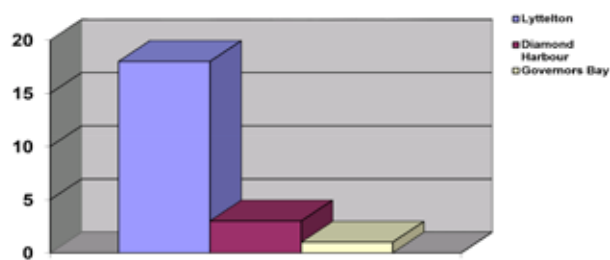
Graffiti Scan Results

The Christchurch City Council Graffiti Scan results are now available. These provide comparisons with previous years.

Lyttelton has been included in the annual scan since 2011. From a high of 313 tags in 2013, tags in Lyttelton have been reducing and between 2015 and 2016 we had a 63% reduction (64 to 24 tags).

Lyttelton/ Mt Herbert Graffiti Incident Counts by Suburb April and May 2

Total Graffiti Incidents for April 2016 = 8
Total Graffiti Incidents for May 2016 = 14
Total Graffiti Incidents = 22



This information is compiled from data that the Council receives from their graffiti removal contractor, Intergrity.

Volunteer Hours within Lyttelton/Mt Herbert April and May 2016

	Individuals	Groups	Totals
Number of Volunteers in Ward	10	0	
Number of Active Volunteers April 2016	2	0	2
Number of Active Volunteers May 2016	0	0	0
Hours Completed	0	0	0
Savings	\$0	\$0	\$0

Savings worked out by multiplying volunteer hours completed by the minimum wage.

Become a Little Ship Club Member

Just about the best fun you can have on dry land for \$20.00 - yes our subs are that cheap!

Payment can be made online in to our bank account: 03 0802 0094950 00. Please drop us an email advising of your deposit so we can add your details to our member's register.

You can also purchase caps for \$15.00 and burgee's for \$40.00.

Would you like an exhibition?

Places are available in the monthly exhibition space at the Lytel Gallery, 20 Oxford Street. Contact Reuben Romany if you are interested or would like more information. 0284001036.

Gondola in the School Holidays

Just to advise that the Gondola will be offering KIDS GO FREE for the School Holiday Period. Up to three children can go free with one paying adult. (aged 5-15yrs)

To All Active Retirees and Semi-Retirees, both men and women
Are you interested in joining a club to hear stimulating speakers, go
on interesting outings and enjoy friendship, fellowship and fun with
like-minded people?



P R O B U S

**Is holding an INTEREST MEETING for the purpose of
establishing a**

PROBUS CLUB

TO BE HELD AT THE

UNION CHAPEL HALL

Winchester Street

WEDNESDAY AUGUST 10th at 1.30 PM

WE LOOK FORWARD TO SEEING YOU THERE

Contact RDPC David Drake Ph 347 3474



Planting Days at Urumau Reserve 2016

A series of quality native tree planting days.

July 10, August 14 and September 11.

Only 12 people per session. 10-12pm or 1-3pm.

Tools, plants and lunch provided. Please bring gloves.

LYTTELTON RESERVES MANAGEMENT COMMITTEE

Meet at the far end of Foster Terrace at 10 or 1pm

Registration essential:

Email lytteltonreserves@hotmail.com

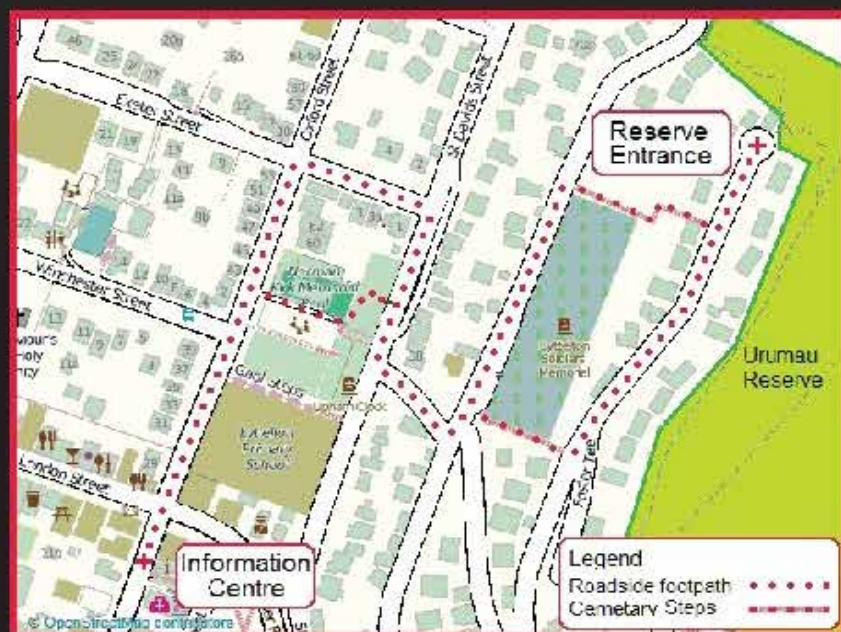
or phone 328 9093.

If wet, rain day will be the third Sunday of the month.

DIRECTIONS FOR 10MIN WALK
From the information centre in
Oxford St to Urumau Reserve
entrance in Foster Tce

Parking is very limited at the
entrance.

Please consider the local residents
when deciding where to park.



Organised by the Lyttelton Reserves Management Committee and sponsored by Mitre 10 Mega Ferrymead.



*Support.
Strength.
Success.*

News from the LHBA Networking Meetings

Showcasing our Local Business's

June 23rd

Nigel Banks, owner & managing director of **Maritime Specialist Services**, presented 'A Day On The Water'.

Nigel bought Maritime Specialist Services just over a year ago. After a career in Information Services, large bank vendor management, and as the head of Christchurch's Civil Defence through the earthquake years, he felt the tug that many of us to own his own business. Having spent a lot of time on the water delivering yachts and other such water based activities over the years, when he found that the owner of Maritime Specialist Services was looking to retire, he knew he had found his business.

With his skill in organisational process improvement, Nigel has been modernising the way his business works. For example, historically the Kaiapoi sandbar would be negotiated by manually marking the channel with buoys at low tide. Inevitably some of these buoys would wander or disappear with the flood tide. In a recent assisted crossing for a client they used two drones and a tablet to provide detailed real time information. They were able to clearly see the channel and the variation in waves headed for them, making the crossing safer, faster, cheaper and a lot less stressful for everyone involved.

They offer an amazing range of water based services all the way around the peninsula so if you find yourself needing offshore medivac, have a boat that needs salvaging, or need maintenance on your mooring, Maritime Specialist Services is who will come to help sort you out.

They're also the guys that have to head out in raging southerlies to fix that reclamation boom at the end of the port that holds in all the silt from the city rubble filled port reclamation area!

July 1st

Helena McIntyre of **Mortgage Express** has led an exciting and interesting life. Starting as a youth athlete with the honour of swimming in the Junior Olympics, she pursued her sports interests becoming a qualified Ski Instructor for the Disabled

Skier's Association, and even sailed across the Indian Ocean on a 60ft Schooner spending 3.5 months at sea!

Taking her vast energy into her professional and education background of commerce - she successfully grew not just one business from start-up to profitability, but two companies - before coming home again to Christchurch.

Here in Lyttelton she's focused on Mortgage & Insurance advising, as throughout her life she's seen the many positive long term outcomes and value of property investment. As a qualified mortgage & insurance adviser, she helps others achieve their dreams of home ownership & property investment.

Today she shared her knowledge of the mortgage and property opportunities that are available, and how she can help your family members get into their dream home, or help you build your investment property portfolio.

LHBA Networking Meetings

Every Friday at Fat Tony's 17 London Street. BYO coffee.

Meeting structure

9:10am - 9:30am - Social catch up

9:30am - Intro/opening - The purpose of the LHBA & how we are achieving that purpose.

Shout outs, business connections & news from the week. Main speaker (15 minutes) Break out into groups of 4-6 people. Each person in the group gets to talk, ask for ideas & input on their business, etc for five minutes. Closing and announcements for next week's meeting

10:30am Meeting end (we are all busy, so this timing is prompt - however, many people set up meeting after the main meeting at other local venues as Fat Tony's isn't open yet)

Who can attend?

Anyone resident in the Lyttelton Harbour/Whakaraupō Basin who owns, runs, or works for a business or anyone involved in a business based primarily in the Lyttelton Harbour/Whakaraupō Basin. Attendance is free for LHBA members. Non-members can attend free for 1 month and will then be asked to join the LBHA.

How can I attend?

Book yourself a spot at <https://lhba-networking.eventbrite.co.nz>, spaces are limited so please do book. RSVP at the previous meeting
Email dana@bluefusion.co.nz or Txt 021 027 05450

**OXFORD
STREET ART**
LYTTELTON

Presents

"Te Kai a te Rangatira"

1 - 21 JULY 2016



Paula Rigby



Maia Gibbs



Priscilla Cowie



Caleb Robinson

Opening Night
Friday 1 July
5 - 7 pm
Artist demonstration
3 and 17 July (Sundays)
11.30 - 2.30pm

13a Oxford Street
Lyttelton
www.oxfordstreetart.co.nz
Ph: 0274298505

Opening Hours
Thurs - Sunday
11am - 5pm
Friday 11am - 7pm

SOUND **FURY**

BRUCE RUSSELL

BEN BROWN

SUGARLOAF

ANDY COYLE

REBECCA NASH

FALSE FLAG OPERATION

WUNDERBAR
FRI. JUL. 15 - 8PM \$10.

A FUNDRAISING SHOW FOR A FRIEND



**ARTHRITIS
NEW ZEALAND**

KAIPONAPONA AOTEAROA

What's happening this month?

Do you need help managing arthritis?

Monday 4th July, 9.30am – 1.45pm

Eastern Pharmacy, Aranui

(Book an individual clinic appointment)

Arthritis and Emergency Preparedness workshop

Friday 8th July, 10.30am – 12.30 pm

Christchurch North Methodist Church

cnr Harewood Rd & Chapel St, Papanui

Do you need help managing arthritis?

Tuesday 29th March – 9.30 – 10.3 am or 11 – 12 am


Crisps Healthy Living Pharmacy, Bryndwr

(Maximum of 4 people per group, so registration is essential)

Self-management workshop series for arthritis and other long term conditions:

(1) Pain and fatigue Management

Friday 29th July 10 am – 12.45pm



NEIGHBOURHOOD WEEK

CRANK UP THE BBQ FOR THE NEIGHBOURS,
CHALLENGE YOUR MATES TO A BACKYARD CRICKET
TOURNAMENT, OR MAKE YOUR COMMUNITY A BETTER
LOOKING PLACE WITH A CLEAN-UP DURING
NEIGHBOURHOOD WEEK 2016!

APPLICATIONS FOR FUNDING CLOSE
FRIDAY 19 AUGUST 2016 AT 5PM.

Get to know your community during
Neighbourhood Week (28 Oct – 6 Nov 2016)
and you could receive a small subsidy* to go
towards your gathering thanks to Christchurch
City Council's Community Boards.

*Terms and conditions apply.

For more information, application forms and
great ideas visit ccc.govt.nz/neighbourhoodweek

Christchurch
City Council 

Opening soon...

Lyttelton After School Care

Come and join the fun,

before and after school care service for children aged 5 to 13 years old.

Planned activities from sports, baking and free play to homework time and reading assistance plus more.

Positive and friendly staff, providing a safe and open environment where each child is respected and valued as individuals.

For more information please contact the Manager on the details below.

Opening Monday 25th July 2016

Subsidies available for eligible families.



Located at
69 London
Street,
Lyttelton

Fees (per day) Term Time

Before School	\$12
After School	\$20

Holidays

Full Day - 7:00am - 6:00pm	\$55
Session 1 - 7:00am - 8:45am	\$12
Session 2 - 8:45am - 3:00pm	\$40
Session 3 - 3:00pm - 6:00pm	\$20

All fees need to be paid in full in advance.

Enrol today!

Enrolment forms can be picked up from the Lyttelton Information Centre or contact the Centre Manager on the details below

Lyttelton After School care

Kiri Hookings
Manager

P: 027-485-8172

Email: lytteltonafterschoolcare@outlook.co.nz



ROOM FOR RENT:

01 LYTTTELTON

Two double rooms available in recently refurbished Lyttelton house. \$170/140+ expenses. Central location, two minutes stroll to London Street and all its amenities. Large garden and deck overlooking port, good sized kitchen and living areas, 2 heat pumps and ample off street parking. To share with easygoing 30's guy. Ph or txt 0220348425.

02 LYTTTELTON

Single room available - do you need somewhere for visiting friends or family? I have a comfortable, clean and warm room available for \$50 per night. Linen and towels provided, shared facilities, full use of all amenities. My home is very peaceful and is a great place to relax with great views.

Contact Janette - 021 252 1256

03 LYTTTELTON

Really nice house to rent 17th Sept to 15th Oct fully furnished 4 bedroom/2 bathroom. Central heating and a log burner. May suit family/ friends coming to visit during School holidays \$425 weekly.

Phone Polly 0274755163

AVAILABLE FOR RENT

01 LYTTTELTON: Furnished Studio/Flat: For long or short term. Self-contained studio/flat for rent from 27.4.2016.

Separate and private. Has its own kitchen and bathroom.

FULLY FURNISHED. Double bed, sofa, kitchenware, whiteware, fridge, dvd player.

It is warm, sunny and light with a view of the port and a sunny spot to sit outside in a nice garden. Short walk to the Lyttelton shopping area and bus. Off street parking. Suit a clean and tidy person. No pets. No smokers.

Long term it would suit one person - \$290 per week for one person (plus expenses). Short term it could suit one or a couple - \$60 per night for one person. \$80 per night for a couple (includes expenses). Phone Michelle (owner) 0274160625 or 3288020.

EQC ACCOMMODATION

01 LYTTTELTON

We have rental accommodation available in the Lyttelton area for Earthquake Repairs. Short or Long term, fully furnished, pets negotiable. Please phone Daniel on: 03 377 4939 or 021 994 297.

02 LYTTTELTON.

Lovely 3 bedroom character home, heat pump, log burner, drive on access, stunning views, pets OK \$600 per week. Negotiable. Phone 021 060 2316.

03 CASS BAY

Ideal stay during you EQC Repairs. Governors Bay Road, Cass Bay. \$200 a night. Four bedroom house with great views. Contact Claire 027 878 7867.

04 LYTTTELTON

"Wake up every morning with a view of the harbour, while enjoying peace and quiet away from the city. 43a Exeter Street is a beautiful, warm, historic cottage freshly painted & newly renovated. This 2 bedroom private cottage is ideal for the family to relax in while your home is being repaired by EQC or on holiday in Christchurch. Only a 15 minute drive away from the CBD this cottage is fully furnished with all the comforts of home, landline, sky TV and wifi. \$120 a night (pets negotiable). Contact Emma 027 498 7927

05 DIAMOND HARBOUR

Two bedroom furnished, recently refurbished cottage available short or long term. Has new log burner that heats the whole house, a full kitchen, a sunny & sheltered aspect with good indoor/outdoor living flow to views, , with views of harbour and lyttelton lights, & off-street parking for two cars. \$295p.w. excluding power. Txt 027 877 4961.

WANTED

Wanted: house to buy Lyttelton/Corsair Bay. No 'as is where is' thanks.. Serious cash buyer. Call 027 4561292

Events

WEDNESDAY JULY 13TH

Fat Tony's Happy Hour	5-7pm
Lyttelton Arts Factory Road	7.30pm
Wunder Bar Al Park and Elmore Jones	8pm

THURSDAY JULY 14TH

Civil and Naval Devlish Mary and the Holy Rollers	9pm
Fat Tony's Happy Hour	5-7pm
Lyttelton Arts Factory Road	7.30pm
Wunder Bar Ben Salter and Don Kelly	8pm

FRIDAY JULY 15TH

Civil and Naval Tookie Wookie	9pm
Fat Tony's Happy Hour	5-7pm
Lyttelton Arts Factory Road	7.30pm
Wunder Bar \$10 Bruce Russel, Ben Brown, Sugarloaf, Andy Coyle, Rebecca Nash, False Flag Operation	8pm

SATURDAY JULY 16TH

Fat Tony's Happy Hour	5-7pm
Lyttelton Arts Factory Road	7.30pm

SUNDAY JULY 17TH

Fat Tony's Happy Hour	5-7pm
Freemans Carmel Courtney and Friends	3.30pm
Lyttelton Arts Factory Road	7.30pm
Wunder Bar The Hoover Diaries Film	8pm

TUESDAY JULY 19TH

Lyttelton Arts Factory Road	7.30pm
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Lyttelton Club Housie	8pm
Wunder Bar Open Mic and Showcase	

WEDNESDAY JULY 20TH

Fat Tony's Happy Hour	5-7pm
Lyttelton Arts Factory Road	7.30pm
Wunder Bar Al Park and Elmore Jones	8pm

THURSDAY JULY 21ST

Civil and Naval Devlish Mary and the Holy Rollers	9pm
Fat Tony's Happy Hour	5-7pm
Lyttelton Arts Factory Road	7.30pm

FRIDAY JULY 22ND

Civil and Naval Tookie Wookie	9pm
Fat Tony's Happy Hour	5-7pm
Lyttelton Arts Factory Road	7.30pm

SATURDAY JULY 23RD

Fat Tony's Happy Hour	5-7pm
Lyttelton Arts Factory Road	7.30pm

SUNDAY JULY 24TH

Fat Tony's Happy Hour	5-7pm
Freemans Carmel Courtney and Friends	3.30pm

Galleries:

50 Works Gallery: 'CURRENT' WORK – Kerry Tunstall and Debra McLeod, 24 July–31 July, 50 WorksGallery, 50 London Street, Lyttelton

Oxford St Art: July 1-21 Te Kai ate Rangatira

Community Activities in and around the Harbour this Week

MONDAY

Community Choir

7.30pm Union Chapel, Winchester Street, Lyttelton.
All welcome. Jillie 021 152 8068

Diamond Harbour Yoga

6.30pm - 8pm
General Class
Diamond Harbour Rugby Rooms

Lyttelton Youth Centre

3-7pm Drop in 10-20years
4-6.30pm Carving Course
7-9pm Boys Group 10-13
7 Dublin St Lyttelton 328 7427

TUESDAY

Community House

Shared Lunch 12.00pm 7 Dublin Street
Make new friends

Diamond Harbour Yoga

6am - 7am
Early Bird Class
Diamond Harbour Stage Rooms

Lyttelton Health Qigong for Seniors

9.30am - 10.30am
Union Church, Winchester Street \$5
Geraldine Parkes 03 328 7284 or 027 644 4455

Lyttelton Library Storytimes

11.00-11.30am

Lyttelton Yoga

9.30am - 10.45am
6.30pm - 8pm
Scouts Den Lyttelton
Contact Rebecca Boot 021 071 0336

Diamond Harbour Bridge Club

1.20pm for 1.30pm start
Diamond Harbour Football Club Rooms. \$4 table
For more information call 329 4868 or 329 4149

Lyttelton Library Science Alive

3.30-4.30pm

Lyttelton St John Youth Division

6.00pm St John Ambulance Station
52 London St, Lyttelton

Lyttelton Youth Centre

2-8pm Drop In 10-20 years
7-9pm Girls Group 10-13 years
7 Dublin St Lyttelton 328 7427

St Josephs Worker Catholic Church

9am Mass 21 Exeter Street, Lyttelton
All Welcome More information call 384 1600

WEDNESDAY

Diamond Harbour Bridge Club

Bowling Club Rooms
6.40pm for a 6.50 start
Partner finder - Carolyn Craw. Ph 3294 279
All welcome

Diamond Harbour Singers

7.30 - 9.00pm
Every Wednesday in Stage Room of Community Hall.
All welcome. Contact Margie 329 3331

Diamond Harbour Yoga

6am - 7am
Early Bird Class
Diamond Harbour Stage Rooms

Lyttelton Cubs

6.30pm Contact Mark Brabyn 027 281 6180

Lyttelton Garage Sale

10.30am 54a Oxford Street, Lyttelton
Second Hand Bargains and more.

Lyttelton Harbour Fruit and Vegetable Collective

Trading between 12.30 and 2.45pm at the Garage
Sale 54a Oxford St Lyttelton
Contact Jill Larking for more info 027 237 4960

Lyttelton Library Wednesdays Knit and Yarn

10.00-12.00pm

Lyttelton Play Group

Lyttelton Playgroup
At Kidsfirst Lyttelton
12.30pm- 2.30pm
33 Winchester St Lyttelton
Call 03 328 8689 for more information

Lyttelton Youth Centre

3-6pm Underage Drop In 7-9 years
6-8pm Drop in
7 Dublin St Lyttelton 328 7427

THURSDAY

Community House Flat Walking Group.

10am
Contact Hannah Sylvester. Ph: 741 1427

Diamond Harbour Yoga

6am - 7am Early Bird Class
Diamond Harbour Stage Rooms

Governors Bay Volunteer Fire Brigade

7.00pm Governors Bay Fire Station
Weekly Training, New Members Welcome

Lyttelton Garage Sale

10.30am 54a Oxford Street, Lyttelton
Second Hand Bargains and more.

Lyttelton Volunteer Fire Brigade

7.00pm Lyttelton Fire Station
Weekly Training, New Members Welcome

Community Activities in and around the Harbour this Month

Lyttelton Youth Centre

2-7pm Drop In
7-9 Girls Group 10-13 years
7 Dublin St Lyttelton 328 7427

FRIDAY

Diamond Harbour Yoga

6am - 7am Gentle Class
Diamond Harbour Rugby Rooms

Lyttelton Harbour Business Association

Networking Meeting 9.30-10.30
Fat Tony's
17 London St
More Info call 021 027 05450

Lyttelton Garage Sale

10.30am 54a Oxford Street,
Lyttelton Second Hand Bargains and more.

Lyttelton Library Fridays Babytimes

10.30-11.00am

Lyttelton Yoga

9.30am - 10.45am
Scouts Den Lyttelton
Contact Rebecca Boot 021 071 0336

Lyttelton Youth Centre

2-7pm Drop In
7-9 Girls Group 10-13 years
7 Dublin St Lyttelton 328 7427

SATURDAY

Lyttelton Farmers Market

10.00am London Street,
Lyttelton Fresh produce, Live Music, Buskers and More

Lyttelton Garage Sale

10.00am 54a Oxford Street, Lyttelton
Second Hand Bargains and more.

Lyttelton Harbour Bazaar Market

10.00am No 6 London St. Artists, Bric a Brac and More

SUNDAY

St Saviour's at Holy Trinity

17 Winchester Street
10.00am Service with Holy Communion

2nd Sunday of every month only
Port Hills Uniting Church Service
10am Sunday Worship.
All Welcome

GROUPS

Diamond Harbour Civil Defence

7.00pm Third Wednesday of the month.
Community Church Diamond Harbour
Contact: Wendy Coles 0211541434

Governors Bay Civil Defence

7.00pm Third Wednesday of the month.
Governors Bay Fire Station Contact
Contact: Ian Palmer 3299 160

Lyttelton Civil Defence

7.00pm Third Wednesday of the month.
Lyttelton Information Centre
Contact: Brenda Hurl 021 359 059

Lyttelton Lions

7.30pm Second Tuesday Each Month
Lyttelton Community House
Contact: Mary 03 328 8523

Lyttelton Museum Historical Society

Contact Liza Rossie 021 211 0832

Lyttelton Netball Club

Contact Flo McGregor flomac@xtra.co.nz

Lyttelton Mt Herbert Community Board

9.30am Third Wednesday Each Month
Meetings Open to the Public

Lyttelton Reserves Management Committee

Weed group meets last Sunday of the Month 1-3pm
Meet at the Foster Terrace entrance to Urumau Reserve.
Planting Group meets the second Sunday of the month. All Welcome. More Information email lytteltonreserves@hotmail.co.nz

Lyttelton Rugby Club

For details visit the club Facebook Page or contact the club's Rugby Manager
Nathan.mauger@gmail.com 021 111 6069

Lyttelton Time Bank

10-4pm Tuesday to Friday. 20 Oxford St Lyttelton
328 9093 www.lyttelton.net.nz/timebank

Lyttelton Toy Library

Located at the Lyttelton Rec Centre Squash Court
25 Winchester St. Open each fortnight on Saturday morning 10-12 noon. For more information see Facebook Lyttelton Toy Library or email lytteltontoylibrary@gmail.com or call Helen 021 075 4826

Naval Point Old Salts Lunch

The Old Salts Lunch is being held on the 2nd Tuesday of every 2nd month with the next one being held next Tuesday, 10th February starting @ 12:00 with 2 course lunch commencing @ 12:45.
Contact Barry Bowater 329 4828 or 0272743520

St Joseph the Worker R.C.Church

5.30pm Mass 3rd Sunday of the month. Parish House
21 Exeter Street Lyttelton.
For more information call 384 1600

PLACES TO STAY

B@B Settlers Retreat 153 Governors Bay Road	021 186 5220 021 144 2979	thackergj@slingshot.co.nz Hosts: John and Gaynor Thacker
Cass Bay Retreat Governors Bay Road, Cass Bay	027 878 7867	cassbayretreat.co.nz
Governors Bay Bed and Breakfast Governors Bay Road, Governors Bay	03 329 9727	gbbedandbreakfast.co.nz Host: Eva
Governors Bay Hotel 52 Main Road, Governors Bay	03 329 9433 021 611 820	governorsbayhotel.co.nz Host: Jeremy and Clare
Harbour Lodge 1 Selwyn Road, Lyttelton	027 242 7886	info@harbourlodge.co.nz www.harbourlodge.co.nz
Il Sogno Bed & Breakfast 58 Koromiko Crescent Church Bay		ilsogno@snap.net.nz Host: Graeme and Angela
Little River Camping Ground 287 Okuti Valley, Little River	03 325 1014 021 611 820	littlerivercampground.co.nz Host: Marcus
Orton Bradley Park Camper Van Stay Marine Drive, Charteris Bay	03 329 4730	ortonbradley.co.nz Host: Ian
Out Of The Window Bach Diamond Harbour	03 328 7677 027 8774691	Min 2 nights
The Rookery 9 Ross Terrace, Lyttelton	03 328 8038	therookery.co.nz Host: Rene and Angus

EAT, DRINK, DINE

London Street Dairy 34 London Street, Lyttelton	03 328 9350	Open 7 Days 7.30am to 10pm Meet: Andrew and Glenn
Roots Restaurant 8 London Street, Lyttelton	03 328 7658	rootsrestaurant.co.nz Meet: Giulio and Christy

thelyttelldirectory

2015 | 2016 your call to support local businesses around the harbour

THINGS TO DO

Black Cat Cruises | Quail Island Adventure

B-Jetty, Lyttelton Wharf [Below Oxford Street]

03 328 9078
0800 436 574

blackcat.co.nz

Christchurch Gondola

10 Bridle path Road, Heathcote valley

03 384 0310

welcomeaboard.co.nz

International Antarctic Centre

38 Orchard Road, Christchurch Airport

0508 736 4846

iceberg.co.nz

Jack Tar Sailing

Damper Bay Marina, Lyttelton

03 389 9259
027 435 5239

jacktarsailing.co.nz
Skipper: Mike Rossouw

Orton Bradley Park

Marine Drive, Charteris Bay

03 329 4730

ortonbradley.co.nz

LOCAL EXPORTS

Lyttelsoft

Specialising in Accounting Software

03 328 8671

lyttelsoft.co.nz
Meet: Penny Mercer

Real Homes New Zealand Limited

PO Box 94, Lyttelton

03 390 3393
021 224 6637

realhomes.co.nz
Real Estate Agent: Lynnette Baird

Masonry Works

Architectural Stonemason and Brickwork

021 0816 6983

masonryworks.nz@gmail.com
www.masonryworks.net

Saunders & Co

1063 Ferry Road, Ferrymead

03 940 2435
022 133 6963

saunders.co.nz

All Clear Chimney Cleaning

Chimney's gutters, fires and difficult maintenance jobs.

03 329 4772
0224 4010203

allclearchimneycleaning.co.nz
brunoallclear@gmail.com

Furnishscene

Specialising in curtains, blinds, shutters, interior design and color consultancy. Meet Laura, Karen and Bridget

03 977 4630

furnishscene.co.nz

HEALTH, BEAUTY, FITNESS

Christchurch Yoga

Scout Den, Charlotte Quay, Lyttelton

021 071 0336

Christchurchyoga.co.nz
Instructor: Rebecca Boot

Honey Comb

34 London Street, Lyttelton

03 328 8859

honeycombhair@extra.co.nz
or see our facebook page

6 July 2016

Work notice: Exeter Street/Cornwall Road, Lyttelton, wastewater repairs

What	Repair the earthquake damaged wastewater main
Where	Exeter Street/Cornwall Road, Lyttelton
When	From Friday 8 July for around one week

Where:

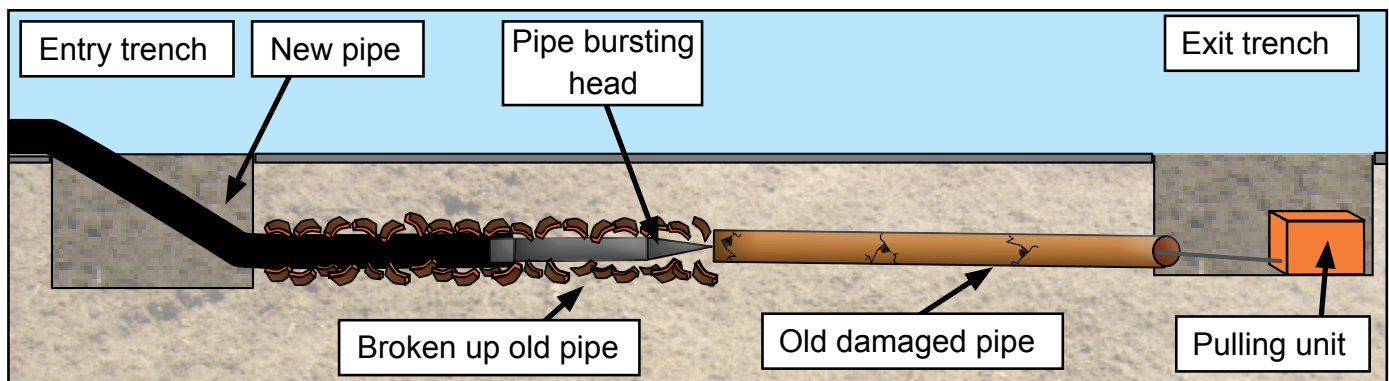


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What we are doing:

- From Friday 8 July for around one week Fulton Hogan will be repairing the earthquake damaged wastewater main running down Cornwall Road. Exeter Street will be one way heading west. The detour will be up Cornwall Road and back down Canterbury Street. Residents heading south on Cornwall Street will need to detour via Canterbury Street.
- Vehicle access to houses within the road closure area will be restricted between 7am-6pm, and will be available again after work hours.

When we need to block vehicle access to driveways we will leave an access restriction notice in your letterbox the day before to give you time to move your car. If parking on the street, remove any valuables and always lock your car.

What is pipebursting:

To repair this pipe we will use a method called pipebursting. Pipebursting involves digging trenches near two manholes and pulling a drill head through the existing pipe. The drill head breaks up the old pipe as it moves along the pipeline. The new piece of PE pipe is pulled through behind the drill head, replacing the old pipe as it goes. Pipebursting does not require trenching along the whole length of the pipe and has fewer impacts to businesses and residents.

General Information:

Please contact Fulton Hogan on 0800 277 3434 if you have any specific access requirements that we need to consider e.g. nurse/doctor visits, Meals on Wheels, or planned works on your property.



Our standard work hours are Monday to Friday between the hours of 7.00am to 6.00pm.



There will be increased noise, dust and vibration levels.



Works will have no planned impact on current power, telecommunication or gas services. However, the network is still fragile so please be prepared in case there is an unexpected service cut off.



All works are subject to favourable weather and on-site construction conditions.



Safety is our number one priority. Safety is your responsibility too. Stay clear and stay alert - keep children and pets at a safe distance from the work site.



Your rubbish and recycling will not change. Please put your bins in the normal spot by 5:00pm the night before collection and our crew will move and return them if needed.

Need more information?

Call Fulton Hogan on: 0800 277 34 34 (8.30am- 5.00pm Monday - Friday)



Email Fulton Hogan at: rebuildinfo@fultonhogan.com



Visit the SCIRT website: www.strongerchristchurch.govt.nz

Buy your

LYTTELTON HARBOUR GIFT VOUCHERS

Here



Sold at the
Lyttelton Harbour Information Centre, 20 Oxford St Lyttelton